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POST PRESS OPERATIONS (Publishing)

Trainer Guide

National Vocational Certificate Level 2 Version 1 - December 2019





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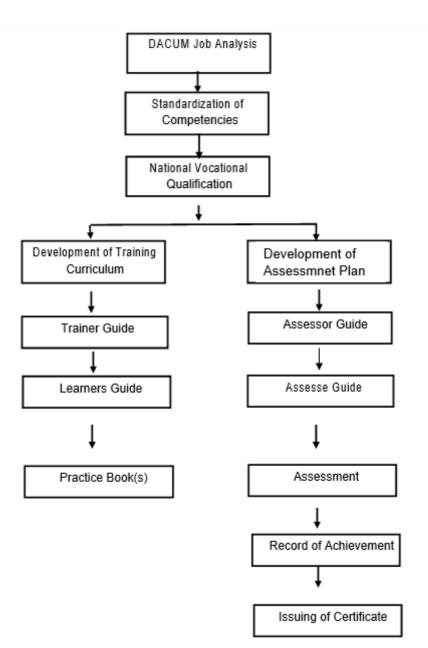
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INTRODUCTION

This Guide supports the Competency-Based Training Curricula that will enable the trainees to achieve the competency standards that have been set by the relevant industry group.

The NVQF Competency-Based Training Curricula along with the associated Training Guides and the Assessment Guides are all developed from the skill competency standards established by Qualification Development Committee (QDC).

Below figure outlines the process of developing the competencies, curriculum, assessment requirements, delivering the training program and the assessments guide to certify achievement of the competencies.



The Trainer Guide provides guidelines and instructions to Trainers on the approaches that are required and on the organization and delivery of the curriculum training program.

Curriculum

The Curriculum Manual is included in the Training and Learning Materials Package.

The curriculum is organized as a series of modules. Each module is broken down into a series of Learning Units. Each Learning Unit includes Learning Outcomes, Learning Elements, an estimate of the time needed, a list of materials required and the location for the learning to take place.

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials needed	Location

Lesson Plans

The Trainer will need to develop a coherent set of lesson plans for each module of the curriculum. This Guide includes a Lesson Plan Template. The Lesson Plans must be filed for later review if necessary.

Assessment

It is necessary to assess the knowledge and skills of the trainees at the completion of each module.

(See the Assessment Guide for further details)

Evaluation of Training Material

Trainers are invited to evaluate the Training Materials based on their experience of delivering the training. A template is provided to assist.

EVALUATION OF TRAINING MATERIAL

The trainers/instructors who implement this training material can inform NAVTTC promptly of any shortcomings in training material on the following format. Please consider it as one of your responsibilities.

Format

Trade:			
Training Material	Module Title & Module Code	Learning Unit Title & Learning Unit Code	Suggested amendments/ feedback/proposal
Trainer Guide			
Learner Guide			
Practice Book			
.			Т
Trainer Name:		Training Centre:	
Signature of		Date:	
Trainer:			

LESSON PLANS

Dear Instructors/Trainers,

Model Lesson Plans for one module have been provided in this trainer's guide. A format and guidelines for writing Lesson Plans have also been provided in the succeeding pages. You are advised to prepare your own lesson plans for the remaining Learning Units using the suggested format and guidelines.

		Lesson Plan – 1		
Module: A Perform Pre run operation				
Learning Unit: 1 Perform cleaning in press room				
Learning Out	come			
At the end of the session the learners		• Perform daily cleaning surrounding post pres instruction.	s machine as pe	۶r
will be able to:		Perform cleaning of the machine as per OEM	l manual.	
		Perform cleaning of associated tools as per p	oress room instru	iction.
		• Perform periodic cleaning as per duty chart.		
Methods		Key Notes	Media	Time
		Introduction		
Lecture	Motiva Tell the objective • 5 • 6 • 6	State history and types of printing and post press operations. Enlist main parts of post press machine. Describe the importance of tidiness in press room. Define the procedure of work place cleaning	Multimedia/ White board	30 min
	.	Main Body		
Lecture -do- Group discussion	pres Exp Des Des pres	f learners about methods of cleaning of ss room lain types of printing and history of printing. cribe main parts of post press machines. cribe the importance and methods of tidiness in ss room work place cleaning equipment and consumable	Learner Guide/ Projector/ White board	60 min

Field visit	Conduct a visit to press workshop		10 min
Group practice	Allow the learners to clean the press room in groups		10 min
Conclusion			
Lecture	Summarize the lesson by reviewing important facts.		10 min
Question and Answers	Ask questions to ensure that the learners acquired relevant knowledge.		
	*	Total time:	02 hours

Lesson Plan – 2				
Module: A	Perform Pre run operation			
Learning Unit: 2 Maintain oil level				
Learning Outcome				
At the end of the	Check oil level in machine as recommended in machine manual.			
session the learners will be able to:	Maintain oil level as per machine manual.			

Methods	Key Notes	Media	Time		
Introduction					
Lecture	Introduce the Learning Unit. Motivate the learners to create interest.	Multimedia/ White board	30 min		
	Tell them about the following learning objectives:				
	 Describe disadvantage of using low quality oil in 				
	machine.				
	 Determine capacity of oil tank in 				
	post press machine.				
	• List reasons to maintain oil level in machines.				
Main Body					
Lecture	Brief learners about methods of cleaning of press room	Learner Guide/ Projector/	60 min		
-do-	Explain demerits of using low quality oil Describe capacity of oil tank Describe importance of maintaining oil level in	White board			
Group discussion	machines				
	Conclusion				
Lecture	Summarize the lesson by reviewing important facts.		30 min		
Question and Answers	Ask questions to ensure that the learners acquired relevant knowledge.				
		Total time:	02 hours		

		Lesson Plan - 3		
Module: A		Perform Pre run operation		
Learning Unit: 3 Perform Dry run				
Learning Out	come	·		
At the end of th session the lea will be able to:	-	 Perform Dry run procedure on post press m instruction. Verify dry run through test run 	achine as per	
Methods		Key Notes	Media	Time
		Introduction		
Lecture	Motiva Tell the objectiv	luce the Learning Unit. ate the learners to create interest. em about the following learning ves: Define dry run <u>Main Body</u> f learners about methods of cleaning of	Multimedia/ White board	30 min
Group discussion	pres Exp	Brief learners about methods of cleaning of press room Explain dry run Describe speeds of dry run (Low, Medium, High)		
		Conclusion		
Lecture Question and Answers	impor Ask q	narize the lesson by reviewing tant facts. uestions to ensure that the learners red relevant knowledge.		30 min
			Total time:	02 hours

	Lesson Plan - 4			
Module: A	Perform Pre run operation			
Learning Unit: 4	Learning Unit: 4 Manage humidity in press room			
Learning Outcome				
At the end of the	• Verify humidity of press room as per instruction.			
session the learners will be able to:	Apply humidity management techniques in press room.			

Methods	Key Notes	Media	Time		
Introduction					
Lecture	Introduce the Learning Unit.	Multimedia/ White	30 min		
	Motivate the learners to create interest.	board			
	Tell them about the following learning objectives:				
	Describe humidity & importance of manage				
	humidity in press room environment.				
	 Enlist method of humidity management in 				
	press room				
	Main Body				
Lecture	Brief learners about methods of cleaning of press room	Learner Guide/ Projector/	60 min		
Group	Explain humidity and its importance	White			
discussion	Describe humidity management	board			
	Conclusion				
Lecture	Summarize the lesson by reviewing important facts.		30 min		
Question and Answers	Ask questions to ensure that the learners acquired relevant knowledge.				
		Total time:	02 hours		

GUIDELINES FOR WRITING LESSON PLAN

The template for lesson plan has been provided at next page. These guidelines are for trainers, to write their own lesson plans as follows:

- 1. Introduce yourself and the Learning Unit, and state the Learning Outcomes of the session clearly to activate attention of learners.
- 2. In **Introduction** part of lesson plan state the Learning Objectives of the lesson. This allows the learners to organize their thoughts on what they will learn and to perform. Also state some questions to recall prior knowledge of learners to arouse their interest and motivation.
- 3. In **Body** part of lesson plan present the new information or material that is to be learned. Demonstration of a skill relevant with the Learning Unit is also stated here. Also mention the teaching and learning methods for each leaning element from *Trainer Guidelines*, the relevant media e.g. handouts, practice book, power-point slides, videos, white board and time duration for each activity in the relevant columns.
- 4. In **Conclusion** part list the strategies used for summarizing and reviewing the lesson delivered. Also mention the strategies for formative assessment to ensure that the transfer of knowledge and skill has been achieved.

	FORMAT FOR LESSON PLAN		
Module			
Learning Unit			
Learning Outcor	nes		
Methods	Key Notes	Media	Time
	Introduction		
	Main Body		
	Conclusion		
	1	Total time:	

DEMONSTRATION OF SKILL

Demonstration or modelling a skill is a powerful tool which is used in vocational training. For any practical demonstration, it is important for a Trainer to follow the given instructions:

- 1. Trainer must be competent enough and practice the skill before demonstration to learners, if possible.
- 2. Arrange all tools, equipment and consumable material which are required for demonstration of a skill
- 3. Introduce the competence to learners clearly at the commencement of demonstration.
- 4. Explain how the skill relates with the skill(s) already acquired and describe the expected results or show the objects to learners.
- 5. Ensure that all the learners are attentive at the time of practical demonstration.
- 6. Carry out demonstration in a way that it can be seen by all learners.
- 7. Perform each step slowly and speak out loudly so that all learners can hear and understand.
- 8. During the demonstration, guide the learners individually, whenever needed.
- 9. Mention critical/complex steps and ensure safety precautions
- 10. Explain theoretical knowledge where applicable and ask questions to learners to check their learning skills.
- 11. Repeat critical steps in demonstration, if required.
- 12 Summarize the demonstration and discuss the result of demonstration.

OVERVIEW OF PROGRAMME

Course: Junior Binder

Total Duration: 500 hours

Course Overview:

The purpose of this training program is to develop skills of those learners who want to pursue their careers in Post Press – Publishing industry. After successfully achieving the qualification the assistant Post press operator can work in Post press Publishing sector.

Module	Learning Units	Theory hours	Workplace hours
A- Perform Pre run operation	 LU1: Perform cleaning in press room LU2: Maintain oil level LU3: Perform Dry run LU4: Manage humidity in press room 	06 Hrs	24 Hrs
B- Interpret instructions on Docket for Publishing	 LU1: Determine job order details LU2: Verify dummy/sample for publishing LU3: Verify material quality for publishing LU4: Verify substrate sizing 	08 Hrs	12 Hrs
C- Perform Basic Manual Binding	 LU1: Perform substrate handling LU2: Perform paper counting LU3: Perform manual numbering LU4: Perform creasing and perforation LU5: Bind gum pads LU6: Perform manual folding LU7: Perform post production activity LU8: Maintain log book 	40 Hrs	200 Hrs
D- Perform Saddle Stitching	 LU1: Perform substrate handling LU2: Select wire as per job LU3: Make ready workstation for saddle stitching LU4: Perform saddle stich machine operation LU5: Perform post production activity LU6: Maintain log book 	12 Hrs	48 Hrs

E- Perform Hot Glue Binding	LU1: LU2: LU3: LU4: LU5:	Perform Substrate handling Make ready workstation for hot glue binding operation Perform hot glue binding operation Perform post production activity Maintain log Book	12 Hrs	48 Hrs
F- Perform health and safety	LU1: LU2: LU3: LU4: LU5:	Practice safe work habit to ensure safety Use Personal Protective Equipment (PPE) Identify hazards in press environment. Comply with Occupational Health and Safety (OHS)precautions Carryout firefighting techniques.	15 Hrs	15 Hrs
G- Develop computer application skills	LU1: LU2: LU3: LU4: LU5:	Apply Basic computer operation Prepare Word document Prepare spread sheet as per required information Prepare power point presentation. Perform email communication	15 Hrs	45 Hrs

TRAINER'S GUIDELINE					
Mod	ule-A: Perform pre-run	operation			
Learning Unit	Suggested Teaching/ Learning Activities	Delivery Context	Media		
LU-1 Perform cleaning in press room	 Teach the learner the following learning elements through lecture: State history and types of printing and post press operations. Enlist main parts of post press machine. Describe the importance of tidiness in press room. Define the procedure of work place cleaning 	Classroom	Learner's Guide/ Hand Outs Visuals		
	Arrange visit to workshop	Press room lab/ industry			
LU-2 Maintain Oil level	 Teach the learner the following learning elements through lecture: Describe disadvantage of using low quality oil in machine. Determine capacity of oil tank in post press machine. List reasons to maintain oil level in machines. 	Classroom Press room lab/ industry	Learner's Guide/ Hand Outs Visuals		
LU-3 Perform dry run	Teach the learner the following learning elements through lecture:Define dry run.	Classroom	Learner's Guide/ Hand Outs Visuals		

LU-4 Manage Humidity in press room	 Teach the learner the following learning elements through lecture: Describe humidity & importance of manage humidity in press room environment. Enlist method of humidity management in press room 	Classroom	Learner's Guide/ Hand Outs Visuals
--	--	-----------	---

		Perfor	m Pre-run Operation
Module: A	Learning Perform Cleaning in Press Room Unit: 1 Perform Cleaning in Press Room		Cleaning in Press Room
	Practical Description:Perform cleaning surrounding post press machine as per instruction.		
Times	-	machine	
Time:	3 Hours Saddle Stitch M	lachines	Hot Glue Binding Machine, Manual
Equipment			easing Machine, Perforation Machine
Tools	Instruction man	ual, Clear	ning brush, Cleaning cloth
PPE	Proper dress, s	afety shoe	es, safety gloves
			brush, Dust bin
Materials			
Key Point	A clean workpla visitors.	ace ensure	es the safety and health of employees and
Learning Outcome:	 Perform daily cleaning surrounding post press machine as per instruction. Perform cleaning of the machine as per OEM manual. 		
Precautions:	Ensure to wear starting this pro	•	oes and other safety equipment before
Instructions			Illustrations
 Inspect entire surrounding areas of machines thoroughly 		reas of	
2. Clean floor of surrounding areas the machine with brush		reas of	

	Use cloth to clean oil leakage	
4.	Re-inspect the whole surrounding area and make sure that it has been cleaned properly	N/A
5.	Dispose of used article and place the brush at its respective place	
6.	Wash your hands properly with soap/detergent	

	Perform Pre-run Operation			
Module: A	Learning Unit: 1	Perf	orm Cleaning in Press Room	
	Practical Description:	Arra	nging and cleaning of used tools.	
Time:	3 Hours			
Equipment	Numbering Ma	achine	nes, Hot Glue Binding Machine, Manual es, Creasing Machine, Perforation Machine	
Tools	Instruction ma	nual,	Cleaning brush, Cleaning cloth	
PPE			v shoes, safety gloves	
Materials	Cleaning Cloth, Cleaning brush, Dust bin			
Key Point	A clean workplace ensures the safety and health of employees and visitors.			
Learning Outcome:	 Perform cleaning of associated tools as per press room instruction. Perform periodic cleaning as per duty chart. 			
Precautions:	Ensure to wea starting this pr		ety shoes and other safety equipment before	
Inst	tructions		Illustrations	
1. Arrange all used tools in order		s in		
 Pick tools one by one, and clean it with cloth and cleaning solvent thoroughly. 		า		

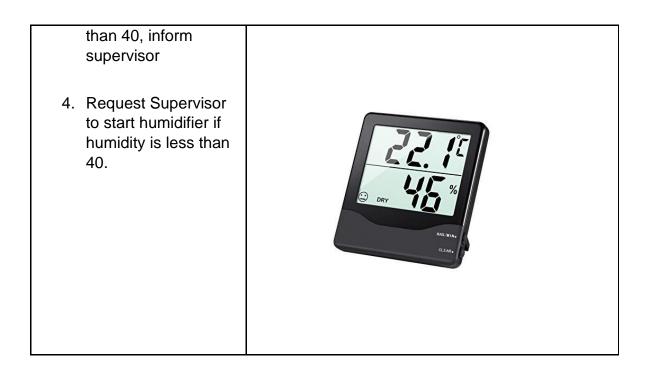
 Place clean tools to its respective place 	
 Dispose of used articles in dustbin. 	BLASS PLASTIC HAZARDO
5. Place unused cloth and solvent agents to their respective places	
 Wash your hands properly with soap/detergent 	

	Perform Pre-run Operation			
Module: A	Learning Unit: 2	Maintain oil level		
	Practical Description:	Check and maintain oil level in machine as recommended in machine manual.		
Time:	4 hours			
Equipment	Numbering Mac	Achines, Hot Glue Binding Machine, Manual chines, Creasing Machine, Perforation Machine		
Tools	Funnel, Spanne	er set, Allen Key set		
PPE		Safety shoes, safety gloves		
Materials	Standard oil, su	ubstandard oil, OEM manual		
Key Point	Always use goo	od quality oil		
Learning Outcome:	 Check oil level in machine as recommended in machine manual. Maintain oil level as per machine manual 			
Precautions:	Grease the machine as per schedule			
Instructions				
beakers	h oils in separat s and check the y of both oils			
 Check the lubrication of both oils And finally put the standard oil in the machine oil tank. 		ndard oil		

4. Remove the substandard oil.	
5. Check the oil level of machine through magic eye.	
 Open the oil tank cap, fill the tank and check the oil level again carefully 	
7. Wash hands properly	

	Perform Pre-run Operation			
Module: A	Learning Unit: 3	Perform dry run		
	Practical Description:		Dry run procedure on post press as per instruction.	
Timo	-	machine		
Time:	8 hours Saddle Stitch M	achines	Hot Glue Binding Machine, Manual	
Equipment			easing Machine, Perforation Machine	
Tools	Spanner set, A	llen Key s	set	
PPE		afety shoe	es, safety gloves	
Materials	N/A			
Key Point	Ensure the elec	ctric phase	e in right direction	
Learning Outcome:	come:			
Precautions:	Ensure safety	y full thic	bugh test run.	
Instructions			Illustrations	
	 Check the oil level of machine through magic eye 			
 Run the machine at different speed (Low-Medium-High) 				
 Check the vibration of the machine at different speeds 		-		

	Perform Pre-run Operator				
Module: A	Learning Unit: 4	Manage humidity in press room			
	Practical Description:	Verify humidity of press room as per instruction.			
Time:	4 hours				
Equipment	Digital Humidity	y meter			
Tools	N/A				
PPE	Proper dress c	ode, safety shoes			
Materials					
Key Point	The quality of p	printing improves due to proper humidity levels			
Learning	Verify humi	dity of press room as per instruction.			
Outcome:	Apply humic	dity management techniques in press room.			
Precautions:	Printing substrate should be packed properly				
Instructions		Illustrations			
 Check the humidity of the press room 		Canal			
 If the humidity is in between 40 to 60, it is ideal for the printing press room 					
If the humidity of the press room is less					

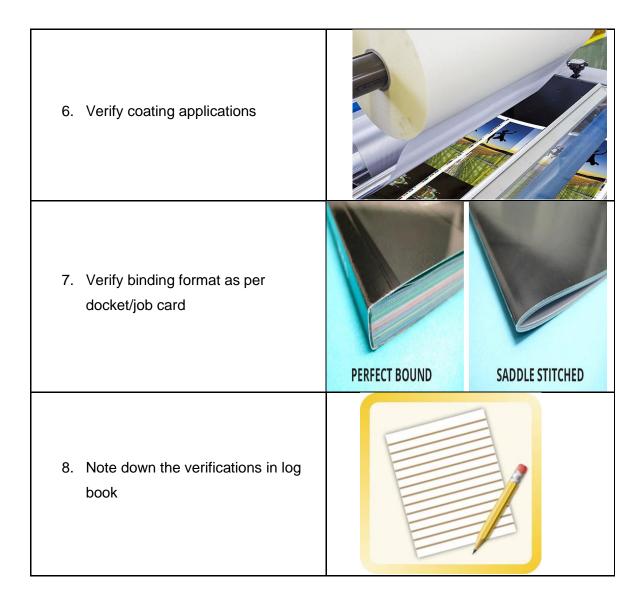


TRAINER'S GUIDELINE						
Module-B: Interpret instructions on docket for publishing.						
Learning Unit	Suggested Teaching/ Learning Activities	Delivery Context	Media			
LU-1 Determine job order details	 Teach the learner the following learning elements through lecture: Importance of docket/job card and its interpretation Enlist information available on docket/job card 	Classroom	Learner's Guide/ Hand Outs Visuals			
	Arrange visit to workshop Arrange visit of trainees to the workshop	Press room lab/ industry				
LU-2 Verify dummy/sample for publishing	 Teach the learner the following learning elements through lecture: Define GSM values. Describe effects of variation in GSM values. State importance of maintaining viscosity of glue Group discussion on disadvantages of use of not recommended grade oil (as per manual) in machine. 	Classroom Press room lab/ industry	Learner's Guide/ Hand Outs Visuals			

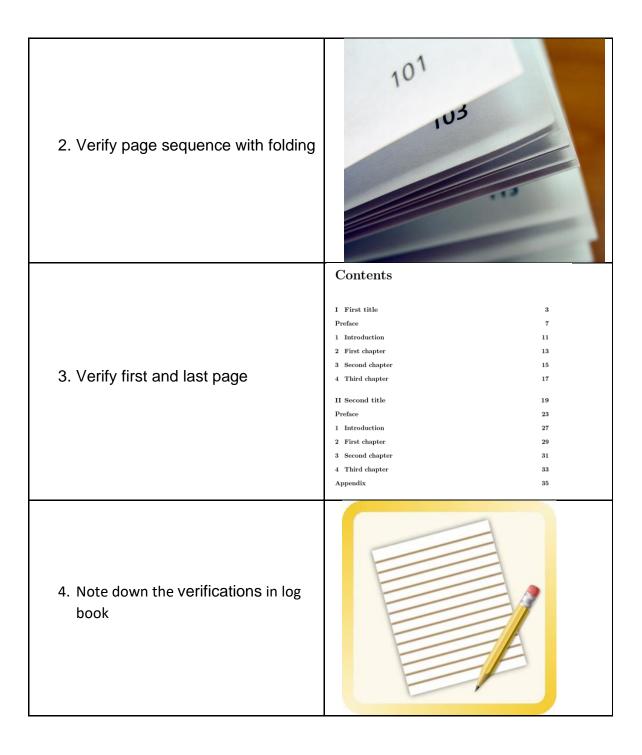
LU-3 Verify material quality for publishing	 Teach the learner the following learning elements through lecture: Define applications of coatings. Define traceability marks. Define artwork in printing industry. Enlist binding material Carry out the activity: 	Classroom	Learner's Guide/ Hand Outs Visuals
LU-4 Verify substrate sizing	 Teach the learner the following learning elements through lecture: State method of checking substrate sizes. Describe effect of size variation on substrate. State substrate trimming procedure. Define grain of substrate and its importance. Describe substrate 	Classroom	Learner's Guide/ Hand Outs Visuals

	Interpret instructions on docket for publishing			
Module: B	Learning Unit: 1	Determir	ne job order details	
	Practical Description:	Interpret	et docket/job card as per instructions	
Time:	1 hours			
Equipment	N/A			
Tools	Measuring scale, weighing scale with cutter, micro meter, Vernier caliper			
PPE	Proper dress code, safety shoes			
Materials	job card/docket, dummy sample, log book			
Key Point	Always check material specification before binding Prepare specimen as per dummy			
Learning Outcome:	Learner will be able to: Determine job title from docket/job card. Verify availability of reference specimen in docket/job card. Determine quantity of job as per docket/job card requisition. Determine coating applications on from docket/job card.			
Precautions:	Ensure personal and environmental safety. Verify front lay and side lay before binding process			
Instructions	•		Illustrations	
1. Verify the printed substrate with measuring scale		e with		

 Verify the substrate GSM/thickness by weighing scale with cutter/ micro meter 	
3. Verify the no. of forms	
4. Verify dummy with gathering and numbering sequence	
 Verify availability of reference specimen in docket/job card 	4 # 8 # 7 # T # 394d 394d 394d 394d 394d 394d 394d 394d PAGE PAGE BAC k FRONT #5 #6 BAC k COVER

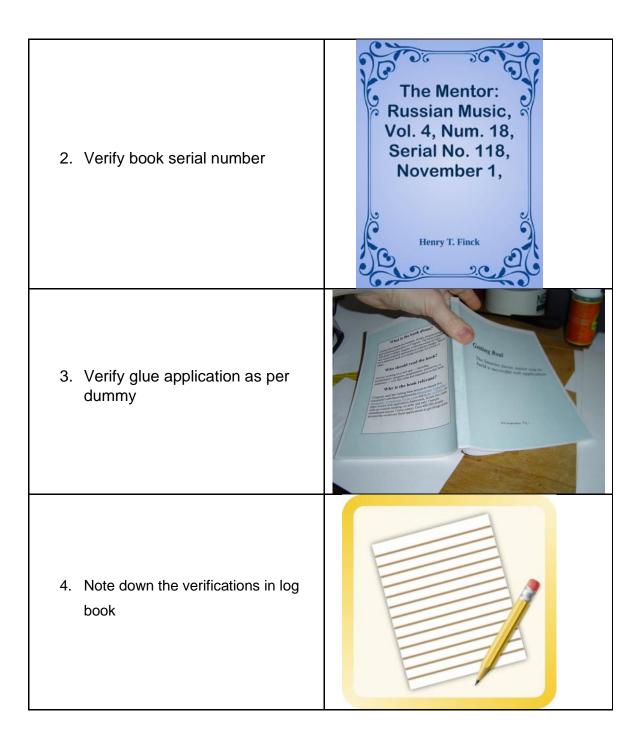


	Interpret instructions on docket for publishing			
Module: B	Learning Unit: 2	Verify dummy/sample for publishing		
	Practical Description:	Verify page numbering sequence as per instructions		
Time:	30 min			
Equipment	N/A			
Tools	N/A			
PPE	Proper dress co	code, safety shoes		
Materials	Printed dummy/sample, log book, Job card			
Key Point	Always check page numbering sequence before binding and			
Learning Outcome:	Learner will be able to verify page numbering sequence			
Precautions:	Ensure personal and environmental safety. Verify front lay and side lay before binding process			
Instructions		Illustrations		
		Annexure A-1 Jator Maler		
1. Interpret docket/job card		ABC Phining Press Job Card no. P.D Ns. G-502 Delivery dele. Amigree orc. 15 March 2020 22 March 2020 Olient PAPGAU 22 March 2020 Job Type: Tast Book 22 March 2020 Ocion: 1 + 1 1 Type Offset Papera Type Offset Papera Special instructions: Verify binding type Job Bample As ger provided sample		

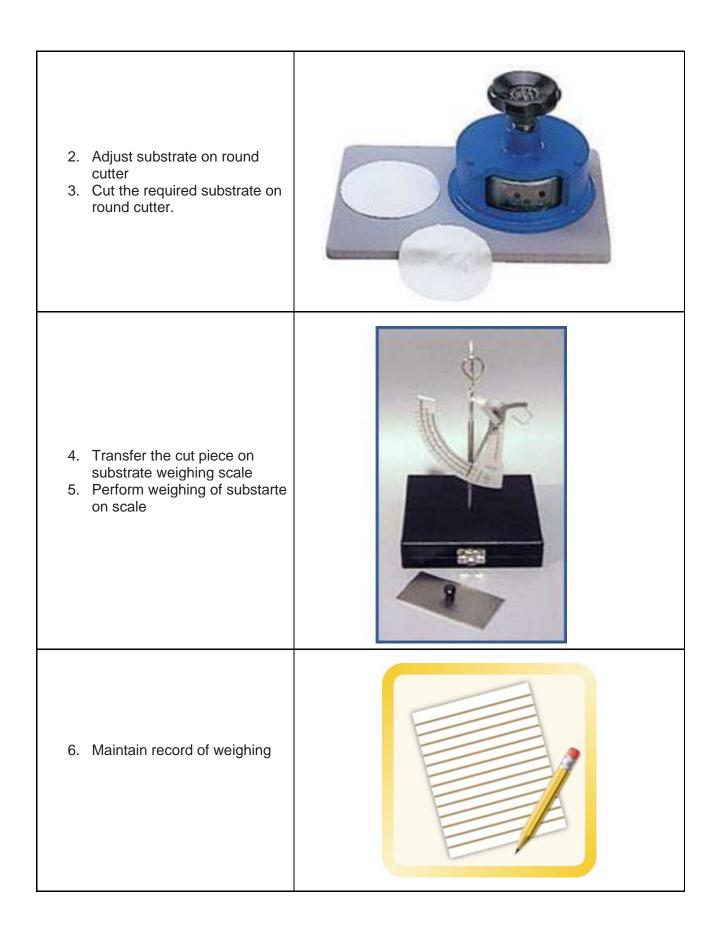


Practical activity 2

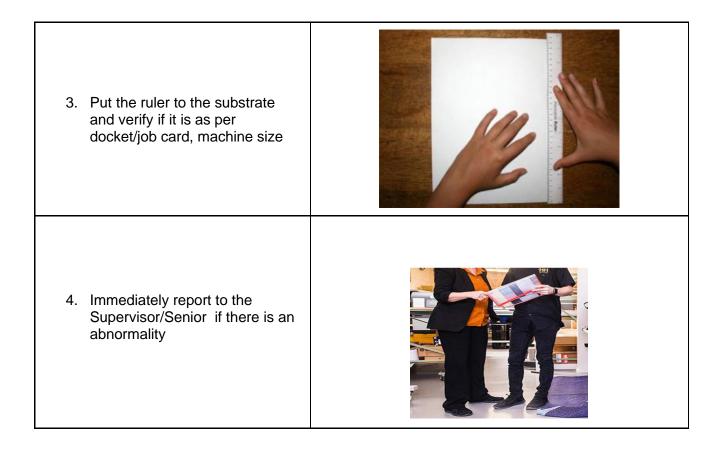
	Interpret	instruct	ions on	docket for p	oublishing
Module: B	Learning Unit: 2	Verify du	mmy/sam	ple for publishing	
	Practical Description:	Verify bin	ding form	at as per job card	I
Time:	30 min				
Equipment	N/A				
Tools	N/A				
PPE	Proper dress co	ode, safety	shoes		
Materials	Dummy Sample	e, log book,	Job card		
Key Point	Carefully check	the bindin	g format a	and availability of	its material
Learning Outcome:	Learner will be verify binding for Verify glue applic	rmat as per cation as pe	r dummy		
Precautions:	Ensure persona Verify front lay a			-	
Instructions				Illustration	s
			Annexure A-1 Jutor Mater	DOCKET (Interpret Docket- Publishing)	Name and ID of assesse
			P.D No.	ABC Printing Press	Job Card no. 101 Defivery date: 22 March 2020
1. Interpret docket/job card			Client Client Client Calor: Calor: Calor: Size Paper Paper Pages GBM Forms Special instructions: Job Bample	PAPOAL Text Book 2000 1 - 1 8 F''s 11" Offset 82 70 2 2 2 2 2 2 4 Ser proto	26d 3 a πgle



	Inter	pret instructions on docket for publishing			
Module: B	Learning Unit: 3	Verify material quality for publishing			
	Practical Description:	Determine type, grain and Gram per Square Meter (GSM) value of substrate as per docket/job card.			
Time:	1 hour				
Equipment		Weighing scale			
Tools	N/A				
PPE		rode safety shoes			
Materials	Proper dress code, safety shoes Substrate as per job card, Note book, Pen/Pencil				
Key Point	Verify the material quality				
Learning Outcome:	The learner will be able to: Determine type of substrate as per docket/job card Determine grain of substrate as per docket/job card. Determine Gram per Square Meter (GSM) value of substrate as per docket/job card				
Precautions:	Carefully chec	k the quality of material			
Instructions		Illustrations			
1. Collect th	e desired subst	trate			



	Interpret printing instructions on docket					
Module: B	Learning Unit: 4	Verify s	ubstrate sizing			
	Practical Description:	Checkin	g of substrate size			
Time:	1 hour					
Equipment	N/A					
Tools	Measuring rule	ər				
PPE	Proper dress of	code, safe	ety shoes			
Materials	Substrate, Do	cket/job c	ard			
Key Point	Verify the sub	strate size)			
Learning Outcome:	The learner wi	ill be able	to check size of the substrate			
Precautions:	N/A					
Instructions			Illustrations			
1. Collect th card	ne desired dock	et/ Job	Job Description Templets			
2. Collect th	he substrate.					

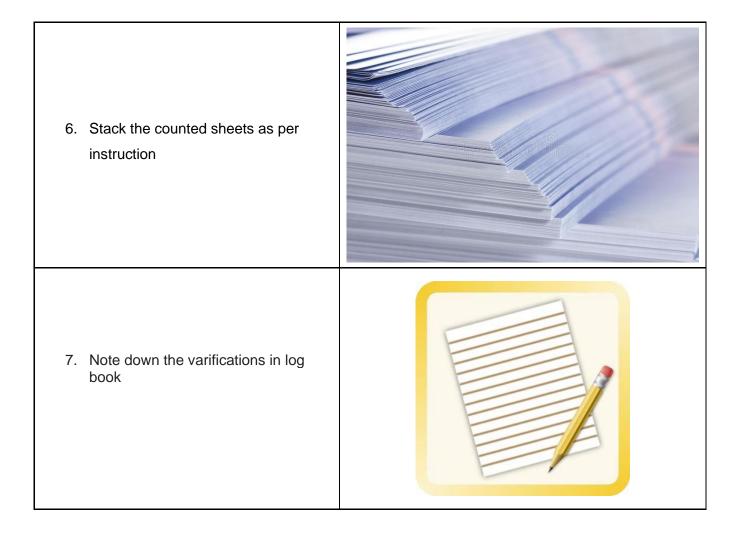


TRAINER'S GUIDELINE								
Module-C: Perform Basic Manual Binding								
Learning Unit	Suggested Teaching/ Learning Activities	Delivery Context	Media					
LU-1 Perform substrate handling	Teach the learner the following learning elements through lecture: Identify side lay and front lay Individual practice. Group discussions on handling substrate Question answer sessions	Classroom	Learner's Guide/ Hand Outs Visuals					
LU-2 Perform paper counting	 Teach the learner the following learning elements through lecture: Describe the purpose of fanning Question answer session Individual Practice of paper fanning 	Classroom	Learner's Guide/ Hand Outs Visuals					
LU-3 Perform manual numbering	 Teach the learner the following learning elements through lecture: List types of numbering Engage learners to practice manual numbering 	Classroom	Learner's Guide/ Hand Outs Visuals					

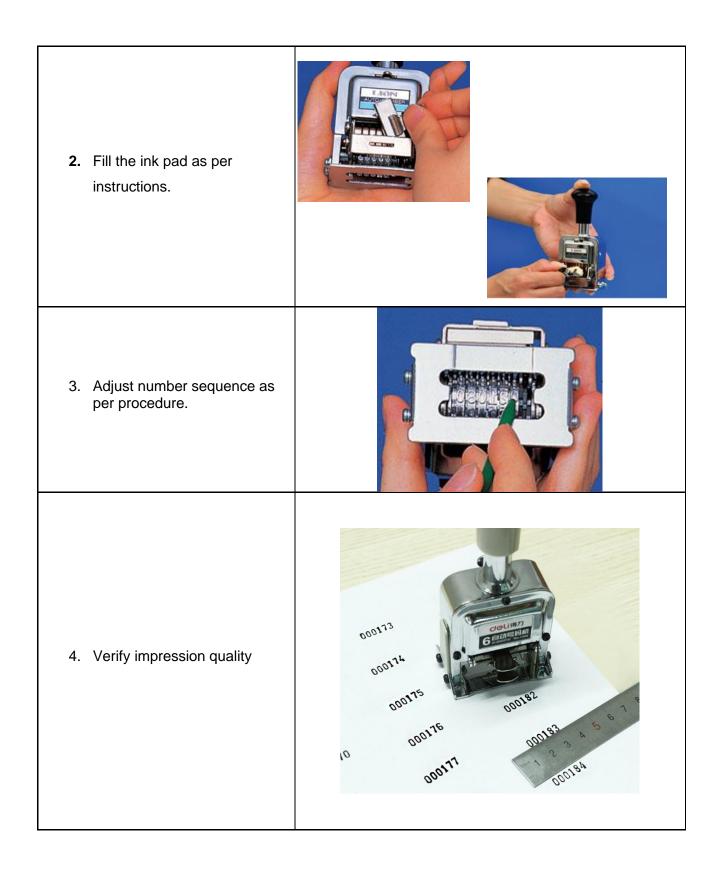
LU-4 Perform creasing and perforation	 Teach the learner the following learning elements through lecture: Describe the importance of creasing and perforation. Ask learners to adjust impression for 	Classroom	Learner's Guide/ Hand Outs Visuals
	perforation/creasing	Press room lab/ industry	
LU-5 Bind gum pads	Teach the learner the following learning elements through lecture:Describe types of binding Question answer session	Classroom	Learner's Guide/ Hand Outs Visuals
LU-6 Perform manual folding	 Teach the learner the following learning elements through lecture: Describe manual folding operation Question answer session 	Classroom Press room	Learner's Guide/ Hand Outs Visuals
	Individual Practice	lab/ industry	
LU-7 Perform post production activity	Teach the learner the following learning elements through lecture:Describe the importance of cleaning after work	Classroom	Learner's Guide/ Hand Outs Visuals
	Question answer session Arrange group practice of roller cleaning	Press room lab/ industry	
LU-8 Maintain log book	 Teach the learner the following learning elements through lecture: Describe the importance of Importance of record keeping. Ask students to make a record of final count 	Classroom Press room lab/ industry	Learner's Guide/ Hand Outs Visuals
		ido/ industry	

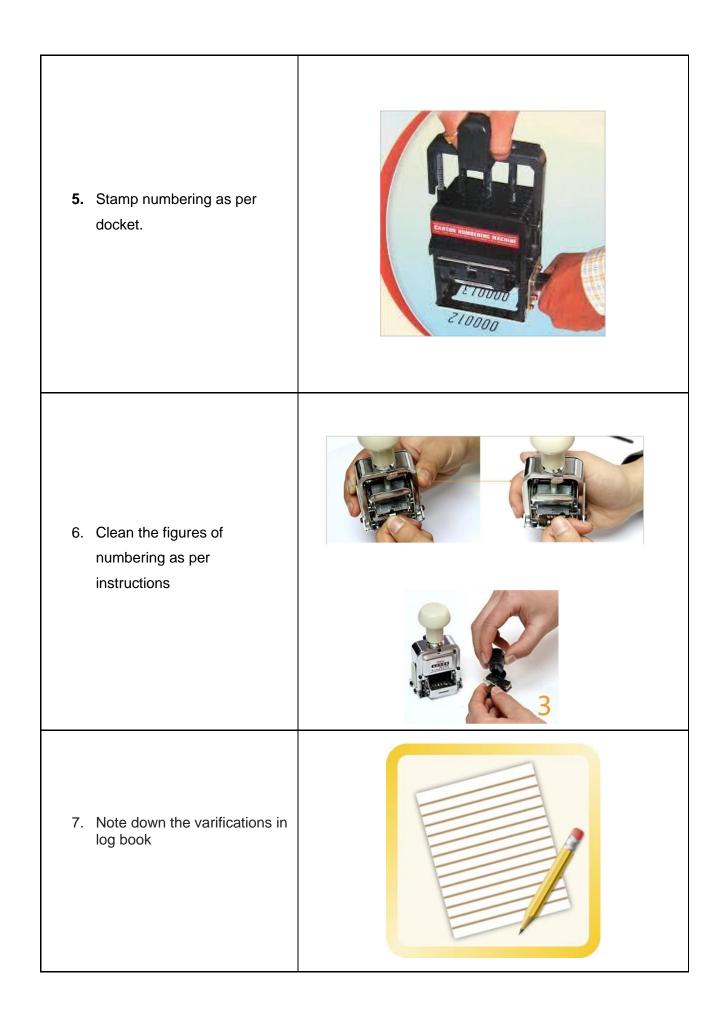
		Perfo	rm B	asic	: Ma	anua	al B	indin	ng		
Module: C	Learning Unit: 1, 2	Perform subs	Perform substrate handling with numbering								
	Practical Verify the substrate stacking, numbering and counting according to						ng to				
	Description:	docket/job ca	ard								
Time:	1 hour										
Equipment	Round Cutter,	Weighing sca	le								
Tools	N/A										
PPE	Proper dress of	ode, safety sh	noes								
Materials	Substrate as p	er job card, N	ote boo	ok, Pe	en/P	encil					
Key Point	Carefully hand	lle the substra	te								
Learning Outcome:	The learner will be able to: Verify side lay and front lay as per instruction. Prepare paper stacking as per instruction. Count substrate as per instruction.										
Precautions:	Carefully chec	k the numberi	ng as p	er S	OPs						
Instructions			Illust	ratio	ns						
				Annexu A-1 Jaforbinder			T (inter Publishi	pret Docket- ng)		Name and ID of assesse	
1. Verify the	e job card thoro	ıghly		P.D No. Assigned Job Type: Quantity: Color: Forms Special in Job Bamp	Client size Type Pages GBM	G-802 15 March 2 PAPCAL Test Bool 2009 1+1 8.5" x 11" Offset 82 70 2 Verty b	020		provided as	Job Card no. 101 Defivery defe: 22 March 2020	

 Verify side lay and front lay as per instruction. 	G S S S S 4 13 16 1
 Perform Paper fanning as per procedure. 	
 Prepare paper stacking as per instructions 	
5. Count substrate as per instruction.	

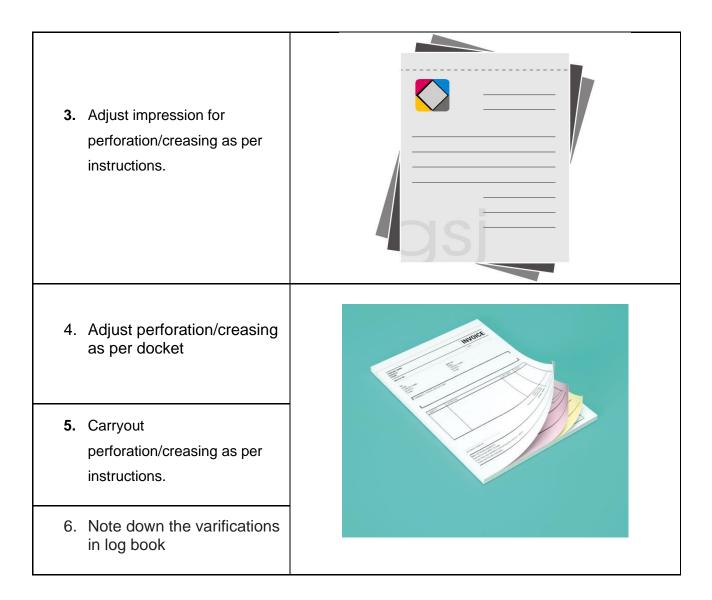


	Module: C Learning Unit: 3 Perform manual numbering						
Module: C							
	Practical Description:	Perform manua card	l numbe	ring on Bill book a	according to doc	ket/job	
Time:	1 hour						
Equipment	N/A						
Tools	Stick for chang	jing the number s	series, S	tamp			
PPE	Proper dress of	ode, safety shoe	s				
Materials	Bill Book, Note	book, Pen/Penc	il				
Key Point	Carefully chec	k the number ser	ies				
Learning Outcome:	The learner will be able to: Adjust number sequence of numbering stamp. Stamp numbering						
Precautions:	Be careful du	ing the process					
Instructions		Illustratio	ons				
1. Verify the	e job card thorou	Ighly	nnexure -1 -2 icorkidar -2 -2 -2 -2 -2 -2 -2 -2 -2 -2	DOCKET (Interpret Docket- Publishing) ABC Printing Press	Job Card no. 101 Defivery dele: 22 March 2020		



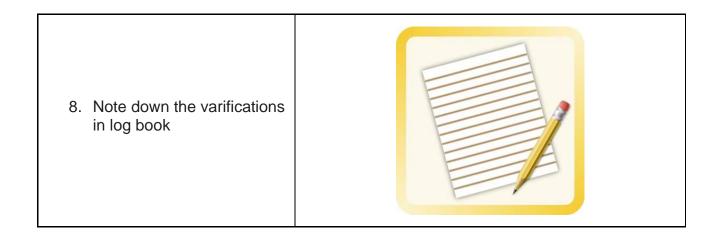


		Perform Basic Manual Binding						
Module: C	Learning Unit: 4	Perfo	rm creas	ing and p	erforatior	1		
	Practical	Perfo	Perform creasing and perforation on cover of a writing pad					ıd
	Description:	accor	ding to d	locket/job	card			
Time:	3 hours							
Equipment	Creasing mac	hine						
Tools	Spanner							
PPE	Proper dress of	code, s	afety sho	bes				
Materials	Writing Pad as	s per jo	b card, N	Note book	, Pen/Per	ncil		
Key Point	Carefully hand	lle the	substrate	Э				
Learning Outcome:	The learner wi Adjust perfora			s per docł	ket.			
Precautions:	Maintain the p	oressur	e of crea	asing to a	void any o	damage		
Instructions			Illustra	tions				
1. Verify th thorough				Annexure A-1 Jution Mater P.D No. Assigned Client Job Type: Quantity: Color: Size Paper Paper Papes QBM Forms Special instructions Job Bample	G-502 15 March 2020 P3P344 Text Book 2000 1+1 8.6" x 11" Offset 32 70 2	ng) hinding Press	Job Card no. 101 Defivery dele: 22 March 2020	
-	le lay and front structions.	lay		S ZT → → 4 13	6 8 	L 2	Васк ОТ ТТ 9 7 15 14 3	



		Perform Basic Manual Binding				
Module: C	Learning Unit: 5	Bind gum pads				
	Practical Description:	Perform Bill book gum binding according to docket/job card				
Time:	1 hour					
Equipment	N/A					
Tools	Knife, Hamme	er, Scissor				
PPE	Proper dress of	code, safety shoes				
Materials	Glue, Binding	Cloth, board, Bill Book, Note book, Pen/Pencil				
Key Point	-	k the binding side lay				
Learning Outcome:	The learner will be able to: Verify side lay and front lay as per instruction. Stack the counted sheets as per docket Apply the glue on binding side with a sponge. Paste the cover page on the pad as per docket					
Precautions:	N/A					
Instructions		Illustrations				
1. Verify th thorough		Annexure A-1 Justicitudar DOCKET (Interpret Docket- Publishing) Merry and ID of manages ABC Printing Press Job Card no. P.D No. G-522 Ansigned and International and internatinternational and international and international and inter				

 Verify side lay and front lay as per instruction. 	SZT68 $$
 Stack the counted sheets as per docket 	
4. Insert the separator card as per docket	
5. Apply the glue on binding side	
6. Separate the pad with the knife	
 Paste the cover page on the pad as per docket 	



	F	Perfor	rm Ba	sic	Manual Bind	ding		
Module: C	Learning Unit: 6	Perfo	Perform manual folding					
	Practical	Verify	the sub	ostrat	e stacking, num	bering and		
	Description: counting according to docket/job card							
Time:	1 hour							
Equipment	Round Cutter,	Weigh	ing scal	е				
Tools	N/A							
PPE	Proper dress of	code, s	afety sh	oes				
Materials	Substrate as p	er job	card, No	ote bo	ook, Pen/Pencil			
Key Point	Carefully hand	lle the s	substrat	е				
Learning Outcome:	The learner will be able to: Verify side lay and front lay as per instruction. Prepare paper stacking as per instruction. Count substrate as per instruction.							
Precautions:	Numbering sh	nould b	e check	ed ca	arefully			
Instructions	•		Illustra	ation	S			
			Annexus A-1 Jator Mater	re I	DOCKET (Interpret Docket- Publishing)	Name and ID of assesse		
 Verify the job card thoroughly 		leb Typer Quantity: Color: Paper Forms	Client size Type Pages GBM	ABC Printing Press G-802 15 March 2020 PAPGAI Test Book 2000 1+1 8.5" x 11" Offset 82 70 2 Verify binding type	Job Card no. 101 Delivery dete: 22 March 2020			
			Job Bamp	le .	As per pro	olded sample		

 Verify side lay and front lay as per instruction. 	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$
 Verify folding position of the printed substrate as per docket. 	
4. Verify page numbering sequence as per instruction.	101
 Carryout manual folding operation as per instruction Separate the pad with the knife. 	
 Paste the cover page on the pad as per docket 	



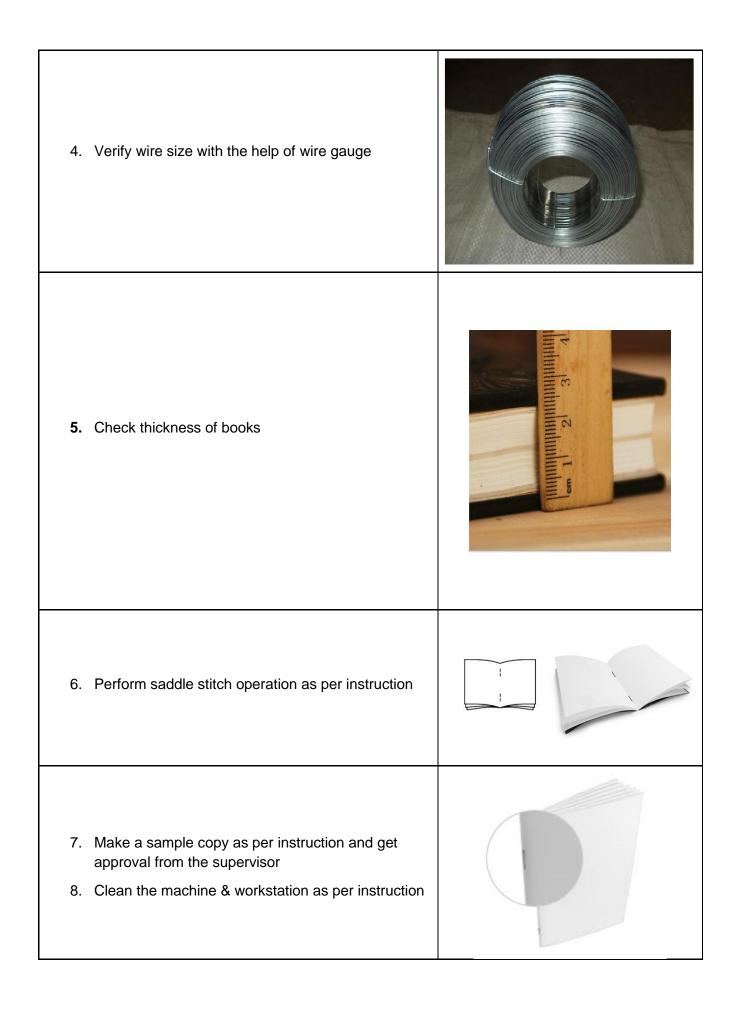
	Perform Basic Manual Binding		
Module: C	Learning Unit: Perform post production activity 7 7		
Practical Perform daily cleaning of post press surrounding Description: SOP			
Time:	5 hours		
Equipment	N/A		
Tools	N/A		
PPE	Proper dress, saf	ety shoes.	safety gloves
Materials	Cleaning Cloth, C		
Key Point	A clean workplac	e ensures t	the safety and health of employees and visitors.
	The learner will b	e able to	
Learning Outcome:	clear the work sta	ation as per	SOPs
Precautions:	Ensure to wear sa process	afety shoes	s and other safety equipment before starting this
Instructions			Illustrations
1. Inspect entire surrounding areas of printing machine thoroughly			
 Clean floor of surrounding areas of the machine with brush 		as of the	

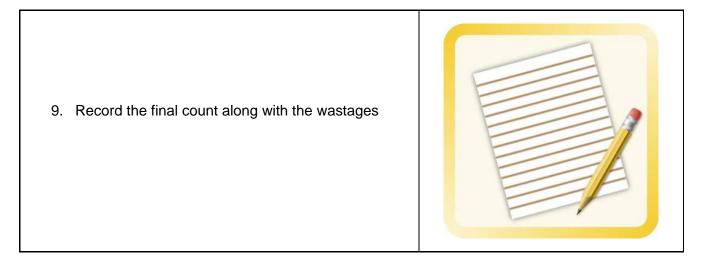
2. Use cloth to clean oil leakage	
 Re-inspect the whole surrounding area and make sure that it has been cleaned properly 	
 Dispose of used article and place the brush at its respective place Wash your hands properly with soap/detergent 	

TRAINER'S GUIDELINE				
Module-D: Perform Saddle Stitching				
Learning Unit	Suggested Teaching/ Learning ActivitiesDelivery ContextMe			
LU-1 Perform substrate handling	 Teach the learner the following learning elements through lecture: Identify side lay and front lay Individual practice. Group discussions on handling 	Classroom	Learner's Guide/ Hand Outs Visuals	
	substrate Question answer sessions	Press room lab/ industry		
LU-2 Select wire as per job	 Teach the learner the following learning elements through lecture: Enlist the checking parameters of wire Describe the importance of wire gauge Group discussions. 	Classroom	Learner's Guide/ Hand Outs Visuals	
	Question answer session Individual Practice	Press room lab/ industry		
LU-3 Make ready workstation for saddle stitching	Teach the learner the following learning elements through lecture:Explain types of saddle stitch operation	Classroom	Learner's Guide/ Hand Outs Visuals	

LU-4 Perform saddle stich machine operation	 Teach the learner the following learning elements through lecture: Describe the importance of stitch size Question answer session 	Classroom	Learner's Guide/ Hand Outs Visuals
		Press room lab/ industry	
LU-5 Perform post production activity	Teach the learner the following learning elements through lecture:Describe the importance of cleaning after work	Classroom	Learner's Guide/ Hand Outs Visuals
	Question answer session Arrange group practice of work station cleaning	Press room lab/ industry	
LU-6 Maintain log book	 Teach the learner the following learning elements through lecture: Describe the importance of Importance of record keeping. 	Classroom	Learner's Guide/ Hand Outs Visuals
	Ask students to make a record of final count	Press room lab/ industry	

	Perform Saddle Stitching			
Module: D	Learning Unit: 1,2,3,4,5,6	Perform saddle stitch machine operation		
	Practical Description:	Perform book binding by saddle stitching according to docket/job card		
Time:	3 hour			
Equipment	Saddle stitching machine			
Tools	Cutter plier, screw driver, wire gauge			
PPE	Proper dress code, safety shoes			
Materials	Book, Wire, Note book, Pen/Pencil			
Key Point	Set the stitches distance			
	The learner will be able to:			
Learning	Perform material handling			
Outcome:	Adjust workstation for saddle stitching			
	Perform saddle stitch machine operation			
Precautions:	ons: Adopt safety			
Instructions		Illustrations		
1. Verify the job card thoroughly		Annexure A-1 Join store DOCKET (interpret Docket- Publishing) ASC Printing Press Job Cattl 10. 101 P.D Re. Cest Asgress Job Cattl 10. 101 Asgress Cest Asgress Cest Asgress Cest Asgress Test Book Questify: 300 Coat: 1 +1 Figer Test Book Image: Test Book Job Barryle Asgregenetic sampe		
 Prepare book stacking as per instruction Adjust number sequence as per procedure. Saddle Stitched Square Back		Saddle Stitched Square Back		

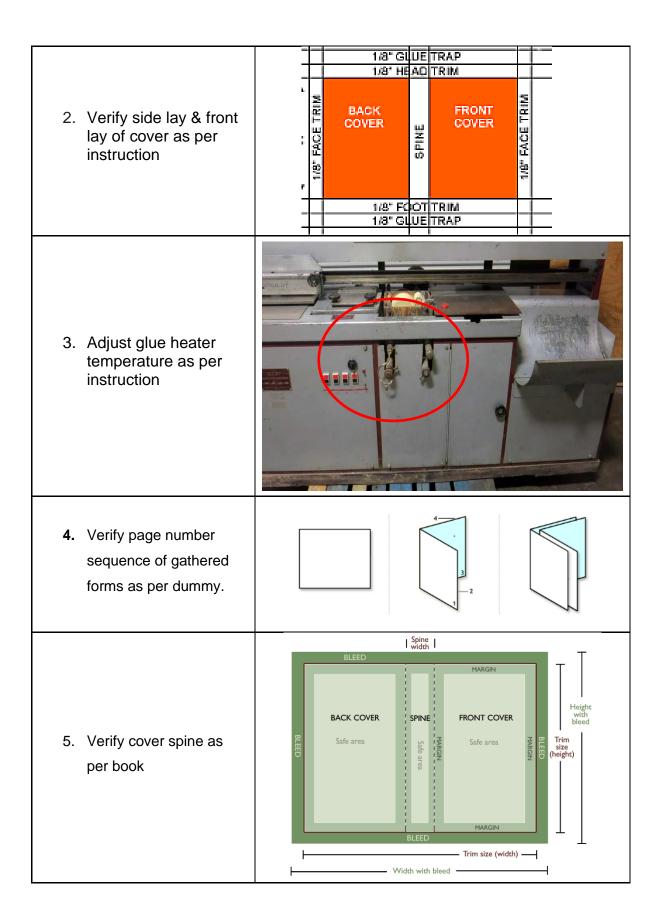


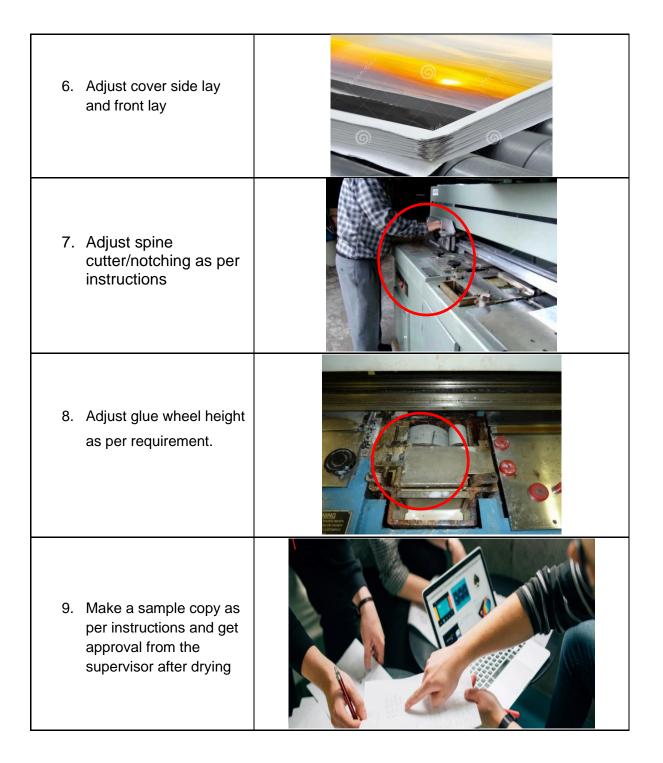


TRAINER'S GUIDELINE				
Module-E: Perform Hot Glue Binding				
Learning Unit	Suggested Teaching/ Learning Activities	Delivery Context	Media	
LU-1 Perform substrate handling	Teach the learner the following learning elements through lecture: Identify side lay and front lay	Classroom	Learner's Guide/ Hand Outs Visuals	
	Individual practice. Group discussions on handling substrate	Press room lab/ industry		
	Question answer sessions			
LU-2 Make ready workstation for hot glue binding operation	Teach the learner the following learning elements through lecture:Understand the use of hot glue.Describe the importance and	Classroom	Learner's Guide/ Hand Outs Visuals	
	function of spine cutter. Group discussions. Question answer session	Press room lab/ industry		
LU-3 Perform hot glue binding operation	 Teach the learner the following learning elements through lecture: Understand the procedure of hot glue binding operation. 	Classroom	Learner's Guide/ Hand Outs Visuals	

LU-5 Perform post production activity	Teach the learner the following learning elements through lecture:Describe the importance of cleaning after work	Classroom	Learner's Guide/ Hand Outs Visuals	
	Question answer session Arrange group practice of workstation cleaning	Press room lab/ industry		
LU-6 Maintain log book	 Teach the learner the following learning elements through lecture: Describe the importance of Importance of record keeping. Ask students to make a record of final count 	Classroom Press room lab/ industry	Guide/ Hand Outs Visuals	

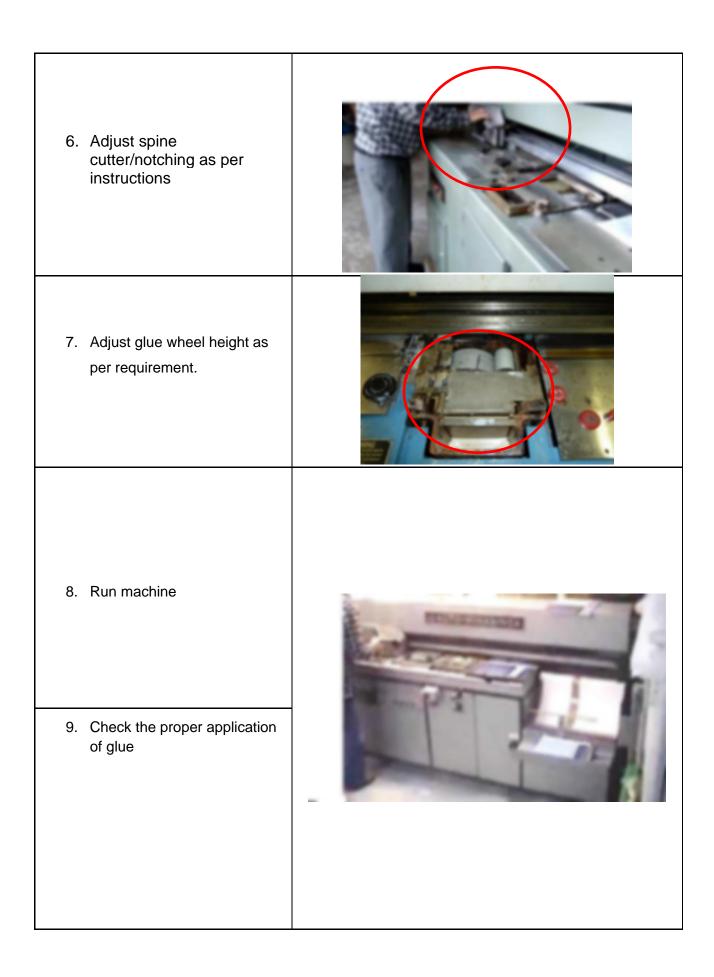
	Perform Hot Glue Binding			
Module: E	Learning Make ready workstation for hot glue binding oper			
	Practical	Prepare workstation for hot glue binding according to		
	Description:	docket/job card		
Time:	3 hour	·		
Equipment	Glue heater			
Tools	Cutter plier, scre	ew driver		
PPE	Proper dress co			
Materials	Book, Glue, Not	te book, Pen/Pencil		
Key Point	Do not open boo	ok while its wet		
Learning Outcome:	The learner will be able to: Verify side lay & front lay of cover as per instruction Handle material Prepare workstation for hot glue binding			
Precautions:	Do not run machine unless glue melts properly to avoid damage of machine			
Instructions		Illustrations		
		Annexure A-1 Juster Meder		
1. Verify the thoroug	-	ABC Printing Press Job Card no. 101 101 P.D No. G-802 Ansigned on: 15 March 2020 Delivery dele: Celor 15 March 2020 Cient PAPOAI Job Type: Text Book Quantity: 2000 Color: 1 + 1 Size 8.6" x 11" Paper 70 Forms 2		





	Perform Hot Glue Binding							
Module: E	Learning Unit: 3	Perform hot glue binding operation						
	Practical Description:	Perform hot g	Perform hot glue binding of a book according to docket/job card					
Time:	3 hour							
Equipment	Glue heater							
Tools	Spanner, plier	, screw driver						
PPE	Proper dress of	code, safety sh	oes					
Materials	Book, Glue, N	lote book, Pen	/Penc	il				
Key Point	Do not open b	en book while its wet						
Learning Outcome:	The learner wi Perform hot gl	rill be able to: lue binding of a book						
Precautions:	Do not run ma	chine unless g	lue m	elts	properly t	o avoid da	mage of mach	ine
Instructions		Illustra	ations	5				
			Annexa A-1 Justor Mindar		DOCKET (inte Publish		Name and ID of assesse	
					ABC	Printing Press	Job Card no.	
			P.D No.		G-502		101	
			Assigned	anc	15 March 2020		Delivery dete: 22 March 2020	
				Client	PAPGA			
1. Verify th	e iob card		Job Type Quantity		Text Book 2000			
thorough			Calor:	size	1+1 8.5"x11"			
lineredgi	,		Paper	Туре	Offset 82			
			hannan	Pages GBM	70			
			Forms	J	2			
			Special instructions:		Verity binding typ	Verify binding type		
			Job Bample		Aa ger provided sample			

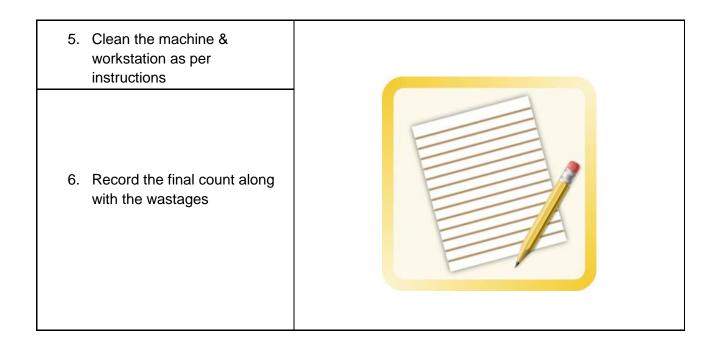
 Verify side lay & front lay of cover as per instruction 	1/8" GLUE TRAP 1/8" HE AD TRIM 1/8" HE AD TRIM BACK BACK
3. Check temperature of glue heater as per instruction	
 Check front lay and side lay Set cover with the help of clamps. 	
5. Verify cover spine as per book	BLEED BACK COVER Safe area Safe area BLEED Trim size (width)



- 10. Check & maintain the quality of folding during hot glue binding
- 11. Stack the bind book for three side trimming operation



	Perform Hot Glue Binding		
Module: E	Learning Unit: 3, 4, 5	Perform hot glue binding operation	
	Practical Description:	Perform book binding by Hot glue according to docket/job card	
Time:	3 hour		
Equipment	Glue heater		
Tools	Cutter plier, so	crew driver	
PPE		code, safety shoes	
Materials	Book, Hot glue	e, Note book, Pen/Pencil	
Key Point	Do not open b	ook while it is wet	
Learning	The learner wi	Il be able to:	
Outcome:	Perform hot gl	ue binding machine operation.	
Precautions:	Do not run ma	chine unless glue melts properly to avoid damage of machine	
Instructions		Illustrations	
Instructions 1. Get approval of bind book from the supervisor. 2. Carry out hot glue binding machine operation as per instruction		g	
quality o operatio			
 Stack the bind book for three side trimming operation 		r N/A	



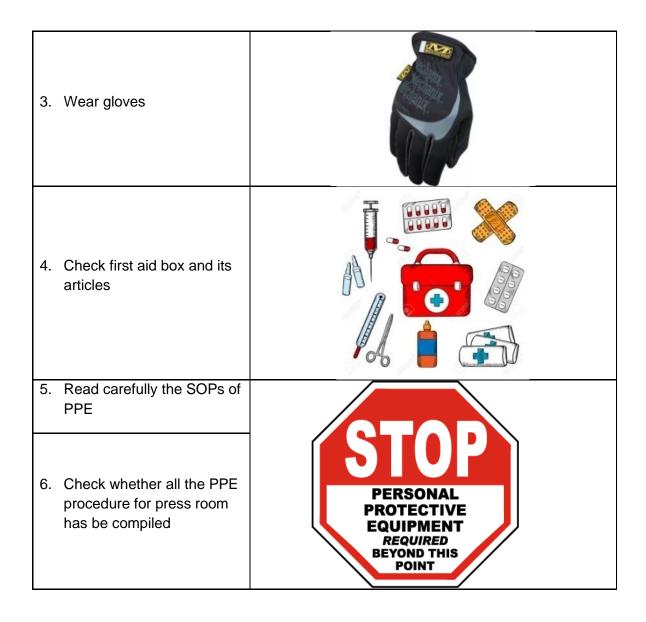
TRAINER'S GUIDELINE					
Mod	Module-F: Perform Health and Safety				
Learning Unit	Suggested Teaching/ Learning Activities	Delivery Context	Media		
LU-1 Practice safe work habit to ensure safety	 Teach the learner the following learning elements through lecture: State health and safety precautions of the printing company. State safety reporting procedures State organizational health and safety procedures. List health and safety risks that can arise as a result of accidents 	Classroom	Learner's Guide/ Hand Outs Visuals		
LU-2 Use Personal Protective	 Teach the learner the following learning elements through lecture: Give importance of using Personal Protective Equipment (PPE) List Types of PPEs required in printing press 	Classroom	Learner's Guide/ Hand Outs Visuals		

LU-3 Identify hazards in press environment	 Teach the learner the following learning elements through lecture: List techniques and methods to control risks of identified hazards in the workplace. Define procedure of dealing with hazards to reduce chances or avoid accident or injury. List types of hazards that are most likely to cause harm to health and safety 	Classroom	Learner's Guide/ Hand Outs Visuals
LU-4 Comply with Occupational Health and Safety (OHS)precautions	 Teach the learner the following learning elements through lecture: Explain importance of safety at work and its implications. State work safety procedures and guidelines. List specific company procedures regarding workplace safety. Recommended procedure for cleaning and storing of tools and equipment. 	Classroom	Learner's Guide/ Hand Outs Visuals
LU-5 Carryout firefighting techniques.	 Teach the learner the following learning elements through lecture: Identify causes of Fire List types of fire List firefighting equipment Define firefighting method 	Classroom	Learner's Guide/ Hand Outs Visuals

	Perform Health and Safety		
Module: F	Learning Unit: 1	Practice safe work habits to ensure safety in the printing environment	
	Practical Description:	Application of dress code in accordance with press room procedures and follow rules to ensure personal safety as well as safety of others as per press room procedure	
Time:	3 hours		
Equipment	N/A		
Tools	N/A		
PPE		afety gloves, safety shoes, mask	
Materials	First aid box		
Key Point	Personal safety as well as safety of others as per press room procedure		
Learning Outcome: Precautions:	 Interpret work processes and procedures to identify risk of hazards at printing press. Recognize printing processes, tools, equipment and consumable materials that have the potential to cause harm. Identify potential hazards to minimize accident risk. Take appropriate action to minimize the risk. 		
In	structions	Illustrations	
1. Wear tight cloths			
2. Wear safety shoes		Lattacellas-	

3. Wear gloves	
 Always place tools to their respective positions 	
5. Handle tools and equipment carefully	
 Never leave chemicals and solvents open 	
7. Always follow SOPs	

	Perform Health and Safety		
Module: F	Learning Unit: 2	Use personal protective equipment (PPE)	
	Practical Description:	Selection of personal protective equipment PPE in terms of type and quantity according to work order and verification of PPE to ensure optimum protection in compliance with press room procedures	
Time:	3 min		
Equipment	N/A		
Tools	N/A		
PPE	shoes, First aid	per SOP's of press room, Mask, Gloves, safety I box	
Materials	First aid box		
Key Point	Safety First		
Learning Outcome:	 Select personal protective equipment in terms of type and quantity according to work orders. Verify personal protective equipment to ensure optimum protection in compliance with press room procedures. Ensure personal protective equipment hygiene in compliance with press room procedures. 		
Precautions:	N/A		
Instructions	•	Illustrations	
1. Wear proper dress			
2. Wear safety shoes			



	Pe	erform Health and Safety
Module: F	Learning Unit: 3	Identify hazards in printing press
	Practical Description:	Recognize printing processes, tools, equipment and consumable material that have the potential to cause harm
Time:	3 hours	
Equipment	Fire extinguisher	
Tools	N/A	
PPE		, safety shoes, safety gloves, mask
Copy of SOP's, Copy of safety guide, List of tools and equipmer Machine manual, Chemical, Solvents, First aid box		
Key Point Recognize hazards		6
Learning Outcome:	The learner will be able to Recognize printing processes, tools, equipment and consumable material that have the potential to cause harm	
Precautions:	Ensure safety	
Instructions		Illustrations
 Arrange the required tool set equipment in order 		et
2. Store chemicals and solvents at appropriate place		nts

 Segregate the hazardous chemicals, equipment, tools and solvents which have to cause harm 	
 Clean the tools after completion of task 	
5. Store the tools, equipment, chemicals and solvents to their respective places	
6. Wash your hands with soap.	WASH YOUR HAAD

	Perform Health and Safety	
Module: F	Learning Unit: 4	Comply with occupational health and safety (OHS) precautious
	Practical Description:	Comply with health and safety precautions and relevant guidelines and identify OHS hazards in printing press to prevent from potential accidents
Time:	3 hour	
Equipment	N/A	
Tools	N/A	
PPE		Tight cloths as per SOP's of press room, safety shoes
Materials		ine of safety and health precautions, copy of nealth and safety (OHS) hazards SOP's,
Key Point	Make sure per	
		ealth and safety precautions and relevant guidelines and azards in printing press to prevent from potential or
Precautions:	Safety first	
Instructions		Illustrations
1. adopt prop code	oer dress	
2. Ensure cleaning of surrounding area		
 Check electric phases and connections 		

 Keep hazardous articles at their proper place 	
5. Check the oil level of machine	
6. Arrange tools in order	
 Ensure safe handling of tools 	
 Remove and dispose of used and waste articles as per SOPs 	METAL PAPER GLASS PLASTIC METAL BAPER GLASS PLASTIC METAL BATTERIES LIGHT BULBS E-WASTE

	Perform Health and Safety		
Module: F	Learning Unit: 5	Demonstrate Firefighting Skills	
	Practical Description:	Stop fire by applying fire-fighting policies	
Time:	3 hours		
Equipment	Fire extinguishe	r	
Tools	N/A		
PPE	Safety clothing,	safety shoes, safety gloves, First aid box	
Materials	Dust bins, Fire		
Key Point	Apply firefightin	g policies	
Learning Outcome:	 Make decision in the process of fighting a fire as per instruction. Stop fire by applying firefighting policies. Apply safety precautions when fighting a fire. Apply the procedure after a fire has been put out as per instruction. 		
Precautions:	Safety first		
Instructions		Illustrations	
 In case of fire i inform supervis 	-		
 Act on instructions of supervisor, use fire extinguisher accordingly 			

3.	Wear necessary dress and article before extinguishing the fire	CASS A DISTURMENT MALLARE MILL
4.	After extinguishing the fire check the press room properly	
5.	Shift all the undamaged articles to safe place	
6.	Apply SOPs procedure when fire has been put out	

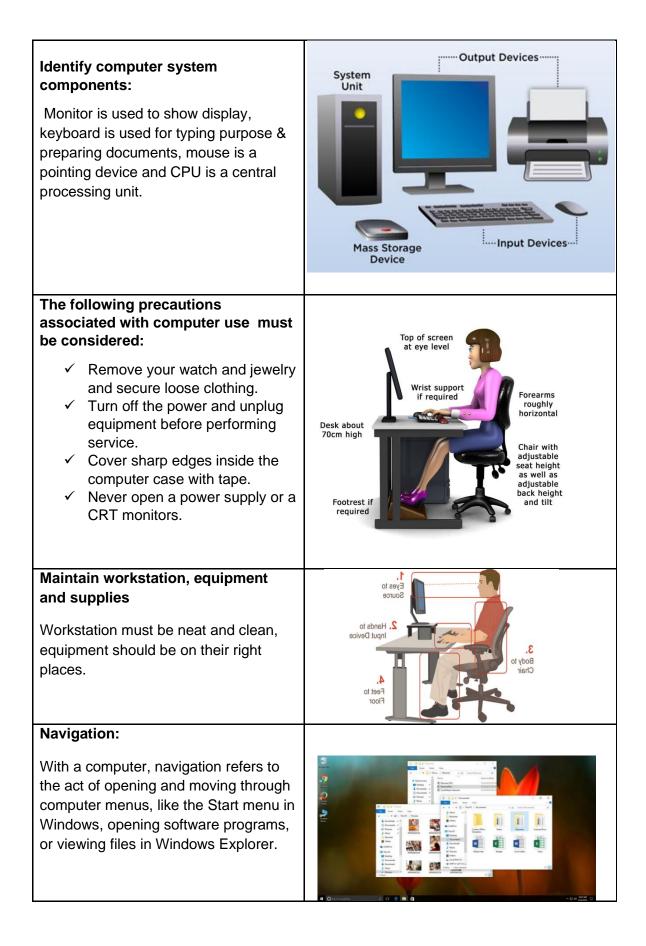
TRAINER'S GUIDELINE

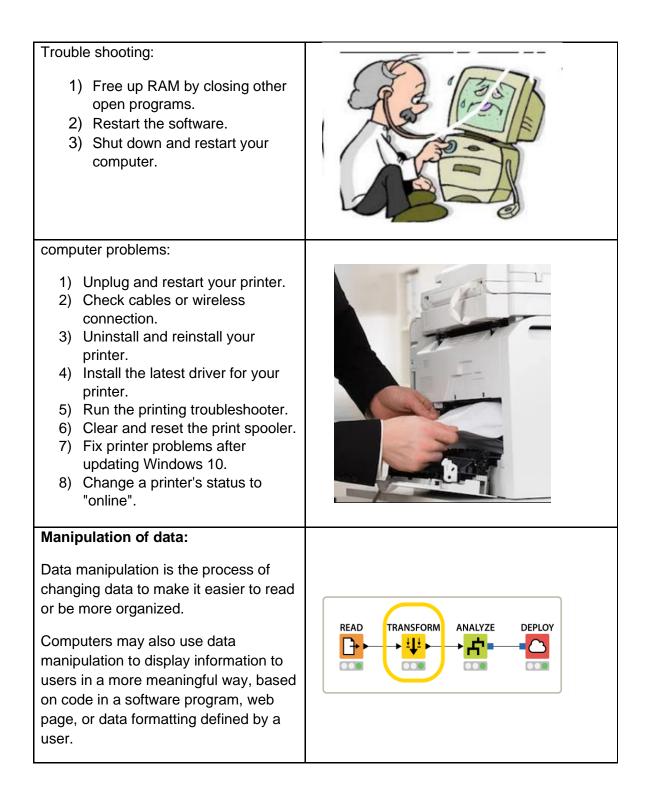
Module-G: Develop Computer Application Skills

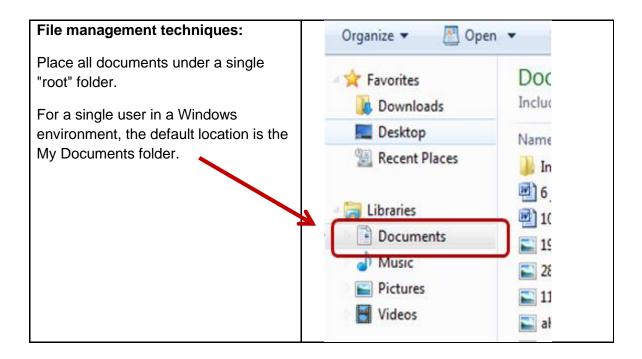
Learning Unit	Suggested Teaching/	Delivery Context	Media
	Learning Activities	Context	
LU-1 Apply Basic computer operation	 Teach the learner the following learning elements through lecture: Discussing the four main functions of computer hardware: input, processing, output, and storage. Describing major hardware components. 	Classroom Computer Lab	Learner's Guide/ Hand Outs Visuals
LU-2 Prepare Word document	 Teach the learner the following learning elements through lecture: Describing formatting styles and their effect on formatting, readability and appearance of documents Outline purpose, use and function of word-processing software. Understand MS Word to create documents, flyers, publications Explain the effect of formatting and appearance on the readability and usability of spread sheets 	Classroom Computer Lab	Learner's Guide/ Hand Outs Visuals
LU-3 Prepare spread sheet as per required information	 Teach the learner the following learning elements through lecture: Understand MS Excel to store, organize, and manipulate data 	Classroom Computer Lab	Learner's Guide/ Hand Outs Visuals
LU-4 Prepare power point presentation.	 Teach the learner the following learning elements through lecture: Understand MS PowerPoint to create presentations 	Classroom Computer Lab	Learner's Guide/ Hand Outs Visuals

LU-5 Perform email communication	Teach the learner the following learning elements through lecture:	
	 Express steps of creating new e-mail account State e-mail writing ethics 	

	Deve	op Comp	uter Application Skills
Module: G	Learning Unit: 1	Apply Basic	computer operation
	Practical Description:	•	puter components, safety precautions, rkstation, Navigate operating systems, poting
Time:	9 Hours		
Equipment	Computer		
Tools	-		
PPE	-		
	Computer & mu	timedia, Pres	sentations on related topic, Handout on
Materials	related topic		
Key Point	Proper safety precautions regarding computer system are necessary for users.		
	Identify computer system components		
	Identify safety precautions associated with computer use		
	Maintain workstation, equipment and supplies		
Learning	Navigate operating systems and software programs		
Outcome:	Troubleshoot computer problems		
	Troubleshoot printer malfunction		
	Manipulate data/software/operating system		
	Use file management techniques		
Precautions:	Ensure to wear safety shoes and other safety equipment before starting this process		
Instructions			Illustrations

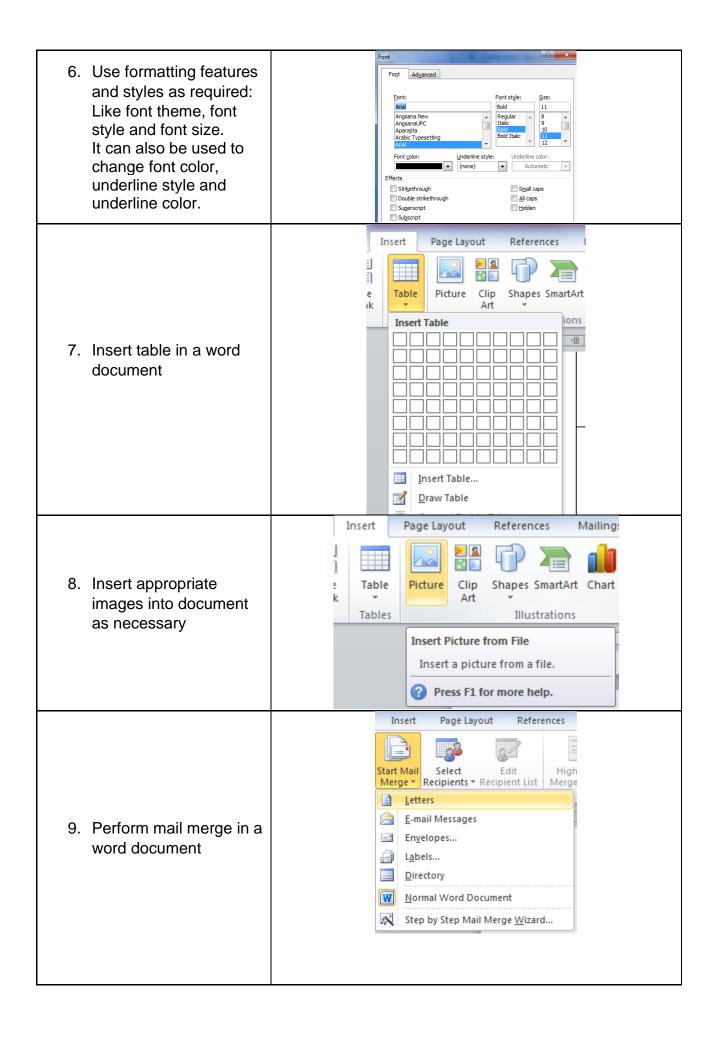






	Develop Computer Application Skills		
Module: G	Learning Unit: 2	Prepare Word document	
		Set up & describe about page in a word document,	
	Practical Description:	Customize basic settings to meet page layout conventions,	
	Description.	and overall setting of page	
Time:	9 Hours		
Equipment	-		
Tools	-		
PPE	-	ultimedia. Deconstations on valated taxis. Londout on valated taxis	
Materials	•	ultimedia, Presentations on related topic, Handout on related topic	
Key Point	Word docume brochures	nt can smoothly create all types of documents, flyers and	
Learning Outcome:	 Open word processing application to add data according to information requirements Set up page in a word document Edit word document as required Use simple formatting tools when creating the document Save word document to directory Customize basic settings to meet page layout conventions Use formatting features and styles as required Insert table in a word document 		
	Insert appropriate images into document as necessary		
		ail merge in a word document der/footer in a word document to incorporate necessary	
	Insert section break in a word document		
	 Set style in word document Select basic Print settings Print the document 		
Precautions:			
Inst	ructions	Illustrations	

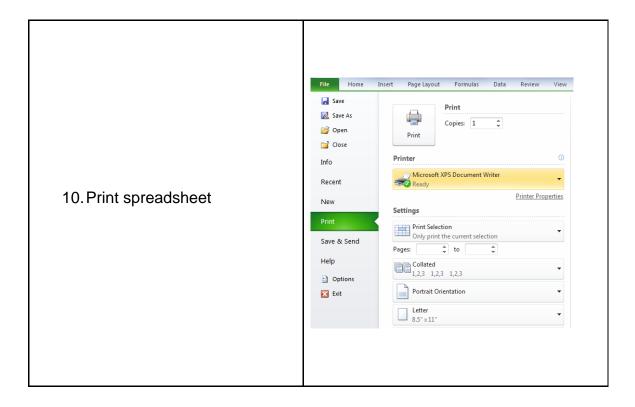
 Open word processing application to add data according to information requirements 	Woddlife Copen Edit Edit New Print Print Print Share with > Restore previous versions Send to Cut Cut Copy Create shortcut Delete Rename Properties Properties
2. Set up page in a word document. Edit word document as required	Page Setup Margins Paper Layout Paper size: Letter Width: 8.5" Width: 8.5" Width: 11" Paper source First page: Default tray (Automatically Select) Automatically Select Default tray (Automatically Select)
 Use simple formatting tools when creating the document 	Home Insert Page Layout References Mailings Cut Arial Image:
 Save word document to directory as "documents". The user can also change the file name. 	W Save As Save As Organize ▼ Image: Comparize ♥
5. Customize basic settings to meet page layout conventions	Insert Page Layout References Mailings Margins Orientation Size Columns Page Setup Page Setup Factors



10. Insert header/footer in a word document to incorporate necessary data	Header Footer Page * Number * Bank Imperiod Imperiod </td
11.Insert section break in a word document	Breaks Inder Page Breaks Page Mark the point at which one page ends and the next page begins. Mark the point at which one page ends and the next page begins. Image: Description Description Image: Description
12. Set style in word document; These are heading styles, are used step by step according to requirement.	AaBbCcDc AaBbCcCl AaBbCcDc AaBbCcCl AaBbCcCl I Normal I Normal 2 Body Text No Spacing I Table Pa Styles
13. Select basic Print settings: Install printer; check all the necessary setting, place papers in printer, then click the button print. Print the required document.	Save Save As Open Close Info Recent New Print Save & Send Help Image:

	Develop Computer Application Skills		
Module: G	Learning Unit: 3 Prepare spread sheet as per required informa		
	Practical Description:		
Time:	9 hours		
Equipment	Computer,		
Tools	-		
PPE	-		
Materials	-		
Key Point	Spread sheet is	s well-known for complicated calculations.	
	Create workbo	ook according to information requirements	
	Insert sheet a	ccording to information requirements	
	• Enter basic formulae / functions using cell referencing when required		
	Correct formulas when error messages occur		
Learning	Use a range of common tools during spreadsheet development		
Outcome:	 Edit columns and rows within the spreadsheet Filter data 		
	 Save the spreadsheet to a folder on a storage device 		
	 Format spreadsheet using formatting features as required 		
	 Incorporate of 	bject and chart in spreadsheet	
	Print spreadsheet		
Precautions:	Usage of Kerosene oil is prohibited in printing machine. It harms plate, roller, blanket and dampening system.		
Instructions	Instructions		
 Create workbook according to information requirements Insert sheet according to information requirements 		to 7	

 Enter basic formulae / functions using cell referencing when required Correct formulas when error messages occur 	D2 : O fx =SUM(A2 C2) A B C D 1 Number 1 Number 2 Number 3 Outcome 2 100 2 Image: Constraint of the state
 Use a range of common tools during spreadsheet development 	File Home Insert Page Layout Referen Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress Image: Second stress <
 Edit columns and rows within the spreadsheet Filter data 	A res A res B res <th< td=""></th<>
7. Save the spreadsheet to a folder on a storage device	2 Store Al Image: All and All an
 Format spreadsheet using formatting features as required 	Image: Second Construction Format Image: Second Construction Format Image: Second Construction Format Image: Second Construction Format Image: Second Construction Format Image: Second Construction Format Coolds. Bud and Meditad Bad Good Neutral Image: Second Construction Format Image: Second Construction Data and Model Construction Cinet Coll Explanatory Image: Second Coll Note Outgout: Warring Text United Coll Note Note These and Headings Heading 3 Heading 4 Title Total Themed Coll Styles 20% - Accent3 20% - Accent3 20% - Accent5 20% - Accent6 20% - Accent1 accent2 20% - Accent3 20% - Accent3 20% - Accent5 20% - Accent6 20% - Accent1 accent2 Accent3 Accent3 Accent3 Accent3 Accent3 Accent3
9. Incorporate object and chart	
in spreadsheet	Marksheet for the year 2019
	S.No Name Total numb Math English Urdu Compute Mark obt. 1 Asad 500 85 68 95 75 323
	2 Ali 500 88 84 75 48 295 3 Alian 500 45 75 79 68 267
	4 Afnan 500 74 88 84 75 321 5 Samad 500 84 47 58 95 284
	6 Saad 500 92 75 53 62 282 7 Yousuf 500 74 88 84 75 321
	600 ••••••••••••••••••••••••••••••••••••



	Develop Computer Application Skills		
Module: G	Learning Unit: 4	Prepare power point presentation	
	Practical Description:	Prepare presentation using all necessary elements and options	
Time:	9 hours		
Equipment	Computer, hando	uts, required Slides	
Tools	-		
PPE	-		
Materials	-		
Key Point	Keep your presentation simple. Power point uses slides with a horizontal or "Landscape" orientation.		
Learning Outcome:	 Create a simple design for a presentation Open blank presentation and add text / graphics Apply existing styles within a presentation Use presentation template and slides to create a presentation Use various tools to improve the look of the presentation Save presentation to the appropriate storage device and folder 		
Precautions:	To keep your audience from feeling overwhelmed, you should keep the text on each slide short and to the point.		
Instructions		Illustrations	

 Create a simple design for a presentation We can chose different built-in styles from here. 	Built-In Aa Aa
 Open blank presentation and add text / graphics When you click on create button, new blank presentation is opened. 	Blank presentation
 Apply existing styles within a presentation We can apply different sort of styles from Quick style button. 	Arrange Quick Styles V Shape Fill V Arrange Quick Styles V Shape Outline V Abc Abc Abc Abc Abc Abc Abc Abc Abc Abc Abc Abc Abc Abc Abc Abc Abc Abc

 4. Use presentation template and slides to create a presentation These are also called layout of slide, can be implemented according to requirement. 	Calibri (Headings; * 44 * A A New Slide * Section * B I U S abs AV AA* . Office Theme Title Slide Title and Content Section Header Title Slide Title and Content Section Header Title Only
 Use various tools to improve the look of the presentation Entrance, Emphasis & other various type of tools can be used to improve the look of presentation. 	EntranceAppearFadeFly InFloat InForw & TurnZoomSwivelBounceEmphasisColor PulseFeterSpinPulseColor PulseFeterSpinObject ColorComplemenLine ColorFill Color
 6. Save presentation to the appropriate storage device and folder. We can type the file name according to requirement and save it to the appropriate folder. 	P Save As Corganize Includes: Documents Disk (C:) Includes: Includes: Documents Disk (C:) Includes: Includes: Documents Name Date modified Type No items match your search. Includes: Includes:

	Develop Computer Application Skills		
Module: G	Learning Unit: 5	Perform email communication	
	Practical Description:	Interpret E-mail received, prepare E-Mail for vendor, and send E-mail to vendor enclosed with picture	
Time:	4 hours		
Equipment	Computer syste	em with internet availability	
Tools	-		
PPE	-		
	-		
Materials			
Key Point	I he quality of p	printing improves due to proper humidity levels	
Learning Outcome:	 Interpret E-mail received on personal E-mail address. Prepare E-Mail for vendor applying E-mail writing ethics Send E-mail to vendor enclosed with picture of print design 		
Precautions:			
Instructions		Illustrations	
 The email you received lastly will be shown as bold in your inbox. When the user clicks on email, it will be opened, you can read and reply to email as well. 		□ - C : □ Primary Social □ ☆ support@sbte.edu.pk, 2 Assessor's Orientation Meeting -	
2. The emails we did not read yet, these all are shown in inbox with bold highlighted headings and the number of unread email will be appeared in the extreme left column well.		 ■ M Gmail Compose ■ Inbox 87 ★ Starred ⑤ Snoozed 	

	Develop Computer Application Skills		
Module: G	Learning Unit: 5	Perform email communication	
	Practical Description:	Prepare E-Mail for vendor applying E-mail writing ethics & Send E-mail to vendor enclosed with picture of print	Э
Time:	5 hours		
Equipment	Computer system with Internet Availability		
Tools	-		
PPE	-		
Materials	-		
Key Point	Composing Email, Attaching Documents, Sending Email		
Learning Outcome: Precautions:	 Prepare E-Mail for vendor applying E-mail writing ethics Send E-mail to vendor enclosed with picture of print Keep the reliable Internet access 		
	Reep the reliab		
Instructions		Illustrations	
 Log in to your email account so that you are on the dashboard (fron page) of your mail account. Click Compose. Alternatively, you can reply to an email that you've received by double-clicking on it in your list of received emails, then following t same steps 		an at t in t in t in t in t in t in t in t i	

3. Once your new email is open, type your recipient's email address in the 'To' field. Then put a title for your email in the 'Subject' box and type your message	My new play ? × anne.hathaway@gmail.com My new play	
 Click on the paper clip icon at the bottom of the compose window. Browse through your Windows folders until you reach the document you want to attach to your email. Highlight this by clicking on it and then click Open. This will add the document as an attachment to your email. 	Select file(s) to upload by mail.google.com Look in: Desidop Samsung Support Center Short out 2.250 103 Sensung Support Center Short out 2.250 103	
 You can tell that your document has been attached to you email by its file name appearing in blue text at the bottom of the compose window. If you want to attach another document, click the paperclip icon again and repeat steps 4 and 5. 	Computer Network Retwork TeamViewer 7 Shortcut Sh	
 When you're ready to send your email, click Send. 	As you really do love it .doc (1460K) × Send <u>A</u> □ + Saved ■ ▼	

IMPLEMENTATION OF CBT PROGRAM

Entry Requirement:

Entry for assessment for this qualification is open for CNIC holders. However, entry in institute for formal Competency Based Training (CBT) in this qualification, the candidate must have Middle School Certificate (Preferable Matric).

Minimum qualification of trainer:

- a. Trainer must possess a diploma (DAE) or intermediate along with 5 years' experience in the field of Post Press Operations.
- b. Good communication and computer skills
- c. Trained for CBT implementation

Recommended trainer, trainee ratio

Institutional Training: 16~20 on Job Training (OJT): 1:4~8

Medium of instructions:

Local / Urdu / English (depending on the learner's understanding)

Proposed duration of Training;

Institutional Training: 04 Month

OJT: 02 Month

Scheme of work:

This curriculum comprises of 6 modules.

The recommended delivery time is: 500 hours/50 credit hours.

Delivery of the course can therefore be: 06 hours/working day, 5 days a week (for 04 months institution training)

07 hours a day (for 02 months OJT on average 22/26 working days a month).

Training providers are at liberty to develop other models of delivery, including part-time and evening delivery.

GENERAL INSTRUCTIONS FOR TRAINER/INSTRUCTOR

Following are some general instructions for Trainers/Instructors:

- 1. Instructor should perform the role of a facilitator and it is his/her responsibility to focus on the training of learners. He/she must be responsible to make the environment of class friendly, so that the learner can easily understand and ask the questions from the Trainer.
- 2. Motivate the learners to discuss the new ideas as under;
 - By asking questions
 - By using flash card/charts
 - By making the topic interesting through real stories/example
- 3. The theory/practical ratio must be considered as 20%/80%.
- 4. First provide knowledge and then perform practical demonstration.
- 5. Time management should be the first priority of Trainers as well as for learners
- 6. A detailed explanation should be conveyed to the learners by the Trainer about each learning unit.
- 7. After performing practical demonstration, allow the learners to do the same demonstration according to the given sequence and arrange essential requirements, so that each learner can easily perform the task individually or in group.
- 8. To enhancing the knowledge of learners, allow them for group discussion.
- 9. Learner will be divided into small groups by the Trainer.
- 10. Each group should present their practical job to the Instructor at the end of the session.
- 11. Specific time should be given for each competence.
- 12. Plan field trip/visit to relevant industries to enhance learner's interest and motivation.

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