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MICRO HYDRO POWER PLANT TECHNOLOGY

CBT Curriculum

National Vocational Certificate Level 3

Version 1 - July 2015

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1. Introduction

Today's 'World of Work' has undergone radical changes. The emergence of new technologies, global markets for products and services, and international competition require economies to upgrade and enhance the skill level of their human resources. Technical and Vocational Education and Training (TVET) systems all over the world are constantly challenged by this question of how to respond to the demand of a knowledge-based economy. As TVET systems and their training programmes directly relate to the world of work in terms of quantity and quality output, the approach of TVET programmes need to focus on the acquisition of technical and non-technical skills, also referred to employability skills.

With the release of the National Skills Strategy 2009-2013 the Pakistan government has made skills development a political priority. The framework for skills development aims to:

- > Change TVET education from time-bound, curriculum-based training to flexible, competency-based training;
- > Bring about a shift from supply-led training to demand-driven (outcome-based) skills development by promoting the role of industry in designing and delivering TVET.

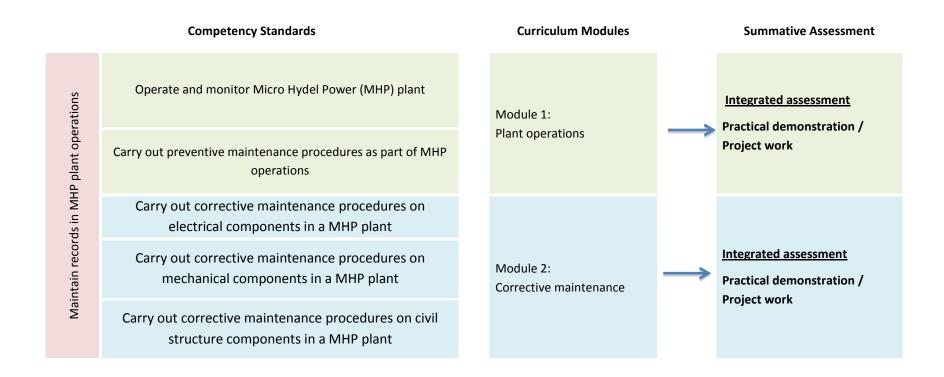
The curriculum for *Micro Hydel Power Plant operations (Operator) – Level 3* aims to respond to this demand. It has been developed as an outcome-based course designed to transfer a range of skills needed to succeed in a high-performance work environment, as defined by labour market requirements. Although the course design is aimed for further progression to the Micro Hydel Power Plant operations (Technician) - NVQF level 4 programme, it may also articulates horizontally and vertically with other training programmes at NVQF level 3 in a number of Electrical, Mechanical and/or Civil construction trade areas. People who wish to go this route are advised to seek Recognition of Prior Learning for their achievements.

1.1 Course objective

The overall objective of this course is to facilitate transferable skills to the trainees necessary to succeed in an ever-changing work environment. The modules delivered through this programme will provide knowledge and skills in mechanical, electrical and civil construction areas, required to accomplish a career in MHP operations.

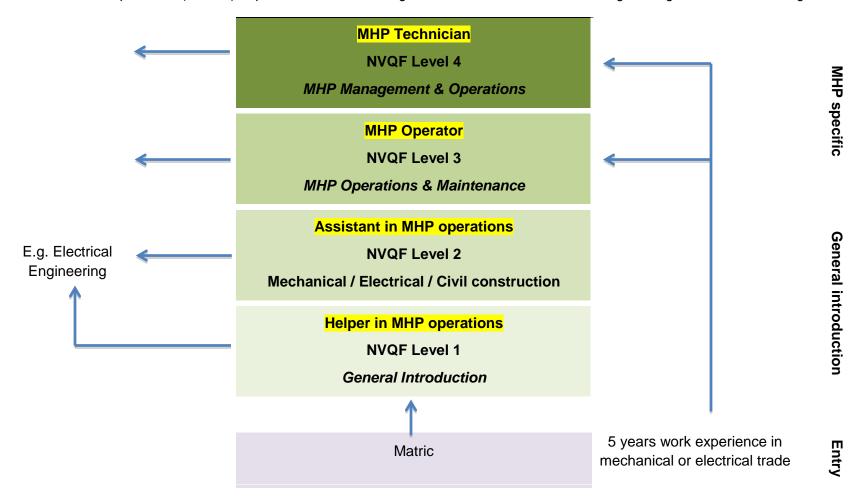
1.2 Course competencies

Curriculum modules (training input) are clusters of competencies expressed in learning units, learning outcomes, and learning elements. After successful completion of this course, the trainee has gained a range of competencies required to progress to the next NVQF level. The framework below reflects industry requirements expressed in competency standards (training output).



1.3 Job opportunities

The level 3 training course related to *MHP operations (Operator)* transfers employment skills and articulates with a number of other level 3 training programmes. Based on the design and flexible approach qualified trainees will find opportunities to continue their studies in MHP operations (Level 4) or persuade a career in e.g. Electrical, Mechanical or Civil Engineering as shown in the diagram below:



1.4 Trainee entry level

Individuals who wish to enter this course of study have to comply against the following criteria:

- > NVQF level 2 qualification in MHP operations, or equivalent;
- > Comfort level of English language and mathematics; (Read, write and speak English)
- > Satisfactory completion of appropriate admission assessment test/interview.

1.5 Trainer requirements

Trainers who wish to offer this programme should meet one of the following requirements:

- > B.Sc. Eng. and 2 years of relevant work experience; or
- > B-Tech and 4 years of relevant work experience; or
- > Diploma Associate Engineer (DAE) and 5 years relevant work experience; or
- > Certificate issued by authentic authority/body as Electrician with a minimum of 8 years relevant work experience

Trainers offering this programme must be computer literate and be conversant with the delivery of competency-based education and training (CBET). All legislative requirements applicable to carry out training and assessment, if any, must be complied with.

1.6 Teaching strategies in a competency-based environment

Training in a competency-based environment differs from the traditional method of training delivery. It is based on defined competency standards, which are industry oriented.

The traditional role of a trainer changes and shifts towards the facilitation of training. A facilitator in CBET encourages and assists trainees to learn for themselves. Trainees are likely to work in groups (pairs) and all doing something different. Some are doing practical tasks in the workshop, some writing, some not even in the classroom or workshop but in another part of the building using specialist equipment, working on computers doing research on the Internet or the library. As trainees learn at different pace they might well be at different stages in their learning, thus learning must be tailored to suit individual needs.

The following facilitation methods (teaching strategies) are generally employed in CBET programs:

- ➤ **Direct Instruction Method:** This might beeffective when introducing a new topic to a larger group of trainees in a relative short amount of time. In most cases this method relies on one-way communication, hence there are limited opportunities to get feedback on the trainee's understanding.
- ➤ **Discussion Method:** This allows trainees to actively participate in sharing knowledge and ideas. It will help the trainer to determine whether trainees understand the content of the topic. On the other hand, there is a possibility ofstraying offtopic under discussion and some trainees dominating otherson their views.
- > Small Group Method: Pairing trainees to help and learn from each other often results in faster knowledge/skill transfer than with the whole class. The physical arrangement of the classroom/workshop and individual assessment may be challenging.
- Problem Solving Method: This is avery popular teaching strategy for CBET. Trainees are challenged and are usually highly motivated when they gain new knowledge and skills by solvingproblems (Contingency skills). Trainees develop critical thinking skills and the ability to adapt to new learning situations (Transfer skills). It might be time consuming and because trainees sometimes work individually, they may not learn all the things that they are expected to learn.
- Research Method: This is used for workshops and laboratory tasks, field experiments, and case studies. It encourages trainees to investigate and find answers for themselves and to critically evaluate information. It however requires a lot of time and careful planning of research projects for the trainee.

1.7 Medium of instruction

Instructions will be provided in Urdu, local languages and/or English.

1.8 Sequence and delivery of the modules

The curriculum for *Micro Hydel Power Plant operations (Operator) – NVQF level 3*, consists of three (2) modules and should be delivered in the following sequence:

Module 1: Plant operations

Learning units within this module can be delivered interchangeably as stand-alone module or in a holistic approach

Module 2: Corrective maintenance

Learning units within this module can be delivered interchangeably as stand-alone module or in a holistic approach

All theoretical content related to the modules should be delivered, where possible, in an applied setting related to the *Micro Hydel Power Plant operations (Operator) – NVQF level 3* work environment.

2. Overview about the programme: Curriculum for MHP operations (Operator) – NVQF Level 3

Module Title and Aim	Learning Units	Theory ¹ hours	Workplace ² hours	Timeframe of modules
Module 1: Plant operations				
Aim:	LU-1:			
To provide trainees with the knowledge and skills to	Conduct pre-start checks			
safely operate and monitor an MHP plant, and	LU-2:		200	
perform routine maintenance.	Control and monitor plant operation	100		300
	LU-3:			
	Perform preventive maintenance operations			
Module 2: Corrective maintenance				
Aim:	LU-1:			
To provide trainees with the knowledge and skills to	Plan for corrective maintenance			
safely carry out corrective maintenance work required	LU-2:	60	140	200
in MHP operations.	Identification of fault and cause			
	LU-3:			
	Perform corrective maintenance			

¹Learning hours in training provider premises

²Training workshop, laboratory and on-the-job workplace

3. Curriculum Contents: Micro Hydel Power Plant operations (Operator) – NVQF level 3

Module 1:	Plant operations					
Objective of the Module:	On completion of this module the trainee will be able to demonstrate knowledge and skills according to the following competencies standards:					
	A: Operate and monit	tor Micro Hydel Power (MHP) բ	olant			
	E: Maintain records in	n MHP operations				
	F: Carry out preventive	ve maintenance procedures as	part of MHF	operations		
Duration:	Total: 300 hours	Theory:	100 hours	Practice:	200 hours	
Learning Unit	Learning Outcomes	Learning Elements	Duration (Hours)	Materials Required	Learning Place	
LU-1: Conduct pre-start checks This learning unit addresses competency standard(s): A - A1/2* E - E1/2* F - F2* * In absence of a national coding system, internal training provider codes are being used	1.1 Demonstrate safe workplace practices 1.2 Demonstrate daily plant and auxiliary equipment checks	 Hazard identification Safety signs, barricades and symbols Isolation, lockout and Tag-out Earthing methods PPE Material handling First aid procedures Evacuation procedures Fire safety, fire fighting procedures Storage and stacking of tools and equipment Transmission and distribution lines Line and pole damage Nearby tree branches 	Total 60 Theory 20 Practical 40	 Fire extinguisher Fire blanket Fire bucket Safety signage Personal protective equipment and clothing Hand tools Hand-held powered tools Measuring and calibration tools and equipment Teaching aids Flip charts Technical drawing equipment Computer (preferably with) 	Classroom Workplace	

Water reservoir level	internet access)	
Other obstacles	,	
Waterway facilities		
Structural damage		
Sand sedimentation in front of intake		
 Suspended trash at the screens 		
 Sand sedimentation in the setting basin and fore bay 		
 Water leakage or overflow 		
Turbine, generator/alternator, and controller		
 Visual inspection 		
Wear of brush		
Deformation or cracks		
Mechanical malfunction		
- sound		
- Alignment		
- vibration		
- temperature		
- oil leakage		
Insulation resistance of the		
circuit		

Learning Unit	Learning Outcomes	Learning Elements	Duration (Hours)	Materials Required	Learning Place
LU-2: Control and monitor plant operation This learning unit addresses competency standard(s): A - A2/3* E - E1/2* * In absence of a national coding system, internal training provider codes are being used	2.1 Demonstrate power plant operation	Safety and regulatory requirements Hazard identification Knowledge of plant components and auxiliary equipment Turbine (including RPM Max & Min for safe operation) Generator/Alternator Control system Water conveyance system Spillway gates Valves Instruments and gauges Water intake Adjustment procedure Monitoring procedure Common mechanical faults Water conveyance system Operation procedure Monitoring procedure Common mechanical faults Turbine, generator/ alternator, control system Operation procedure	Total 130 Theory 50 Practical 80	 Fire extinguisher Fire blanket Fire bucket Safety signage Personal protective equipment and clothing Hand tools Hand-held powered tools Measuring and calibration tools and equipment Teaching aids Flip charts Technical drawing equipment Computer (preferably with internet access) 	Classroom Workplace

	 Monitoring procedure 	
	 Common electrical faults 	
	Auxiliary equipment	
	 Operation procedure 	
	 Monitoring procedure 	
	Procedures for detecting deviations	
	 Corrective measures 	
2.2 Complete	Maintain log book and forms	
documentation	 Site recording, status of plant 	
	 Malfunctions, irregularities 	
	 Material requirements 	
	Storing and communicating information	
	 Storing and caring procedures 	
	 Incident reporting 	
	 Daily, Weekly and Monthly reporting 	
]		

Learning Unit	Learning Outcomes	Learning Elements	Duration (Hours)	Materials Required	Learning Place
LU-3: Perform preventive maintenance operation This learning unit addresses competency standard(s): F - F3* E - E1/2* * In absence of a national coding system, internal training provider codes are being used	3.2 Demonstrate procedures for preventive maintenance	 Hazard identification Safety signs, barricades and symbols Isolation, lockout and Tagout Earthing methods PPE Manual handling First aid procedures Evacuation procedures Fire safety, fire fighting procedures Storage and stacking of tools and equipment Maintenance procedures Preventive maintenance schedule chart check list Hazard identification Consequences of NOT performing preventive 	Total 110 Theory 30 Practical 80	 Fire extinguisher Fire blanket Fire bucket Safety signage Personal protective equipment and clothing Hand tools Hand-held powered tools Measuring and calibration tools and equipment Teaching aids Flip charts Technical drawing equipment Computer (preferably with internet access) 	Classroom Workplace

maintenance
Remove debris
Flush out sand sedimentation
Remove sand and rocks
Reduce water intake
Remove/Replace worn or faulty components
Documentation
Final quality inspection procedure
Housekeeping
Waste disposal
Care of tools and equipment
Work order

Module 2:	Corrective maintenance						
Objective of the Module:	On completion of this module the trainee will be able to demonstrate the following competencies according to industry standards and/or requirements: • B: Carry out corrective maintenance procedures on electrical components in a MHP plant • C: Carry out corrective maintenance procedures on mechanical components in a MHP plant • D: Carry out corrective maintenance procedures on civil structure components in a MHP plant • E: Maintain records in MHP operations						
Duration:	Total: 200 hours	Theory:	60 hours	Practice:	140 hours		
Learning Unit	Learning Outcomes	Learning Elements	Duration (Hours)	Materials Required	Learning Place		
LU-1: Plan for corrective maintenance This learning unit addresses competency standard(s): B - B1* C - C1* D - D1* * In absence of a national coding system, internal training provider codes are being used	1.1 Demonstrate safe workplace practices	 Hazard identification Safety signs, barricades and symbols Isolation, lockout, Tag-out Earthing methods PPE Material handling First aid procedures Evacuation procedures Fire safety, fire fighting procedures Storage and stacking of tools and equipment 	Total 35 Theory 15 Practical 20	 Fire extinguisher Fire blanket Fire bucket Safety signage Personal protective equipment and clothing Hand tools Hand-held powered tools Measuring and calibration tools and equipment Testing equipment 	• Classroom • Workplace		
	1.2 Interpret electrical/mechanical/ civil structure component specifications	Drawings and symbol specifications • Sketches • Engineering drawings		Teaching aidsFlip chartsTechnical drawing equipment			

line typesprojection techniquesdimensions	Computer (preferably with internet access)	
- sections - symbols		
Use and calibration of tools and equipment		
hand toolshand-held powered		

Learning Unit	Learning Outcomes	Learning Elements	Duration (Hours)	Materials Required	Learning Place
LU-2: Identification of fault and cause This learning unit addresses competency standard(s): B - B2* C - C2* D - D2* * In absence of a national coding system, internal training provider codes are being used	2.1 Demonstrate safe assessment/ diagnostic procedures 2.2 Identification of Civil issues	Hazard identification Visual inspection, testing Mechanical components Turbine Drive system Gearbox Belt, pulley Chain and sprocket Mechanical load controller Electrical components Generator/Alternator Control panel Electronic load controller Power transformer Transmission and distribution lines Civil structure components Weir and intake Channel Settling basin Spillways Fore bay tank Penstock Other components	Total 55 Theory 15 Practical 40	 Fire extinguisher Fire blanket Fire bucket Safety signage Personal protective equipment and clothing Hand tools Hand-held powered tools Measuring and calibration tools and equipment Testing equipment Teaching aids Flip charts Technical drawing equipment Computer (preferably with internet access) 	Classroom Workplace

2.2 Assess deviations and/or faulty components	Condition assessment / fault identification procedure • Mechanical components		
2.3 Implement fault	 Electrical components 		
identification procedure	 Civil structure components 		

Learning Unit	Learning Outcomes	Learning Elements	Duration (Hours)	Materials Required	Learning Place
LU-3: Perform corrective maintenance This learning unit addresses competency standard(s): B - B3/4* C - C3/4* D - D3/4* E - E1/2*	3.1 Demonstrate safe workplace practices	 Hazard identification Safety signs, barricades and symbols Isolation and lockout Earthing methods PPE Material handling First aid procedures Evacuation procedures Fire safety, fire fighting Storage and stacking of tools and equipment 	Total 110 Theory 30 Practical 80	 Fire extinguisher Fire blanket Fire bucket Safety signage Personal protective equipment and clothing Hand tools Hand-held powered tools Measuring and calibration tools and equipment 	Classroom Workplace
coding system, internal training provider codes are being used	3.2 Dismantle/Remove/ Repair / Fix/ Amend/ Build component	Dismantle/Remove/ Repair / Fix/Amend/Build procedures • Mechanical components • Electrical components • Civil structure components		 Testing equipment Teaching aids Flip charts Technical drawing equipment Computer 	
	3.3 Carry out post-repair testing 3.4 Complete work	Procedures for post-repair testing Documentation (Final) Final quality inspection Housekeeping • Waste disposal • Tet Run ***** • Care of tools & equipment		(preferably with internet access)	

4. Assessment guidance

Competency-based assessment is the process of gathering evidence to confirm the candidate's ability to perform according to specified outcomes articulated in the competency standard(s).

4.1 Types of assessment

a) Sessional assessment

The goal ofsessional assessment is to monitor student progress in order to provide constant feedback. This feedback can be used by the trainers to improve their teaching and by learners to improve their learning.

More specifically, sessional assessments Help learners to identify their strengths and weaknesses and Help trainers to recognize where learners are struggling and address problems immediately

Examples of sessional assessments include:

- Observations
- Presentations
- Activity sheets
- Project work
- Oral questions

b) Summative (final) assessment

The goal of summative (final) assessment is to evaluate learning progress at the end of a training programme by comparing it against, e.g. set of competency standards.

Examples of summative assessments include:

- Direct observation of work activities
- Final project
- Written questions

4.2 Principles of assessment

When conducting assessment or developing assessment tools, trainers/assessors need to ensure that the following principles of assessment are met:

Validity

➤ Indicates if the assessment outcome is supported by evidence. The assessment outcome is valid if the assessment methods and materials reflect the critical aspects of evidence required by the competency standards (Competency units, performance criteria, knowledge and understanding).

Reliability

➤ Indicates the level of consistency and accuracy of the assessment outcomes. The assessment is reliable if the assessment outcome will produce the same result for learners with equal competence at different times or places, regardless of the trainer or assessor conducting the assessment.

Flexibility

Indicates the opportunity for learners to discuss certain aspects of their assessment with their trainer or assessor, such as scheduling the assessment. All learners should be made aware of the purpose of assessment, the assessment criteria, the methods and tools used, and the context and proposed timing of the assessment well in advance. This can be achieved by drawing up a plan for assessment.

Fair assessment

Fair assessment does not advantage or disadvantage particular learners because of status, race, beliefs, culture and/or gender. This also means that assessment methods may need to be adjusted for learners with disabilities or cultural differences. An assessment should not place unnecessary demands on learners that may prevent them from demonstrating competence.

4.3 Assessment template – Sessional and Summative assessment

Module 1: Plant operations

Learning Units	Recommende	d form of assessment
	Sessional	Summative
LU-1: Conduct pre-start checks		Integrated assessment:
This learning unit addresses competency standard(s): $A - A1/2^*; E - E1/2^*; F - F2^*$		Practical demonstration/
* In absence of a national coding system, internal training provider codes are being used		Project work on plant operation to include:
LU-2: Control and monitor plant operation		a) Pre-start checks
This learning unit addresses competency standard(s): A – A2/3*; E – E1/2* * In absence of a national coding system, internal training provider codes are being used LU-3: Perform preventive maintenance operation This learning unit addresses competency standard(s):	 Observation Activity sheets Simulation Oral and written questions Demonstration 	b) Controlling and monitoring operation c) Preventive maintenance
F – F3*; E – E1/2* * In absence of a national coding system, internal training provider codes are being used	• Demonstration	The assessment tasks have to include aspects of
		health and safety, use of tools, knowledge of MHP components, and documentation

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Module 2: Corrective maintenance

Learning Units	Recommended form of assessment	
	Sessional	Summative
LU-1: Plan for corrective maintenance This learning unit addresses competency standard(s): B - B1*; C - C1*; D - D1* * In absence of a national coding system, internal training provider codes are being used LU-2: Perform troubleshooting This learning unit addresses competency standard(s): B - B2*; C - C2*; D - D2*	ObservationActivity sheets	Integrated assessment: Practical demonstration/ Project work on plant operation to include: a) Pre-start checks b) Troubleshooting
* In absence of a national coding system, internal training provider codes are being used LU-3: Perform corrective maintenance This learning unit addresses competency standard(s): B - B3/4*; C - C3/4*; D - D3/4*; E - E1/2* * In absence of a national coding system, internal training provider codes are being used	Role play Oral and written questions	c) Preventive maintenance The assessment tasks have to include aspects of health and safety, use of tools, knowledge of MHP components, and documentation

5. List of Tools, Machinery & Equipment

Occupational title Micro Hydel Power Plant operation		Micro Hydel Power Plant operations (Operator) – Level 3	
[Duration 6 months		
Sr. No.		Name of Item/ Equipment / Tools	Quantity
		Mechanical	
1.	7 pieces screwd	Iriver set	
2.	Adjustable wren	nch set	
3.	Allen Keys Set		
4.	Aluminum Spirit	Level (leveling instrument)	
5.	Bastard File with	n wood handle (Flat)	
6.	Bastard File with	n wood handle (Round)	
7.	Bench Vice		
8.	Bench Workstation		
9.	Chisel		
10.	Clamp Meter		
11.	Claw hammer with wood handle		
12.	Combination Pliers		
13.	Crimping Tool		
14.	Hack Saw with I	Blades	
15.	Hand Drill [1/8"	– 1/8"]	
16.	Hand Grease G	un	

17.	Hand Grinding Machine	
18.	Hot Air Blower	
19.	Measuring tape	
20.	Micro Meter [Screw Gauge]	
21.	Nose Plier	
22.	Oil Can	
23.	Pedestal Drill	
24.	Pen Grinder	
25.	Pipe Wrench [18" & 24"]	
26.	Portable Welding Plant [100 – 300 Amperes]	
27.	Puller	
28.	Punch Set	
29.	Retched Block with Grip	
30.	Screw Driver Set (-)[6"-18"]	
31.	Screw Driver Set (+) [6"-18"]	
32.	Side Cutting Plier	
33.	Spanner Set (Open)	
34.	Spanner Set (Ring)	
35.	Stainless Steel Slogging Ring Spanner	
36.	Thread Gauge	
37.	Tong/Monkey Plier	
38.	Vernier Calliper	

39.	Wheel Grinder	
40.	Wire Gauge	
41.	Welding Plant	
	Electrical	
1.	Clamp Meter	
2.	Combination Plier	
3.	Earth Tester	
4.	Line Tester	
5.	Megger	
6.	Multi Meter	
7.	Nose Plier	
8.	Pin Plier	
9.	Screw Driver Set	
10.	Side Cutter	
	Safety Tools	
1.	Fire Extinguisher	
2.	First Aid Box	
3.	Hand Gloves	
4.	Hard top Hat	
5.	Mask	
6.	Overall combination [Dress]	
7.	Safety Belt	

8.	Safety Goggles
9.	Steel Toe Shoes
	EQUIPMENT
	Civil
1.	Air Vent Pipe
2.	Bell Mouth
3.	Control Gates
4.	Control Valves
5.	Expansion Joint
6.	Flanges
7.	Flushing Gates
8.	Flushing Pipe
9.	Penstock
10.	Reducer
11.	Rubber Seal
12.	Trash Rack
	Electrical
1.	Ballast Tank with Heaters
2.	Binding wire
3.	Cable Shoe
4.	Channel Iron
5.	Conductors

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6.	D-Iron Set	
7.	Disc Insulator [With Tension Set]	
8.	Earth Wire	
9.	Earthing Plate	
10.	Electrical Panels	
11.	Electronic Load Controller	
12.	Energy Meter	
13.	Generator[Brushed and Brush-less]	
14.	Metal Clad Main Switch	
15.	Pin Insulator	
16.	Pole	
17.	Power Cable	
18.	Pressure Transducer	
19.	Shackle Insulator	
20.	Stay Insulator	
21.	Stay Plate	
22.	Stay Rod	
23.	Stay Wire	
24.	Thimble	
25.	Transformer	
26.	Turn Buckle	
27.	Ultra Sonic Flow Meter	

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	Mechanical		
1.	Angle Iron [Cross Arm]		
2.	Butterfly Valve		
3.	Coupling [Flexible/Rigid]		
4.	Crossflow Turbine		
5.	Flat Belt		
6.	Flat Pulleys		
7.	Fly Wheel		
8.	Francis Turbine		
9.	Gate Valve		
10.	Gear Box		
11.	Governor		
12.	Hydraulic Jack		
13.	Operating Rod		
14.	Pelton Turbine		
15.	Propeller/Kaplan Turbine		
16.	Single Phase Variac [Auto Transformer]		
17.	Tachometer		
18.	V Belt		
19.	V-Pulleys		

6. List of Consumable Supplies

Occ	Occupational title Micro Hydel Power Plant operations (Operator) – Level 3		
	Duration	6 months	
Sr. No.		Name of Consumable Supplies	Quantity
1.	Notepad		
2.	Ball pens		
3.	Pencils		
4.	Erasers		
5.	Sharpeners		
6.	White board marker	s in different colours	
7.	Stapler		
8.	Paper punch		
9.	Ruler		
10.	Compass		

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