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MICRO HYDRO POWER PLANT TECHNOLOGY

CBT Curriculum

National Vocational Certificate Level 2 Version 1 - July 2015















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1. Introduction

Today's 'World of Work' has undergone radical changes. The emergence of new technologies, global markets for products and services, and international competition require economies to upgrade and enhance the skill level of their human resources. Technical and Vocational Education and Training (TVET) systems all over the world are constantly challenged by this question of how to respond to the demand of a knowledge-based economy. As TVET systems and their training programmes directly relate to the world of work in terms of quantity and quality output, the approach of TVET programmes need to focus on the acquisition of technical and non-technical skills, also referred to employability skills.

With the release of the National Skills Strategy 2009-2013 the Pakistan government has made skills development a political priority. The framework for skills development aims to:

- > Change TVET education from time-bound, curriculum-based training to flexible, competency-based training;
- Bring about a shift from supply-led training to demand-driven (outcome-based) skills development by promoting the role of industry in designing and delivering TVET.

The curriculum for *Micro Hydel Power Plant operations (Assistant) – Level 2* aims to respond to this demand. It has been developed as an outcome-based course designed to transfer a range of skills needed to succeed in a high-performance work environment, as defined by labour market requirements. Although the course design is aimed for further progression to the Micro Hydel Power Plant operations (Operator) - NVQF level 3 programme, it seamlessly articulates horizontally and vertically with other training programmes at NVQF level 2 in a number of Electrical trade areas. People who wish to go this route are advised to seek Recognition of Prior Learning for their achievements.

1.1 Course objective

The overall objective of this course is to facilitate transferable skills to the trainees necessary to succeed in an ever-changing work environment. The modules delivered through this programme will provide basic knowledge and skills in mechanical, electrical and civil construction areas, required to accomplish a career in MHP operations.

1.2 Course competencies

Curriculum modules (training input) are clusters of competencies expressed in learning units, learning outcomes, and learning elements. After successful completion of this course, the trainee has gained a range of competencies required to progress to the next NVQF level. The framework below reflects industry requirements expressed in competency standards (training output).

				Competer	icy Standards	Curriculum Modules	Summative Assessment
afety	i related to Micro rations	and-held powered int	nce on machinery, ucture	lydel Power Plant	Perform basic metal processing operations using hand-held power tools Assemble and install machines and mechanical components Perform welding at introductory level	Module 1: Mechanical operations	 Integrated assessment Practical demonstration / Project work
Maintain workplace s	plan for career options 4ydel Power Plant ope	ntain hand tools and h tools and equipme	leral routine maintenal equipment and infrastr	knowledge of Micro H operations	Test electrical machines and mechanical components Install single and three-phase wiring Monitor constant electricity supply under supervision	Module 2: Electrical operations	 Integrated assessment Practical demonstration / Project work
	duce a	and mai	orm ger	oly basic	Perform basic bricklaying and plastering operations	Module 3:	Integrated assessment
	Prc	Use	Perf	Apt	Perform basic concreting operations	operation	 / Project work

1.3 Job opportunities

The level 2 training course related to *MHP operations (Assistant)* transfers employment skills and articulates with a number of other level 2 training programmes. Based on the design and flexible approach qualified trainees will find opportunities to continue their studies in MHP operations (Level 3) or persuade a career in e.g. Electrical Engineering as shown in the diagram below:



1.4 Trainee entry level

Individuals who wish to enter this course of study have to comply against the following criteria:

- > NVQF level 1 qualification in MHP operations, or equivalent;
- Comfort level of English language and mathematics;
- > Satisfactory completion of appropriate admission assessment test/interview.

1.5 Trainer requirements

Trainers who wish to offer this programme should meet one of the following requirements:

- > B.Sc. Eng. and 2 years of relevant work experience; or
- > B-Tech and 4 years of relevant work experience; or
- > Diploma Associate Engineer (DAE) and 5 years relevant work experience; or
- > Certificate issued by authentic authority/body as Electrician with a minimum of 5 years relevant work experience

Trainers offering this programme must be computer literate and be conversant with the delivery of competency-based education and training (CBET). All legislative requirements applicable to carry out training and assessment, if any, must be complied with.

1.6 Teaching strategies in a competency-based environment

Training in a competency-based environment differs from the traditional method of training delivery. It is based on defined competency standards, which are industry oriented.

The traditional role of a trainer changes and shifts towards the facilitation of training. A facilitator in CBET encourages and assists trainees to learn for themselves. Trainees are likely to work in groups (pairs) and all doing something different. Some are doing practical tasks in the workshop, some writing, some not even in the classroom or workshop but in another part of the building using specialist equipment, working on computers doing research on the Internet or the library. As trainees learn at different pace they might well be at different stages in their learning, thus learning must betailored to suit individual needs.

The following facilitation methods (teaching strategies) are generally employed in CBET programmes:

- Direct Instruction Method: This might be effective when introducing a new topic to a larger group of trainees in a relative short amount of time. In most cases this method relies on one-way communication, hence there are limited opportunities to get feedback on the trainee's understanding.
- Discussion Method: This allows trainees to actively participate in sharing knowledge and ideas. It will help the trainer to determine whether trainees understand the content of the topic. On the other hand, there is a possibility ofstraying offtopic under discussion and some trainees dominating otherson their views.
- Small Group Method: Pairing trainees to help and learn from each other often results in faster knowledge/skill transfer than with the whole class. The physical arrangement of the classroom/workshop and individual assessment may be challenging.
- Problem Solving Method: This is avery popular teaching strategy for CBET. Trainees are challenged and are usually highly motivated when they gain new knowledge and skills by solvingproblems (Contingency skills). Trainees develop critical thinking skills and the ability to adapt to new learning situations (Transfer skills). It might be time consuming and because trainees sometimes work individually, they may not learn all the things that they are expected to learn.
- Research Method: This is used for workshops and laboratory tasks, field experiments, and case studies. It encourages trainees to investigate and find answers for themselves and to critically evaluate information. It however requires a lot of time and careful planning of research projects for the trainee.

1.7 Medium of instruction

Instructions will be provided in Urdu, local languages and/or English.

1.8 Sequence and delivery of the modules

The curriculum for *Micro Hydel Power Plant operations (Assistant) – NVQF level 2*, consists of three (3) modules and should be delivered in the following sequence:

Module 1: Mechanical operations

Learning units within this module can be delivered interchangeably as stand-alone module or in a holistic approach

Module 2: Electrical operations

Learning units within this module can be delivered interchangeably as stand-alone module or in a holistic approach

Module 3: Civil construction operations

Learning units within this module can be delivered interchangeably as stand-alone module or in a holistic approach

All theoretical content related to the modules should be delivered, where possible, in an applied setting related to the *Micro Hydel Power Plant operations (Assistant) – NVQF level 2* work environment.

2. Overview about the programme: Curriculum for MHP operations (Assistant) – NVQF Level 2

Module Title and Aim	Learning Units	Theory ¹ hours	Workplace ² hours	Timeframe of modules
Module 1: Mechanical operations Aim: To provide trainees with the knowledge and skills to safely carry out basic mechanical operations required in an MHP work environment	LU-1: Inspect and maintain turbines LU-2: Inspect and maintain drive systems LU-3: Inspect and maintain mechanical speed governors LU-4: Inspect and maintain valves and gauges LU-5: Perform welding and metal	hours 100	400	of modules
	processing			

¹Learning hours in training provider premises

²Training workshop, laboratory and on-the-job workplace

Module 2: Electrical operations Aim: To provide trainees with the knowledge and skills to safely carry out basic electrical operations required in an MHP work environment	LU-1: Inspect and maintain generators/alternators LU-2: Inspect and maintain electronic load controllers LU-3: Inspect and maintain power transformers LU-4: Inspect and maintain transmission and distribution lines LU-5: Perform wiring	120	300	420
Module 3: Civil construction operations Aim: To provide trainees with the knowledge and skills to safely carry out basic civil construction operations required in an MHP work environment	LU-1: Perform maintenance on infrastructure LU-2: Perform brick and concrete work LU-3: Produce plan for career	80	200	280

3. Curriculum Contents: Micro Hydel Power Plant operations (Assistant) – NVQF level 2

Module 1:	Mechanical operations				
Objective of the Module:	On completion of this module following competencies stand	the trainee will be able to den lards:	nonstrate kn	owledge and skills acco	ding to the
	A: Maintain workplace	e safety			
	C: Perform general ro	utine maintenance on machine	ery, equipme	ent and infrastructure	
	D: Perform welding at	introductory level			
	• E: Perform basic meta	al processing operations using	hand-held p	owered tools	
	• F: Assemble and insta	all machines and mechanical c	components		
	G: Use and maintain	hand tools and hand-held pow	ered tools a	nd equipment	
	I: Apply basic knowle	edge of Micro Hydel Power Pla	ant operation	IS	
Duration:	Total: 500 hours	Theory:	100 hours	Practice:	400 hours
Learning Unit	Learning Outcomes	Learning Elements	Duration (Hours)	Materials Required	Learning Place
LU-1:	1.1 Perform safe	 Hazard identification 	Total	 Fire extinguisher 	Classroom
Inspect and	workplace practices	 Safety signs, barricades 	155	Fire blanket	 Workplace
maintain turbines		and symbols	Theory	 Fire bucket 	-
This learning unit		 Isolation and lockout 	25	 Safety signage 	
addresses competency		• PPE	Practical	 Personal protective 	
standard(s): $A = A1/2/3^*$		 operate turbine manually 	130	equipment and	
C – C1/2/3/4*		 First aid procedures 		clothing	
F-F1/2/3/4*		 Evacuation procedures 		Hand tools	
G – G2/4* I – I2*		 Fire safety, fire fighting procedures 		Hand-heid powered tools	
* In absence of a national coding system, internal training provider codes are being used		 Storage and stacking of tools and equipment 		 Measuring tools and equipment 	

1.2 Describe different types of turbines	Impulse turbines • Pelton Wheel • Turgo • Cross-flow • Multi-jet Pelton Reaction turbines • Francis • Propeller • Kaplan	 Teaching aids Flip charts Technical drawing equipment Computer (preferably with internet access) 	
1.3 Conduct routine inspection and maintenance procedure	Safety and regulatory requirements • Hazard identification Drawings and symbol specifications • Sketches • Engineering drawings - line types - projection techniques - dimensions - sections - sections - symbols Use and adjustment of tools and equipment • hand tools • hand-held powered		

	Common turbine faults	
	Measurement and adjustment procedures	
	Maintenance procedure for turbines	
	Documentation	
	 Maintenance report 	
1.4 Perform turbine assembling and	Assembling and installation requirements	
installing procedures	Hazards	
	 Tools and equipment 	
	Procedures for assembling and installing	
	Pre-commission procedure	
	 Reporting 	
1.5 Adopt testing procedures	Functional test and adjustments	
	 Hazards 	
	Permit closing	
	Methods of turbine testing	
	Documentation (Final)	
	Final quality inspection procedure	
	Housekeeping	
	 Waste disposal 	
	 Care of tools and equipment 	

Learning Unit Learning	J Outcomes	Learning Elements	Duration (Hours)	Materials Required	Learning Place
LU-2: Inspect and maintain drive systems2.1 Apply practionThis learning unit addresses competency standard(s): 	ribe drive systems uxiliary onents	 Hazard identification Safety signs, barricades and symbols Isolation and lockout PPE First aid procedures Evacuation procedures Fire safety, fire fighting procedures Storage and stacking of tools and equipment Drive system and auxiliary components, e.g.: Belts Levers Bearings Shafts Chains and sprockets gearbox Pulleys Fasteners 	Total 155 Theory 25 Practical 130	 Fire extinguisher Fire blanket Fire bucket Safety signage Personal protective equipment and clothing Hand tools Hand-held powered tools Measuring tools and equipment Teaching aids Flip charts Technical drawing equipment Computer (preferably with internet access) 	• Classroom • Workplace

2.3 Carry out routine inspection and maintenance procedure	Safety and regulatory requirements • Hazard identification Drawings and symbol specifications • Sketches • Engineering drawings - line types - projection techniques - dimensions - sections - sections - symbols Use and adjustment of tools and equipment • hand tools • hand-held powered Common drive system faults Measurement and adjustment methods Maintenance procedure for drive systems Documentation • Maintenance report		
assembling and installing procedures	requirementsHazards		

	Tools and equipment Procedures for assembling and installing Pre-commission procedure Reporting
2.5 Apply testing procedures	Functional test and adjustments
	Hazards
	Methods of drive system testing
	Documentation (Final)
	Final quality inspection procedure
	Housekeeping
	Waste disposal
	 Care of tools and equipment

Learning Unit	Learning Outcomes	Learning Elements	Duration (Hours)	Materials Required	Learning Place
LU-3: Inspect and maintain mechanical speed governors This learning unit addresses competency standard(s): $A - A1/2/3^*$ $C - C1/2/3/4^*$ $F - F1/2/3/4^*$ $G - G2/4^*$ $I - I2^*$ * In absence of a national coding system, internal training provider codes are being used	 3.1 Perform safe workplace practices 3.2 Describe purpose of mechanical speed governors 3.3 Carryout routine inspection and maintenance procedure 	 Hazard identification Safety signs, barricades and symbols Isolation and lockout PPE First aid procedures Evacuation procedures Fire safety, fire fighting procedures Storage and stacking of tools and equipment Mechanical speed governors stabilise voltage output stabilise frequency Safety and regulatory requirements Hazard identification Drawings and symbol specifications Sketches Engineering drawings 	Total 70 Theory 20 Practical 50	 Fire extinguisher Fire blanket Fire bucket Safety signage Personal protective equipment and clothing Hand tools Hand-held powered tools Measuring tools and equipment Teaching aids Flip charts Technical drawing equipment Computer (preferably with internet access) 	• Classroom • Workplace

		Т
	Use and adjustment of tools and equipment	
	hand tools	
	 hand-held powered 	
	Common speed governor faults	
	Measurement and adjustment procedures	
	Maintenance procedure for speed governor	
	Documentation	
	 Maintenance report 	
3.4-Apply drive system assembling and	Assembling and installation requirements	
installing procedures	Hazards	
	 Tools and equipment 	
	Procedures for assembling and installing	
	Pre-commission procedure	
	Reporting	

3.5 Apply testing procedures	Functional test /adjustments Hazards 		
	Permit closing Procedures for speed governor testing		
	Documentation (Final)		
	Final quality inspection procedure		
	Housekeeping		
	 Waste disposal 		
	Care of tools and equipment		

LU-4: Inspect and maintain valves and gauges4.1 Apply safe workplace practices• Hazard identificationTotal • Safety signs, barricades and symbols• Fire extinguisher • Fire blanket• Classroor • Workplace • WorkplaceThis learning unit addresses competency standard(s): A - A1/2/3*• Hazard identification • Isolation and lockout • PPE • First aid procedures • Evacuation procedures • Storage and stacking of tools and equipment• Fire extinguisher • Fire blanket • Fire bucket • Safety signage • Personal protective equipment and clothing • Hand tools • Hand tools • Hazard identification4.2 Identify types of valves a - G2/4* I - I2*4.2 Identify types of valves and gaugesTypes of valves may include but are not limited to: • Industrial valve • Ball valve • Gate valve • Flow control valve Types of gauges may include but are not limited to: • Commercial pressure• Measuring tools and equipment • Computer (preferably with internet access)
gauge • Industrial pressure gauge

	4.3 Perform routine inspection and maintenance procedure	Safety and regulatory requirements • Hazard identification Drawings and symbol specifications • Sketches Engineering drawings Use and adjustment of tools and equipment • hand tools • hand-held powered Common valvo/gaugo faulto	
		Measurement and adjustment procedures Maintenance procedure for valves/gauges Documentation • Maintenance report	
	4.4 Perform valve assembling and installing procedures	Assembling and installation requirements • Hazards • Tools and equipment Procedures for assembling and installing Pre-commission procedure Reporting	
	4.5 Demonstrate testing procedures of valves and gauges	Functional test /adjustments Hazards Permit closing Procedures for valve testing 	

	Procedures for gauge testing		
	Documentation (Final)		
	Final quality inspection procedure		
	Housekeeping		
	 Waste disposal 		
	Care of tools and equipment		

Learning Unit	Learning Outcomes	Learning Elements	Duration (Hours)	Materials Required	Learning Place
LU-5: Perform welding and metal processing This learning unit addresses competency standard(s): $A = A1/2/3^*$ $D = D1/2/3^*$ $E = E1/2/3/4^*$ $G = G2/4^*$ * In absence of a national coding system, internal training provider codes are being used	 5.1 Perform safe workplace practices 5.2 Describe different welding processes 	 Hazard identification Safety signs, barricades and symbols Isolation and lockout PPE Material handling First aid procedures Safty Precautions Fire safety, fire fighting procedures Storage and stacking of tools and equipment Welding processes Gas welding Manual Metal Arc Welding TIG welding MIG/MAG welding Tools and equipment Connections Hose Regulator Torch Cables Gas cylinder Cable insulation 	Total 55 Theory 15 Practical 40	 Fire extinguisher Fire blanket Fire bucket Safety signage Personal protective equipment and clothing Hand tools Hand-held powered tools Welding equipment Teaching aids Flip charts Technical drawing equipment Computer (preferably with internet access) 	• Classroom • Workplace

5.3 Demonstrate welding procedures	 Filler metals Welding rods Welding wire Welding PPE Welding safety Electric shock Burns Fumes Noise Hard/hot particles Dust Interpret drawings and symbol specifications Sketches 		
	Interpret drawings and symbol specifications • Sketches Engineering drawings Welding procedures • Factors affecting quality weld Defective weld identification		

	5.4 Perform grinding and	Safety procedures		
	drilling operations			
	drining operations	Hazards		
	 Tools and equipment 			
	Types of grinding/cutting disks			
	 Application 			
		 Metal types and properties 		
		 Grinding procedures 		
		Drilling		
		 Types of drills 		
		 Accessories 		
		 Lubricants 		
		 Accessories 		
		 Drill speed and feed 		
	 Drilling procedures 			
	Housekeeping			
		 Waste disposal 		
		 Care and storage of tools and equipment 		

Module 2:	Electrical operations				
Objective of the Module:	On completion of this module industry standards and/or rec	e the trainee will be able to den quirements:	nonstrate the	e following competencies	s according to
	A: Maintain workplace	e safety			
	C: Perform general m	aintenance on machinery, equ	ipment and	infrastructure	
	G: Use and maintain	hand tools and hand-held pow	ered tools a	nd equipment	
	H: Test electrical mac	hines and mechanical compor	nents		
	I: Apply basic knowle	dge of Micro Hydel Power Pla	nt operation	S	
	 L: Install single and th 	ree-phase wiring			
	M: Monitor constant e	electricity supply under supervise	sion		
Duration:	Total: 420 hours	Theory:	120 hours	Practice:	300 hours
Learning Unit	Learning Outcomes	Learning Elements	Duration (Hours)	Materials Required	Learning Place
LU-1:	1.1 Apply safe workplace	 Hazard identification 	Total	Fire extinguisher	Classroom
Inspect and	practices	 Safety signs, barricades 	170	Fire blanket	 Workplace
maintain		and symbols	Theory	 Fire bucket 	
generator/alternator		 Isolation and lockout 	30	 Safety signage 	
This learning unit		 Earthing methods 	Practical	 Personal protective 	
standard(s):		• PPE	140	equipment and	
A – A1/2/3*		 Manual handling 			
C – 1/2/3/4*		 First aid procedures 		Hand tools	
G – G 1/4*		 Evacuation procedures 		 Hand-heid powered tools 	
H – H1/2/3*		 Fire safety, fire fighting 		Measuring and	
* In absence of a national		procedures		calibration tools	
coding system, internal		 Storage and stacking of tools and equipment 		and equipment	
training provider codes are being used				 Testing equipment 	

 1.2 Describe different types of generator/alternator 1.3 Perform routine inspection and maintenance procedure 	Types of generator/alternator • Synchronous • Induction Safety and regulatory requirements • Hazard identification Drawings and symbol specifications • Sketches • Engineering drawings - line types - projection techniques - dimensions	 Teaching aids Flip charts Technical drawing equipment Computer (preferably with internet access) 	
inspection and maintenance procedure	requirements • Hazard identification Drawings and symbol specifications • Sketches • Engineering drawings - line types - projection techniques - dimensions - sections - sections - symbols Use and calibration of tools and equipment • hand tools • hand-held powered tools • Common generator/alternator faults • Measurement and adjustment procedures • Maintenance procedure for generator/alternator • Documentation • Maintenance report	internet access)	

			Г	
	1.4 Demonstrate	Visual inspection	ĺ	
	generator/alternator	Cracks	ĺ	
	testing and diagnostic	• Noise		
	procedures	 Disorder in shape and structure 		
		 Broken parts 		
		Testing and diagnostic procedures		
		 Electrical and mechanical parameters 		
	 Locating and identifying faults 			
	1.5 Demonstrate procedure	Procedures for		
	for repairing/replacing	repair/replacement	l	
		Procedures for operational testing		
		Documentation (Final)		
		Final quality inspection		
		Housekeeping		
		 Waste disposal 		
		 Care of tools and 		
		equipment	ĺ	

Learning Unit	Learning Outcomes	Learning Elements	Duration (Hours)	Materials Required	Learning Place
LU-2: Inspect and maintain electronic load controller This learning unit addresses competency standard(s): $A = A1/2/3^*$ $C = C1/2/3/4^*$ $G = G2/4^*$ $H = H1/2/3^*$ $I = I2^*$ $M = M1/2/3^*$ * In absence of a national coding system, internal training provider codes are being used	 2.1 Apply safe workplace practices 2.2 Describe purpose and basic function of electronic load controller 	 Hazard identification Safety signs, barricades and symbols Isolation and lockout Earthing methods PPE Manual handling First aid procedures Evacuation procedures Fire safety, fire fighting procedures Storage and stacking of tools and equipment Electronic load controller Output power control Load and frequency stabilisation 	Total 50 Theory 20 Practical 30	 Fire extinguisher Fire blanket Fire bucket Safety signage Personal protective equipment and clothing Hand tools Hand-held powered tools Measuring and calibration tools and equipment Testing equipment Teaching aids Flip charts Technical drawing equipment Computer (preferably with internet access) 	• Classroom • Workplace

	2.3-Perform routine inspection and	Safety and regulatory requirements		
	maintenance	 Hazard identification 		
	procedure	 Drawings, symbol and specifications 		
		Sketches		
		 Engineering drawings 		
		- line types		
		- projection techniques		
		- dimensions		
		- sections		
		- symbols		
		Use and calibration of tools and equipment		
		 hand tools 		
		 hand-held powered 		
		Common electronic load controller faults		
		Measurement and adjustment procedures		
		Maintenance procedure for electronic load controller		
		Documentation		
		 Maintenance report 		
	2.4 Demonstrate electronic	Visual inspection		
load co and dia	load controller testing	Cracks		
	and diagnostic	Noise		
	procedures	 Disorder in shape and structure 		

	 Broken parts Testing and diagnostic procedures Electrical and mechanical parameters Locating and identifying faults 		
2.5 Demonstrate procedure for repairing/replacing	 Procedures for repair/replacement Procedures for operational testing Documentation (Final) Final quality inspection Housekeeping Waste disposal Care of tools and equipment 		
2.6 Monitor load supply	 Load schedule review Check layout plan Check input and output voltages Check voltage drops Calculate voltage drops, overloading and load balance Set distribution priority Priority plan Reschedule load Monitor main and ballast 		

	load		
	 Electrical load 		
	 Power consumption 		
	 Voltage drops 		
	 Logout/tag out 		

Learning Unit	Learning Outcomes	Learning Elements	Duration (Hours)	Materials Required	Learning Place
LU-3: Inspect and maintain power transformer This learning unit addresses competency standard(s): $A - A1/2/3^*$ $C - C1/2/3/4^*$ $G - G2/4^*$ $H - H1/2/3^*$ $I - I2^*$ * In absence of a national coding system, internal training provider codes are being used	 3.1 Apply safe workplace practices 3.2 Describe purpose and basic function of power transformer 	 Hazard identification Safety signs, barricades and symbols Isolation and lockout Earthing methods PPE Manual handling First aid procedures Evacuation procedures Fire safety, fire fighting procedures Storage and stacking of tools and equipment Power transformer Step-down transformer Step-up transformer 	Total 100 Theory 30 Practical 70	 Fire extinguisher Fire blanket Fire bucket Safety signage Personal protective equipment and clothing Hand tools Hand-held powered tools Measuring and calibration tools and equipment Testing equipment Teaching aids Flip charts Technical drawing equipment Computer (preferably with internet econol) 	Classroom Workplace

Learning Unit	Learning Outcomes	Learning Elements	Duration (Hours)	Materials Required	Learning Place
LU-4: Inspect and maintain transmission and distribution lines This learning unit addresses competency standard(s): $A - A1/2/3^*$ $C - C1/2/3/4^*$ $G - G2/4^*$ $H - H1/2/3^*$ $I - I2^*$ * In absence of a national coding system, internal training provider codes are being used	 4.1 Apply safe workplace practices 4.2 Describe purpose of transmission and distribution lines 	 Hazard identification Safety signs, barricades and symbols Isolation and lockout Earthing methods PPE Manual handling First aid procedures Evacuation procedures Fire safety, fire fighting procedures Storage and stacking of tools and equipment Purpose and characteristics of transmission and distribution lines 	Total 50 Theory 20 Practical 30	 Fire extinguisher Fire blanket Fire bucket Safety signage Personal protective equipment and clothing Hand tools Hand-held powered tools Measuring and calibration tools and equipment Testing equipment Teaching aids Flip charts Technical drawing 	Classroom Workplace
	4.3 Demonstrate routine inspection and maintenance procedure	 Pole setting Common transmission and distribution line faults Measurement and adjustment procedures Maintenance procedure for transmission and distribution lines Documentation Maintenance report 		• Computer (preferably with internet access)	

4.4 Demonstrate	Visual inspection
transmission and	Cracks
distribution line testing	 Broken parts
and diagnostics	Testing and diagnostic procedures
	Electrical and mechanical parameters
	Locating and identifying faults
	 Documentation (Final)
	 Final quality inspection
	Housekeeping
	 Waste disposal
	Care of tools and equipment
4.5 Demonstrate	Design
knowledge of network design	Number and route of low voltage (LV) distributors
	Cross section of LV wire
	Transformer at the end of LV distributor
	 Location of mid voltage (MV) and low voltage poles and their distance

Learning Unit	Learning Outcomes	Learning Elements	Duration (Hours)	Materials,Tools and Equipments Reqired	Learning Place
LU-5: Perform wiring This learning unit addresses competency standard(s): A – A1/2/3* G – G2/4* L – L1/2/3* * In absence of a national coding system, internal training provider codes are being used	5.1 Apply safe workplace practices 5.2 Lay cables	 Hazard identification Safety signs, barricades and symbols Isolation and lockout Earthing methods PPE Manual handling First aid procedures Evacuation procedures Fire safety, fire fighting procedures Storage and stacking of tools and equipment Plan wiring layout Distance to connection points Estimation of materials Drawings and symbol specifications Sketches Engineering drawings line types projection techniques 	Total 50 Theory 20 Practical 30	 Fire extinguisher Fire blanket Fire bucket Safety signage Personal protective equipment and clothing Hand tools Hand-held powered tools Measuring and calibration tools and equipment Teaching aids Flip charts Technical drawing equipment Computer (preferably with internet access) 	• Classroom • Workplace
		- dimensions - sections - symbols			

		Chiselling, ducting PVC and GI pipe wiring procedures		
		Properties of cables		
		 Application 		
		 Types of joints 		
		 Types and purpose of fixtures 		
	5.3 Demonstrate	Continuity		
	procedures for wiring	Earthing		
	testing	Procedures for wiring testing		
		Documentation		

Module 3:	Civil construction operations					
	On completion of this module the trainee will be able to demonstrate the following competencies according to industry standards and/or requirements:					
	A: Maintain workplace safety					
	 B: Produce a plan for career options related to MHP operations 					
Objective of the Module:	C: Perform general maintenance on machinery, equipment and infrastructure					
	G: Use and maintain I	hand tools and hand-held pow	ered tools a	nd equipment		
	 I: Apply basic knowle 	dge of Micro Hvdel Power Pla	nt operation:	S		
	 J: Perform basic cond 	reting operations				
	K: Perform basic bricklaving and plastering operations					
Duration:	Total: 280 hours	Theory:	80 hours	Practice:	200 hours	
Learning Unit	Learning Outcomes	Loarning Elements	Duration	Matorials Poquirod	Loarning	
Learning Onit	Learning Outcomes	Learning Liements	(Hours)	Materials Required	Place	
LU-1:	1.1 Demonstrate safe	 Hazard identification 	Total	 Fire extinguisher 	Classroom	
Perform	workplace practices	 Safety signs, barricades 	100	Fire blanket	 Workplace 	
maintenance on		and symbols	Theory	 Fire bucket 		
infrastructure		 Isolation and lockout 	30	 Safety signage 		
This learning unit		• PPE	Practical	Personal protective		
addresses competency		 Material handling 	70	equipment and		
$A = A1/2/3^*$		 First aid procedures 		clothing		
$C - C1/2/3/4^*$		 Evacuation procedures 		 Hand tools 		
G – G2/4*		 Fire safety, fire fighting 		Hand-held powered		
I — I3*		procedures		tools		
* In absence of a national coding system, internal training provider codes are being used		 Storage and stacking of tools and equipment 		 Measuring and calibration tools and equipment 		

1.2 Demonstrate knowledge of civil structures in MHP operations	Purpose, design and features: • Weirs and intake • Channels • Settling basin • Spillway • Fore bay tank • Penstock	 Teaching aids Flip charts Technical drawing equipment Computer (preferably with internet access) 	
1.3 Demonstrate routine inspection and maintenance procedure of civil structures	Safety and regulatory requirements • Hazard identification Drawings, symbol and specifications • Sketches • Engineering drawings - line types - projection techniques - ofimensions - sections - sections - symbols Use of tools and equipment • hand tools hand-held powered Common faults on civil structures in MHP set up Maintenance procedure for turbines Documentation • Maintenance report		

Learning Unit	Learning Outcomes	Learning Elements	Duration (Hours)	Materials Required	Learning Place
LU-2: Perform brick and concrete work This learning unit addresses competency standard(s): A – A1/2/3* G – G3/4* J – J1/2/3/4/5* K – K1/2/3/4* * In absence of a national coding system, internal training provider codes are being used	 2.1 Demonstrate safe workplace practices 2.2 Demonstrate procedures for laying bricks 	 Hazard identification Safety signs, barricades and symbols Isolation and lockout PPE Manual handling First aid procedures Evacuation procedures Fire safety, fire fighting procedures Storage and stacking of tools and equipment Safety and regulatory requirements Hazard identification Drawing symbols & specs Sketches Use of tools and equipment hand tools hand-held powered Mortar materials Mixing ratio Properties of cement and mortar Masonry reinforcement Procedures for laying bricks 	Total 155 Theory 35 Practical 120	 Fire extinguisher Fire blanket Fire bucket Safety signage Personal protective equipment and clothing Hand tools Hand-held powered tools Measuring and calibration tools and equipment Teaching aids Flip charts Technical drawing equipment Computer (preferably with internet access) 	• Classroom • Workplace

	2.3 Demonstrate plastering	Types of coat		
	procedures	Tools and equipment		
		Procedures for plastering		
		masonry		
		Documentation (Final)		
		Final quality inspection procedure		
		Housekeeping		
		 Waste disposal 		
		 Care of tools and 		
		equipment		
	2.4 Demonstrate basic concreting procedures	Safety and regulatory requirements		
		 Hazard identification 		
		Drawings symbol and specifications		
		Sketches		
		Use of tools and equipment		
		 hand tools 		
		 hand-held powered 		
		Procedures for digging excavation		
		 Use of site pegs and safety signs 		
		 Trench and excavation support 		
		Procedures for casting concrete		
		 Concrete mixing ratio 		
		 Concrete properties 		
		 Concrete reinforcement 		
			1	

	Procedures for levelling concrete		
	 Curing process that may include hosing, sprinklers, ponding, plastic sheeting 		
	Documentation (Final)		
	Final quality inspection procedure		
	Housekeeping		
	 Waste disposal 		
	 Care of tools and equipment 		

Learning Unit	Learning Outcomes	Learning Elements	Duration (Hours)	Materials Required	Learning Place
LU-3: Produce plan for career This learning unit addresses competency standard(s): B – B1/2*	3.1 Gather information for a personal profile	 Analysis of own knowledge, skills and abilities Description of personal profile and compatible options Methods of research Methods of prioritising best available options 	Total 25 Theory 15 Practical 10	 Teaching aids Flip charts Technical drawing equipment Computer (preferably with internet access) 	Classroom Workplace
In absence of a national coding system, internal training provider codes are being used	3.2 Produce a plan for achieving future directions	Career guidance plan			

4. Assessment guidance

Competency-based assessment is the process of gathering evidence to confirm the candidate's ability to perform according to specified outcomes articulated in the competency standard(s).

4.1 Types of assessment

a) Sessional assessment

The goal of sessional assessment is to monitor student progress in order to provide constant feedback. This feedback can be used by the trainers to improve their teaching and by learners to improve their learning.

More specifically, sessional assessments Help learners to identify their strengths and weaknesses and Help trainers to recognise where learners are struggling and address problems immediately

Examples of sessional assessments include:

- > Observations
- Presentations
- Activity sheets
- Project work
- Oral questions

b) Summative (final) assessment

The goal of summative (final) assessment is to evaluate learning progress at the end of a training programme by comparing it against, e.g. set of competency standards.

Examples of summative assessments include:

- Direct observation of work activities
- > Final project
- > Written questions

4.2 Principles of assessment

When conducting assessment or developing assessment tools, trainers/assessors need to ensure that the following principles of assessment are met:

Validity

Indicates if the assessment outcome is supported by evidence. The assessment outcome is valid if the assessment methods and materials reflect the critical aspects of evidence required by the competency standards (Competency units, performance criteria, knowledge and understanding).

Reliability

Indicates the level of consistency and accuracy of the assessment outcomes. The assessment is reliable if the assessment outcome will produce the same result for learners with equal competence at different times or places, regardless of the trainer or assessor conducting the assessment.

Flexibility

Indicates the opportunity for learners to discuss certain aspects of their assessment with their trainer or assessor, such as scheduling the assessment. All learners should be made aware of the purpose of assessment, the assessment criteria, the methods and tools used, and the context and proposed timing of the assessment well in advance. This can be achieved by drawing up a plan for assessment.

Fair assessment

Fair assessment does not advantage or disadvantage particular learners because of status, race, beliefs, culture and/or gender. This also means that assessment methods may need to be adjusted for learners with disabilities or cultural differences. An assessment should not place unnecessary demands on learners that may prevent them from demonstrating competence.

4.3 Assessment template – Sessional and Summative assessment

Module 1: Mechanical operations

Learning Units	Recommended	form of assessment
	Sessional	Summative
LU-1: Inspect and maintain turbines		
This learning unit addresses competency standard(s): A – A1/2/3*; C – C1/2/3/4*; F – F1/2/3/4*; G – G2/4*; I – I2*		Integrated assessment:
* In absence of a national coding system, internal training provider codes are being used	_	Practical demonstration(s)/
LU-2: Inspect and maintain drive systems		Project work(s) on turbine,
This learning unit addresses competency standard(s): $A = A \frac{1}{2} \frac{2}{3} \frac{1}{2} $		drive system, speed
* In absence of a national coding system internal training provider codes are being used	Observation	governors, valves and
LU-3: Inspect and maintain mechanical speed governors	Activity sheets	a) Inspection
This learning unit addresses competency standard(s): A – A1/2/3*; C – C1/2/3/4*; F – F1/2/3/4*; G – G2/4*; I – I2* * In absence of a national coding system, internal training provider codes are being used	 Simulation Oral and written guestions 	b) Maintenance c) Welding
LU-4: Inspect and maintain valves and gauges	Demonstration	
This learning unit addresses competency standard(s): $A - A1/2/3^*$; $C - C1/2/3/4^*$; $F - F1/2/3/4^*$; $G - G2/4^*$; $I - I2^*$ * In absence of a national coding system, internal training provider codes are being used LU-5: Perform welding and metal processing	_	The assessment tasks have to include aspects of health and safety, use of tools, knowledge of MHP components, and
This learning unit addresses competency standard(s): A – A1/2/3*; D – D1/2/3*; E – E1/2/3/4*; G – G2/4*		documentation.
* In absence of a national coding system, internal training provider codes are being used		

Module 2: Electrical operations

Learning Units	Recommended	form of assessment	
	Sessional	Summative	
LU-1: Inspect and maintain generator/alternator			
This learning unit addresses competency standard(s): A – A1/2/3*; C – 1/2/3/4*; G – G1/4*; H – H1/2/3*; I – I1*		Integrated assessment:	
* In absence of a national coding system, internal training provider codes are being used		Practical demonstration(s)/	
LU-2: Inspect and maintain electronic load controller		Project work(s) on	
This learning unit addresses competency standard(s): A – A1/2/3*; C – C1/2/3/4*; G – G2/4*; H – H1/2/3*; I – I2*; M – M1/2/3* * In absence of a national coding system, internal training provider codes are being used		generator/alternator, load controller, power transformer, transmission	
LU-3: Inspect and maintain power transformer	Observation	and distribution lines to	
This learning unit addresses competency standard(s): A – A1/2/3*; C – C1/2/3/4*; G – G2/4*; H – H1/2/3*; I – I2* * In absence of a national coding system, internal training provider codes are being used	 Activity sheets Role play Oral and written 	a) Inspection b) Maintenance	
LU-4: Inspect and maintain transmission and distribution lines	questions	c) Wiring	
This learning unit addresses competency standard(s): A – A1/2/3*; C – C1/2/3/4*; G – G2/4*; H – H1/2/3*; I – I2* * In absence of a national coding system, internal training provider codes are being used		The assessment tasks have to include aspects of	
LU-5: Perform wiring		health and safety, use of	
This learning unit addresses competency standard(s): $A = A1/2/3^*$; $G = G2/4^*$; $L = L1/2/3^*$ * In absence of a national coding system, internal training provider codes are being used		components, and documentation.	

Module 3: Civil construction operations

Learning Units	Recommended form of assessment		
	Sessional	Summative	
LU-1: Perform maintenance on infrastructure		Integrated assessment:	
This learning unit addresses competency standard(s): $A - A1/2/3^*$; $C - C1/2/3/4^*$; $G - G2/4^*$; $I - I3^*$ * In absence of a national coding system, internal training provider codes are being used LU-2: Perform brick and concrete work This learning unit addresses competency standard(s): $A - A1/2/3^*$; $G - G3/4^*$; $J - J1/2/3/4/5^*$; $K - K1/2/3/4^*$ * In absence of a national coding system, internal training provider codes are being used LU-3: Produce plan for career This learning unit addresses competency standard(s): $B - B1/2^*$ * In absence of a national coding system, internal training provider codes are being used	 Observation Activity sheets Role play Oral and written questions 	Practical demonstration(s)/ Project work(s) on infrastructure to include: a) Inspection b) Brick and concrete work The assessment tasks have to include aspects of health and safety, use of tools, knowledge of MHP	
B – B1/2* * In absence of a national coding system, internal training provider codes are being used		 	

5. List of Tools, Machinery & Equipment

Occupational title Micro Hydel Power Plant operations (Assistant) – Level 2				
Duration		12 months		
Sr. No.		Name of Item/ Equipment / Tools	Quantity	
	T	Mechanical	Γ	
1.	7 pieces screwo	Iriver set		
2.	Adjustable wrer	nch set		
3.	Allen Keys Set			
4.	Aluminum Spirit	Level (leveling instrument)		
5.	Bastard File wit	h wood handle (Flat)		
6.	Bastard File wit	h wood handle (Round)		
7.	Bench Vice			
8.	Bench Workstat	ion		
9.	Chisel			
10.	Clamp Meter			
11.	Claw hammer w	vith wood handle		
12.	Combination Pliers			
13.	Crimping Tool			
14.	Hack Saw with Blades			
15.	Hand Drill [1/8" – 1/8"]			
16.	Hand Grease Gun			
17.	Hand Grinding Machine			

18.	Hot Air Blower	
19.	Measuring tape	
20.	Micro Meter [Screw Gauge]	
21.	Nose Plier	
22.	Oil Can	
23.	Pedestal Drill	
24.	Pen Grinder	
25.	Pipe Wrench [18" & 24"]	
26.	Portable Welding Plant [100 – 300 Amperes]	
27.	Puller	
28.	Punch Set	
29.	Retched Block with Grip	
30.	Screw Driver Set (-)[6"-18"]	
31.	Screw Driver Set (+) [6"-18"]	
32.	Side Cutting Plier	
33.	Spanner Set (Open)	
34.	Spanner Set (Ring)	
35.	Stainless Steel Slogging Ring Spanner	
36.	Thread Gauge	
37.	Tong/Monkey Plier	
38.	Vernier Calliper	
39.	Wheel Grinder	

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40.	Wire Gauge			
41.	Welding Plant			
	Electrical			
1.	Clamp Meter			
2.	Combination Plier			
3.	Earth Tester			
4.	Line Tester			
5.	Megger			
6.	Multi Meter			
7.	Nose Plier			
8.	Pin Plier			
9.	Screw Driver Set			
10.	Side Cutter			
	Safety Tools			
1.	Fire Extinguisher			
2.	First Aid Box			
3.	Hand Gloves			
4.	Hard top Hat			
5.	Mask			
6.	Overall combination [Dress]			
7.	Safety Belt			
8.	Safety Goggles			

9.	Steel Toe Shoes	
	EQUIPMENT	
	Civil	
1.	Air Vent Pipe	
2.	Bell Mouth	
3.	Control Gates	
4.	Control Valves	
5.	Expansion Joint	
6.	Flanges	
7.	Flushing Gates	
8.	Flushing Pipe	
9.	Penstock	
10.	Reducer	
11.	Rubber Seal	
12.	Trash Rack	
	Electrical	
1.	Ballast Tank with Heaters	
2.	Binding wire	
3.	Cable Shoe	
4.	Channel Iron	
5.	Conductors	
6.	D-Iron Set	

7.	Disc Insulator [With Tension Set]			
8.	Earth Wire			
9.	Earthing Plate			
10.	Electrical Panels			
11.	Electronic Load Controller			
12.	Energy Meter			
13.	Generator[Brushed and Brush-less]			
14.	Metal Clad Main Switch			
15.	Pin Insulator			
16.	Pole			
17.	Power Cable			
18.	Pressure Transducer			
19.	Shackle Insulator			
20.	Stay Insulator			
21.	Stay Plate			
22.	Stay Rod			
23.	Stay Wire			
24.	Thimble			
25.	Transformer			
26.	Turn Buckle			
27.	Ultra Sonic Flow Meter			
	Mechanical			

1.	Angle Iron [Cross Arm]	
2.	Butterfly Valve	
3.	Coupling [Flexible/Rigid]	
4.	Crossflow Turbine	
5.	Flat Belt	
6.	Flat Pulleys	
7.	Fly Wheel	
8.	Francis Turbine	
9.	Gate Valve	
10.	Gear Box	
11.	Governor	
12.	Hydraulic Jack	
13.	Operating Rod	
14.	Pelton Turbine	
15.	Propeller/Kaplan Turbine	
16.	Single Phase Variac [Auto Transformer]	
17.	Tachometer	
18.	V Belt	
19.	V-Pulleys	

6. List of Consumable Supplies

Occupational title		Micro Hydel Power Plant operations (Assistant) – Level 2	
	Duration	12 months	
Sr. No.		Name of Consumable Supplies	Quantity
1.	Notepad		
2.	Ball pens		
3.	Pencils		
4.	Erasers		
5.	Sharpeners		
6.	White board marker	rs in different colours	
7.	Stapler		
8.	Paper punch		
9.	Ruler		
10.	Compass		

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