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Introduction

The Post Press is a highly labor intensive industry; labor is extensively employed in the initial stages of the Post press operations while greater skills are required at the finishing stage. This Course is designed to focus the need, importance and understanding of Post Press – Packaging industry as per the current competitive environment. Companies can maintain a strategic competitive advantage and produce more valued goods after better processing of printed substrate. Increasing demand for skilled, efficient and effective employees has created demand for this course.

This course will enable functional and technical skills for Post Press. The learning material is taught as Post press – Packaging and quality perspective with an emphasis on where and how specific tools can be used to improve the overall performance in the Post Press.

Definition/ Description of the Post Press program for (Packaging)

- National Vocational Certificate level 2, in (Post press operations-Packaging) "Assistant Post Press operator"
- National Vocational Certificate level 3, in (Post press operations- Packaging) "Post Press operator"
- National Vocational Certificate level 4, in (Post press operations- Packaging) "Senior Post Press Operator"
- National Vocational Certificate level 5, in (Post press operations) "in charge Post Press Operations"

Purpose of the training program

The purpose of this training is to develop a range of skills and techniques, personal skills and attributes essential for successful performance in Packaging in accordance with industry requirements. It also enables the student to pursue a Post Press Operations – Packaging career path with greater employment and entrepreneurial skills progress to related general and/or vocational qualifications.

Overall objectives of training program

After completion of vocational training the graduates of the Post press program will have a good balance of knowledge, skills, attitude and work experiences, which are the essential elements of employability.

Competencies to be gained after completion of course

Following competency will be gained after completion of Post Press operations course:

Module	.1	Perform Pre run operation (Level-2)
Module	.2	Interpret instructions on Docket for packaging
Module	.3	Perform Lamination
Module	.4	Perform Pasting Operation
Module	.5	Perform health and safety at work place
Module	.6	Develop computer application skills
Module	.7	Perform Die Cutting Operation (Level-3)
Module	.8	Perform Waste Management
Module	.9	Perform Embossing
Module	.10	Develop Professionalism
Module	.11	Perform Cutting & Trimming (Level-4)
Module	.12	Perform Hot Foil Stamping
Module	.13	Carry out envelop making
Module	.14	Solve problem at workplace
Module	.15	Develop Communication Skill
Module	.16	Perform quality inspection (Level-5)
Module	.17	Develop entrepreneur skills
Module	.18	Manage a team
Module	.19	Plan business activities
Module	.20	Address Basic Customer needs
Module	.21	Manage Human Resources
Module		Manage Personal Finance
Module		Solve Problems pertaining to health and safety
Module		Develop Business Plan
Module		Apply Information and Communication Skills
Module		Perform color management
Module	.27	Develop Layout and dummy

Possible available job opportunities available immediately and later in the future:

Trainer can work as the following, after completing this course

- Assistant Post Press operator
- Post Press operator
- Senior Post Press Operator
- in charge Post Press Operations
- Packaging supervisor
- cutting machine Operator
- Floor Manager

- QA in charge
- QC In-charge
- Lab Assistant
- Lamination machine operator
- Semi auto die cutting machine operator
- Pasting machine operator

Trainee entry level

Title	Entry requirements
National Vocational Certificate level 2, in (Post press Operations-Packaging) "Assistant Post Press operator"	Entry for assessment for this qualification is open. However, entry into formal training institute for this qualification is the person must have middle (preferable matric).
National Vocational Certificate level 3, in (Post press Operations- Packaging) "Post Press operator"	Entry for assessment for this qualification is open. However, entry into formal training institute for this qualification is person having National Vocational Certificate level 2, in Post press operations. Or this person must have Middle with 3 year experience of Post press Operations can also apply.
National Vocational Certificate level 4, in (Post press Operations- Packaging) "Senior Post Press Operator"	Entry for assessment for this qualification is open. However, entry into formal training institute for this qualification is person having National Vocational Certificate level 3, in Post press operations. Or this person must have Middle with 5 year experience of Post press Operations can also apply
National Vocational Certificate level 5, in (Post press Operations) "in charge Post Press Operations"	Entry for assessment for this qualification is open. However, entry into formal training institute for this qualification is person having National Vocational Certificate level 4, in Post press operations "Senior Post Press Operator Or senior Binder". Or this person must have intermediate with 5 year experience of post press operations can also apply.

Minimum qualification of trainer

Trainer must possess a diploma (DAE) or intermediate along with 5 years' experience in the field of Post Press Operations.

Recommended trainer: trainee ratio

The recommended ratio of Trainer: Trainee should be 1: 20

Medium of instruction i.e. language of instruction

Medium of instruction is English and Urdu

Duration of the course (Total time, Theory & Practical time)

Following is the duration of the course

Post press Operations-Packaging "Assistant Post Press operator" (NVQF Level 2)						
Time Frame Credits Theory Hours Practical Hours						
6 Months	50	116	384			
Total 500 Hours						

Post press Operations- Packaging "Post Press Operator" (NVQF Level 3)							
Time Frame Credits Theory Hours Practical Hours							
6 Months	50	101	399				
Total	500	Hours					

Post press Operations- Packaging "Senior Post Press Operator" (NVQF Level 4)						
Time Frame Credits Theory Hours Practical Hours						
6 Months	50	114	386			
Total	500	Hours				

Post press Operations "in charge Post Press Operations" (NVQF Level 5)							
Time Frame Credits Theory Hours Practical Hours							
12 Months	90	306	594				
Total 900 Hours							

Sequence of the modules

Summary - overview of the curriculum

Following is the sequence of the modules for Post Press Operations - Packaging (NVQF Level 2 to 5).

Module Title and Aim	Learning Units	Theory Days/hours	Workplace Days/hours	Timeframe of modules
Module A: Perform Pre-Run Operation. Aim: After successful completion of this module, the student will be competent to perform cleaning, maintain oil level in post press machine and perform dry run process safely.	LU1: Perform cleaning in pres LU2: Maintain oil level LU3: Perform Dry run LU4: Manage humidity in pres	6	24	30
Module B: Interpret instructions on docket for packaging Aim: After successful completion of this module, the student will be competent to determine job order details, verify the quality of material supplied for the job, check and verify paper sizing, cutting and finishing of the job on machine	LU1: Determine job order det LU2: Verify art work/sample for LU3: Verify material quality for LU4: Verify substrate sizing LU5: Verify die as per docket LU6: Verify Block as per docket	or packaging or packaging 8	12	20
Module C: Perform Lamination. Aim: After successful completion of this module, the student will be competent to perform substrate handling, verify lamination film, make ready work station for lamination operation, perform lamination operation, perform post production & maintain log book	LU1: Perform Substrate hand LU2: Verify Lamination films a LU3: Make ready workstation operation LU4: Perform lamination oper LU5: Perform post production LU6: Maintain log Book	as per dockets for lamination 36 ration	144	180
Module D: Perform Pasting Operation Aim: After successful completion of this module, the student will be competent to manage substrate handling, perform pasting, perform post production activities, and maintain log book	LU1: Perform Substrate hand LU2: Make ready workstation LU3: Perform pasting operation LU4: Perform post production Maintain Log book	for pasting operation on 36	144	180

Module Title and Aim	Learning Units	Theory Days/hours	Workplace Days/hours	Timeframe of modules
Module E: Perform Health and Safety Aim: After successful completion of this module, the student will be competent to identify hazards in workplace, comply with health and safety precautions, use of personal protective equipment and practicing safe work habits at workplace at all times	LU1: Practice safe work habit to ensure safety LU2: Use Personal Protective Equipment (PPE) LU3: Identify hazards in press environment. LU4: Comply with Occupational Health and Safety (OHS)precautions Carryout firefighting techniques.	15	15	30
Module F: Develop Computer Application Skills Aim: After successful completion of this module, the student will be competent to preparing word, excel and PowerPoint documents, learning basic computer application functions, as well as create email communication	LU1: Apply Basic computer operation LU2: Prepare Word document LU3: Prepare spread sheet as per required information LU4: Prepare power point presentation. Perform email communication	15	45	60
Module G: Perform Die cutting operation Aim: After successful completion of this module, the student will be competent to manage substrate handling, perform cutting, perform post production activities, and maintain log book	 LU1: Perform Substrate handling LU2: Verify Die as per dockets LU3: Make ready workstation for die cutting operation. LU4: Perform die cutting operation LU5: Perform post production activity LU6: Maintain log Book. 	48	252	300
Module H: Perform Waste Management Aim: After successful completion of this module, the student will be competent to manage post press waste, handle toxic/nontoxic chemicals, and manage solid waste	LU1: Manage Post press waste LU2: Handle toxic chemicals Handle LU3: Non-toxic chemicals Manage solid waste	10	20	30
Module I: Perform Embossing Aim: After successful completion of this module, the student will be competent to manage substrate handling, perform embossing, perform post production activities, and maintain log book	LU1: Perform Substrate handling LU2: Make ready workstation for Embossing LU3: Perform Embossing operation LU4: Perform post production activity Maintain log Book	28	112	140
Module J: Develop professionalism Aim: After successful completion of this module, the student will be competent to participate in inhouse/outdoor training, attend trade workshops, utilize internet and prioritize job schedules	LU1: Participate in in-house training LU2: Participate in outdoor training LU3: Attend trade shows workshop, seminars LU4: Utilize internet Prioritize job schedule	15	15	30

Module Title and Aim		odule Title and Aim Learning Units		Workplace Days/hours	Timeframe of modules
Module K: Perform Cutting and Trimming Aim: After successful completion of this module, the student will be competent to manage substrate handling, Make ready workstation, perform cutting and trimming operation, maintain housekeeping and log book	LU1: LU2: LU3: LU4:	Perform Substrate handling Make ready workstation for cutting and trimming operation. Perform cutting and trimming operation Perform post production activity Maintain log book.	22	138	160
Module L: Perform Hot foil stamping Aim: After successful completion of this module, the student will be competent to manage substrate handling, perform hot foil stamping, perform post production activities, and maintain log book	LU1: LU2: LU3: LU4: LU5:	Perform Substrate handling Make ready workstation for hot foiling Perform Hot Foil operation Perform post production activity Maintain log Book	32	128	160
Module M: Carry out envelop making Aim: After successful completion of this module, the student will be competent to manage substrate handling, perform envelop making operation, maintain housekeeping and log book	LU1: LU2: LU3: LU4: LU4:	Perform Substrate handling Make ready workstation for envelop making operation Perform envelop making operation Perform post production activity Maintain log Book	20	80	100
Module N: Solve problems at work place Operation Aim: After successful completion of this module, the student will be competent to apply the process of problem solving for problems beyond those associated directly with the process unit	LU1: LU2: LU3: LU4: LU1:	Analyze the problem Identify possible solutions Recommend solution to higher management Implement Solution Evaluate/monitor results and outcome	25	25	50
Module O: Develop communication skills Aim: After successful completion of this module, the student will be competent to perform communication. Also deals with listening practice, adopting questioning technique to lead actual issues in the system, demonstrating telephonic ethics and moral techniques to deal with people related to the work	LU1: LU2: LU3: LU4:	Make telephone calls Instruct labors Communicate with supervisor Maintain relations with people	15	15	30
Module P: Perform Quality inspection Aim: After successful completion of this module, the student will be competent to carryout physical inspection, environmental test and maintain test records	LU1: LU2: LU3: LU5:	Carryout Printing Inspection Carryout Publishing Inspection Carryout Packaging Inspection Maintain Test record	50	200	250

Module Title and Aim	Learr	ning Units	Theory Days/hours	Workplace Days/hours	Timeframe of modules
Module Q: Develop Entrepreneur skills Aim: After successful completion of this module, the student will be competent to develop business plan, collect information regarding funding sources, develop market plan and keep motivate team	LU1: LU2: LU3: LU4:	Develop a business plan Collect information regarding funding sources Develop a marketing plan Motivate Team	20	30	50
Module R: Managing a team Aim: After successful completion of this module, the student will be competent to lead small teams including setting and maintaining team and individual performance standards	LU1: LU2: LU3:	Facilitate team Development Motivate Team Monitor team effectiveness	20	30	50
Module S: Plan business activities Aim: After successful completion of this module, the student will be competent to a small independent operation or to a section of a large organization	LU1: LU2: LU3: LU4:	Plan work activities Schedule work activities Implement work activities Monitor work activities Review and evaluate work plans and activities	30	20	50
Module T: Address Basic Customer needs Aim: After successful completion of this module, the student will be competent to apply organizational procedures and be aware of, and apply as appropriate, broader factors involving ethics, industry practice and relevant government policies and regulations	LU1: LU2: LU3: LU4:	Assist customer to articulate needs Satisfy customer needs Manage networks to ensure customer needs are addressed Convert customer enquiries into sales	24	26	50
Module U: Manage Human Resources Aim: After successful completion of this module, the student will be competent to establishing human resource requirements, identifying the learning and development needs of people working on the project, facilitating these needs being met, and resolving conflict in the team. It applies to individuals who are project practitioners working in a project support role	LU1: LU2: LU3: LU4:	Determine human resource requirements Establish productive team relationships Monitor Human Resource Management Contribute to evaluate human resource practices	25	25	50
Module V: Manage Personal Finance Aim: After successful completion of this module, the student will be competent to develop, implement and monitor a personal budget in order to plan regular savings and manage debt effectively	LU1: LU2: LU3:	Develop a personal budget Develop long term personal budget Identify ways to maximize future finances	24	26	50

Module Title and Aim	Learning Units	Theory Days/hours	Workplace Days/hours	Timeframe of modules
Module W: Solve Problems pertaining to health and safety Aim: After successful completion of this module, the student will be competent to concerned with complex negotiation in critical incidents and the development of strategic responses designed to resolve threatening incidents	LU1: Identify a problem LU2: Determine strategies for a required solution LU3: Coordinate support services LU4: Restore order provide leadership. LU5: Direction to the work group	25	25	50
Module X: Develop Business Plan Aim: After successful completion of this module, the student will be competent to develop a plan for a post press project, including assessing project requirements and planning for all stages to completion and final documentation. It applies to individuals who are likely to have responsibility for the provision of installations, maintenance, upgrades and new services	LU1: Prepare project management plan LU2: Develop and evaluate management plan LU3: Communicate project information LU4: Contribute to assessing effectiveness of communication	24	26	50
Module Y: Apply Information and Communication Skills Aim: After successful completion of this module, the student will be competent to provide a critical link between people, ideas and information at all stages in the project life cycle. It involves assisting the project team to plan communications, communicating information related to the project, and reviewing communications. It applies to individuals who are project practitioners working in a project support role.	LU1: Contribute to communications planning LU2: Conduct information-management activities LU3: Communicate project information LU4: Contribute to assessing effectiveness of communication	24	26	50
Module Z: Perform Color Management Aim: After successful completion of this module, the student will be competent to perform color management by controlling LAB values & their matching procedure, controlling ink density in printing machine and controlling drying parameter of printed jobs. Color processing, LAB Value maintenance during printing process inks management, process of ink filling CPC Processing.	LU1: Control L*a*b* values LU2: Control drying parameters	20	80	100

Module Title and Aim	Learning Units	Theory Days/hours	Workplace Days/hours	Timeframe of modules
Module AA: Develop Layout & Dummy Aim: After successful completion of this module, the student will be competent in Post press operations to development of layout and dummy of new job with the minimum wastage	LU1: Perform manual sizing and layout LU2: Instruct Graphic designer for Art Work LU3: Develop a Dummy.	20	80	100
Total		637	1763	2400

Modules

Module 1: Perform Pre-Run Operation (Level-2)

Objective of the module: After successful completion of this module, the student will be competent to perform cleaning, maintain oil level in post press machine and perform dry run process safely.

Duration:

30 Hours

Theory:

8 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1 Perform cleaning in press room	 Perform daily cleaning surrounding post press machine as per instruction. Perform cleaning of the machine as per OEM manual. Perform cleaning of associated tools as per press room instruction. Perform periodic cleaning as per duty chart. 	 State history and types of printing and post press operations. Enlist main parts of post press machine. Describe the importance of tidiness in press room. Define the procedure of work place cleaning 	Total: 8 Hours Theory: 2 Hours Practical: 6 Hours	Computer & multimedia Presentations on related topic Handout on related topic Instruction manual Cleaning brush Cleaning cloth PPE's	Classroom with multimedia aid Post Press Training Room
LU-2 Maintain oil level	Check oil level in machine as recommended in machine manual.	 Describe disadvantage of using low quality oil in machine. Determine capacity 	Total: 6 Hours Theory:	Computer & multimedia Presentations on	Classroom with multimedia aid

	Maintain oil level as per machine manual.	of oil tank in post press machine. List reasons to maintain oil level in machines.	2 Hours Practical: 4 hours	related topic Handout on related topic Instruction manual PPE's Oil can Grease gun	Post Press Training Room
LU-3 Perform Dry run	 Perform Dry run procedure on post press machine as per instruction. Verify dry run through test run. 	Define dry run	Total: 10 Hours Theory: 2 Hours Practical: 8 Hours	Computer & multimedia Presentations on related topic Handout on related topic Instruction manual PPE's Allen key set Spanner set Tommy bar set Adjustable	Classroom with multimedia aid Post Press Training Room

LU-4 Manage humidity in press room	 Verify humidity of press room as per instruction. Apply humidity management techniques in press room. 	Describe humidity & importance of manage humidity in press room environment. Enlist method of humidity management in press room	Total: 6 Hours Theory: 2 Hours Practical: 4 Hours	spanner Screw driver set Computer & multimedia Presentations on related topic Handout on related topic Instruction manual PPE's Humidity meter	Classroom with multimedia aid Post Press Training Room
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Module 2: Interpret instructions on docket for packaging

Objective of the module: After successful completion of this module, the student will be competent to determine job order details, verify the quality of material supplied for the job, check and verify paper sizing, cutting and finishing of the job on machine

Duration:

20 Hours

Theory:

8 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1 Determine job order details	 Determine job title from docket/job card. Verify availability of reference specimen in docket/job card. Determine quantity of job as per docket/job card requisition. Determine coating applications on from docket/job card. 	 Importance of docket/job card and its interpretation Enlist information available on docket/job card. 	Total: 4 Hours Theory: 2 Hours Practical: 2 Hours	Computer & multimedia Presentations on related topic Handout on related topic	Classroom with multimedia aid Post Press Training Room
LU-2 Verify art work/sample for packaging	 Verify art work as per docket. Verify pasting application as per dummy. 	 Define artwork in printing industry. State importance of maintaining viscosity of glue. 	Total: 4 Hours Theory: 2 Hours Practical: 2 Hours	Computer & multimedia Presentations on related topic Handout on related topic	Classroom with multimedia aid Post Press Training Room

LU-3	 Determine substrate type as per docket/job card. Determine grain of substrate as per docket/job card. 	 Define applications of coatings. Define traceability marks. Define GSM values. Describe effects of variation in 	Total: 4 Hours Theory:	Computer & multimedia Presentations on related topic	Classroom with multimedia aid Post Press Training
Verify material quality for packaging	 Determine Gram per Square Meter (GSM) value of substrate as per docket/job card. Determine thickness of substrate as per docket. 	GSM values.	Practical: 2 Hours	Handout on related topic Micrometer Measuring Scale Weighing scale with cutter	Room
LU-4 Verify substrate sizing	 Verify size of substrate as per docket/job card. Verify trimming of substrate as per requirement. 	 Describe substrate. State method of checking substrate sizes. Describe effect of size variation on substrate. State substrate trimming procedure. Define grain of substrate and its importance. 	Total: 4 Hours Theory: 2 Hours Practical: 2 Hours	Computer & multimedia Presentations on related topic Handout on related topic Measuring Scale	Classroom with multimedia aid Post Press Training Room
	Verify die size as per specimen.	Define die and block.	Total: 2 Hours	Computer & multimedia	Classroom with multimedia aid

LU-5	•	Verify number of Ups as per				Presentations on	
Verify die as per		docket			Theory:	related topic	Post Press Training
docket	•	Verify dimension of Ups as per			1 Hours	Handout on	Room
		docket			Practical:	related topic	
					1 Hours	Measuring Scale	
						Micrometer	
						Die and Block	
						Specimen	
	•	Verify block size as per	•	State precautions to be taken in	Total:	Computer &	Classroom with
		specimen.		die and block handling.	2 Hours	multimedia	multimedia aid
LU-6	•	Verify number of Ups as per				Presentations on	
Verify Block as per docket		docket Verify type of block as			Theory:	related topic	Post Press Training
		per docket			1 Hours	Handout on	Room
		•			Practical:	related topic	
					1 Hours	Micrometer	
						Measuring Scale	

Module 3: Perform Lamination

Objective of the module: After successful completion of this module, the student will be competent in perform substrate handling, verify lamination film, make ready work station for lamination operation, perform post production & maintain log book

Duration:

180 Hours

Theory:

36 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1 Perform Substrate handling	 Verify side-lay & front-lay of the printed substrate Perform Substrate Stacking Verify the side of lamination Verify the Substrate size for lamination 	Define Importance of the substrate stacking Describe the Importance of the front-lay & side-lay	Total: 12 Hours Theory: 4 Hours Practical: 8 Hours	Computer & multimedia Presentations on related topic Handout on related topic Measuring Scale	Classroom with multimedia aid Post Press Training Room
LU-2 Verify Lamination films as per dockets	 Verify the type of the lamination film Verify the thickness of the lamination film Verify size of the lamination 	Enlist the types of lamination film.	Total: 12 Hours Theory: 4 Hours Practical:	Computer & multimedia Presentations on related topic Handout on	Classroom with multimedia aid Post Press Training Room

	film roll		8 Hours	related topic	
				Micrometer	
				Measuring Scale	
				Lamination film	
LU-3	Adjust the feeder according to	Enlist the main parts of machine	Total:	Computer &	Classroom with
Make ready	the job	Importance of maintaining	26 Hours	multimedia	multimedia aid
workstation for	Mount the film roll on to the	viscosity of the glue		Presentations on	
lamination operation	machine		Theory:	related topic	Post Press Training
	Mount the delivery drum on		6 Hours	Handout on	Room
	the machine			related topic	
	Mount the conveyer blanket		Practical:	DIN cup & Stop	
	as per instruction.		20 Hours	watch	
	Adjust the viscosity of the glue			Measuring Scale	
	in a container as per job			Lamination	
	requirement			machine	
	Mount the glue pot & fill-up				
	with the glue				
	Adjust the front-lay & the side-				
	lay				
	Adjust the flow of glue				

	Perform test run				
LU-4 Perform lamination operation	 Maintain viscosity of the glue during the lamination Adjust the speed as per substrate Check & maintain the quality of 	Quality checks of the lamination process.	Total: 80 Hours Theory:	Computer & multimedia Presentations on related topic	Classroom with multimedia aid Post Press Training
	Maintain the Glue level in the glue pot		18 Hours	Handout on related topic	Room
			Practical: 62 Hours		
LU-5	Remove the delivery drum from	Importance of the cleaning after	Total:	Computer &	Classroom with
Perform post	the machine as per instruction	lamination	8 Hours	multimedia	multimedia aid
production activity	 Clean the roller as per instruction Empty & clean glue pot Clean-up the feeder conveyor blanket (Clean machine and tool as per instruction) Perform sheet separation 	Technique involved in sheet separation process	Theory: 2 Hours Practical: 6 Hours	Presentations on related topic Handout on related topic knife	Post Press Training Room
LU-6 Maintain log Book	 Record the final counter along- with the wastages Record downtime during 	Importance of record keeping	Total: 6 Hours	Computer & multimedia Presentations on	Classroom with multimedia aid

I	lamination operation	Theory:	related topic	Post Press Training
		2 Hours	Handout on related topic	Room
		Practical: 4 Hours	Log book	

Module 4: Perform Pasting Operation

Objective of the module: After successful completion of this module, the student will be competent to manage substrate handling, perform pasting, perform post production activities, and maintain log book

Duration:

180 Hours

Theory:

36 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials Required	Learning Place
LU-1 Perform Substrate handling	 Verify glue flap of the die cut substrate Perform Substrate Stacking as per instruction. Verify the thickness/GSM value of the substrate as per docket. Verify the Length and width of the skillet/unit box as per docket 	Define Importance of the substrate stacking.	Total: 12 Hours Theory: 4 Hours Practical: 8 Hours	Computer & multimedia Presentations on related topic Handout on related topic Docket Measuring scale Weighing scale with cutter Micrometer	Classroom with multimedia aid Post Press Training Room
LU-2 Make ready workstation for pasting	 Adjust the feeder according to the job Adjust pre-glue / pre-fold belts according to the job 	State health and safety precautions of the pasting machine.	Total: 50 Hours Theory: 12 Hours	Computer & multimedia Presentations on	Classroom with multimedia aid

operation	 Adjust glue flap folding station according to the job Adjust 3rd fold station according to the job Adjust glue pot station according to the job Adjust post-glue belts according to the job. Adjust the impression and speed of delivery belt as per job requirement Adjust Glue viscosity as per job requirement Adjust flow of glue as per job requirement Adjust the delivery conveyer belt pressure as per job requirement. Adjust the counter photocell and kick according to the job Perform test run Get approval from the 	Identify glue flap. Identify purpose of glue viscosity Describe purpose of feeder station Page 1 Pa	Practical: 38 Hours	related topic Handout on related topic Allen key set Spanner set Scissor Viscosity cup & Stop watch Measuring tape Plier set Pasting machine straight Computer &	Post Press Training Room
		Describe purpose of Pre-	100 Hours	multimedia	multimedia aid
	supervisor	glue station.	100 Hours	muilimedia	muitimedia aid
	Carry out pasting operation as Packaging Pack Proce Operations (Packaging)		126		

LU-3 Perform pasting operation	 Check & maintain the quality of pasting. 	 Describe purpose of glue pot station. Describe purpose of Post-glue station. Describe purpose of Delivery station. Describe the importance of glue position on glue flap 	Theory: 16 Hours Practical: 84 Hours	Presentations on related topic Handout on related topic Pasting machine straight Substrate	Post Press Training Room
LU-4 Perform post production activity	 Remove the Glue pot from the machine as per instruction Clean the glue pot as per instruction Remove the pile form feeder and delivery. Clean the machine & workplace 	Describe the importance of maintaining/cleaning of work station	Total: 10 Hours Theory: 2 Hours Practical: 8 Hours	Computer & multimedia Presentations on related topic Handout on related topic Cleaning brush & cloth	Classroom with multimedia aid Post Press Training Room
LU-5 Maintain Log book	 Record the final counter alongwith the wastages Record downtime during die cutting operation 	Importance of record keeping	Total: 8 Hours Theory:	Computer & multimedia Presentations on related topic Handout on	Classroom with multimedia aid Post Press Training

	2 Hours	related topic	Room
		Log book	
	Practical:		
	6 Hours		

Module 5: Perform Health and Safety.

Objective of the module: After successful completion of this module, the student will be competent to identify hazards in workplace, comply with health and safety precautions, use of personal protective equipment and practicing safe work habits at workplace at all times

Duration:

30 Hours

Theory:

15 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1 Practice safe work habit to ensure safety	 Interpret work processes and procedures to identify risk of hazards at printing press. Recognize printing processes, tools, equipment and consumable materials that have the potential to cause harm. Identify potential hazards to minimize accident risk. Take appropriate action to minimize the risk. 	 State health and safety precautions of the printing company. State safety reporting procedures State organizational health and safety procedures. List health and safety risks that can arise as a result of accidents. 	Total: 6 Hours Theory: 3 Hours Practical: 3 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid Post Press Training Room
LU-2	Select personal protective	Give importance of using Personal	Total:	Computer &	Classroom with
Use Personal	equipment in terms of type	Protective Equipment (PPE)	6 Hours	multimedia	multimedia aid
Protective	and quantity according to	List Types of PPEs required in		Presentations on	

Equipment (PPE)	work orders.	printing press	Theory:	related topic	Post Press Training
	 Verify personal protective equipment to ensure optimum protection in compliance with press room procedures. Ensure personal protective equipment hygiene in compliance with press room 		3 Hours Practical: 3 Hours	Handout on related topic Flip Chart Pen Pencil Paper	Room
LU-3	procedures.Apply dress code in	List techniques and methods to	Total:	Note book Computer &	Classroom with
Identify hazards in press environment.	 Apply dress code in accordance with press room procedures. Follow rules to ensure personal safety as well as safety of others as per press room procedures. Demonstrate housekeeping in the workplace by cleaning up spills or leaks. Keep work area clear of obstructions as per safety policies 	 List techniques and methods to control risks of identified hazards in the workplace. Define procedure of dealing with hazards to reduce chances or avoid accident or injury. List types of hazards that are most to cause harm to health and safety. 	6 Hours Theory: 3 Hours	multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	multimedia aid Post Press Training Room

LU-4 Comply with Occupational Health and Safety (OHS)precautions	 Ensure tools or equipment in place prescribed as per company procedures. Comply with health and safety precautions & relevant guidelines. Identify OHS hazards in printing press to prevent from potential for accidents Deal with problems which are within assistant printing machine operator's control. Report safety issues which are out of assistant machine operator's control Adopt dress code as per press requirement. 	 Explain importance of safety at work its implications. State work safety procedures and guidelines. List specific company procedures regarding workplace safety. Recommended procedure for clean storing of tools and equipment. 	6 Hours Theory: 3 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid Post Press Training Room
LU-5 Carryout firefighting techniques.	 Make decision in the process of fighting a fire as per instruction. Stop fire by applying firefighting policies. Apply safety precautions 	 Identify causes of Fire List types of fire List fire fighting equipment Define fire fighting method 	Total: 6 Hours Theory: 3 Hours	Computer & multimedia Presentations on related topic Handout on	Classroom with multimedia aid Post Press Training Room

when fighting a fire.			related topic	
Apply the procedure after a	Pr	Practical:	Flip Chart	
fire has been put out as per	31	Hours	Pen	
instruction.				
			Pencil	
			Paper	
			Note book	
			Fire extinguisher	

Module 6: Develop Computer Application Skills

Objective of the module: After successful completion of this module, the student will be competent to preparing word, excel and PowerPoint documents, learning basic computer application functions, as well as create email communication

Duration:

60 Hours

Theory:

15 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1 Apply Basic computer operation	 Identify computer system components Identify safety precautions associated with computer use Maintain workstation, equipment and supplies Navigate operating systems and software programs Troubleshoot computer problems Troubleshoot printer malfunction Manipulate data/software/operating system Use file management techniques 	Discussing the four main functions of computer hardware: input, processing, output, and storage. Describing major hardware components.	Total: 12 Hours Theory: 3 Hours Practical: 9 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book A3- Laser printer (color)	Classroom with multimedia aid

LU-2	Open word processing	Describing formatting styles and Total:	Computer & Classroom with
Prepare Word	application to add data	their effect on formatting, 12 Hours	multimedia aid
document	according to information requirements	readability and appearance of documents	Presentations on related topic
	 Set up page in a word document Edit word document as required Use simple formatting tools when creating the document 	 Outline purpose, use and function of word-processing software. Understand MS Word to create documents, flyers, publications Explain the effect of formatting and appearance on the readability and Practical: 9 Hours 	Handout on related topic Flip Chart Pen
	Save word document to directoryCustomize basic settings to	usability of spreadsheets	Pencil Paper Note book
	meet page layout conventionsUse formatting features and styles as required		Note book
	Insert table in a word documentInsert appropriate images into		
	 document as necessary Perform mail merge in a word document Insert header/footer in a word 		
	document to incorporate		

	 necessary data Insert section break in a word document Set style in word document Select basic Print settings Print the document 				
LU-3 Prepare spread sheet as per required information	 Create workbook according to information requirements Insert sheet according to information requirements Enter basic formulae / functions using cell referencing when required Correct formulas when error messages occur Use a range of common tools during spreadsheet development Edit columns and rows within the spreadsheet Filter data Save the spreadsheet to a folder on a storage device Format spreadsheet using formatting features as required 	Understand MS Excel to store, organize, and manipulate data	Total: 12 Hours Theory: 3 Hours Practical: 9 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid

	Incorporate object and chart in spreadsheetPrint spreadsheet			
LU-4 Prepare power point	Create a simple design for a presentationOpen blank presentation and	 Understand MS PowerPoint to create presentations 	·	Classroom with multimedia aid
presentation.	 add text / graphics Apply existing styles within a presentation Use presentation template and slides to create a presentation Use various tools to improve the look of the presentation Save presentation to the appropriate storage device and folder 	3 Ho		Post Press Training Room
LU-5 Perform email communication	 Interpret E-mail received on personal E-mail address. Prepare E-Mail for vendor applying E-mail writing ethics Send E-mail to vendor enclosed with picture of print design 	State e-mail writing ethics The	'	Classroom with multimedia aid

	Flip Chart
Pract	cal: Pen
9 Hou	rs Pencil
	Paper
	Note book

Module 7: Perform Die cutting operation (Level-3)

Objective of the module: After successful completion of this module, the student will be competent to manage substrate handling, perform cutting, perform post production activities, and maintain log book

Duration:

300 Hours

Theory:

48 Hours Pr

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1 Perform Substrate handling	 Verify side-lay & front-lay of the printed substrate Verify the GSM of the substrate as per docket. Verify thickness of substrate as per docket. Verify substrate size as per docket. Verify the grain of substrate as per docket. Perform Substrate Stacking as per instruction. 	Define side lay and front lay. Define Importance of the substrate stacking.	Total: 20 Hours Theory: 6 Hours Practical: 14 Hours	Computer & multimedia Presentations on related topic Handout on related topic Measuring scale Docket Micrometer Weighing scale with cutter	Classroom with multimedia aid Post Press Training Room
LU-2 Verify Die as per dockets	 Verify the die ups as per docket Verify creasing matrix requirement as per thickness 	Define creasing matrix	Total: 32 Hours Theory: 8 Hours	Computer & multimedia Presentations on	Classroom with multimedia aid

	of the substrate.		Practical: 24 Hours	related topic Handout on related topic Die Creasing matrix	Post Press Training Room
LU-3 Make ready workstation for die cutting operation	 Perform nicking on cutting blade as per instruction Set the die rubber on to the die Mount the die on to the machine chase. Mount machine chase on die cutting machine Set the creasing matrix on the creasing rule. Make position setting of die with the help of cutting paper/Carbon paper Perform Substrate Stacking in to the feeder Adjust the head-lay & the side-lay Adjust the impression as per 	 Describe elements of make ready for a new die cutting job Describe the purpose of fanning. Describe the importance of creasing, rule thickness and height 	Total: 60 Hours Theory: 20 Hours Practical: 40 Hours	Computer & multimedia Presentations on related topic Handout on related topic Allen key set Spanner set Scissor Die rubber Nicking tool Wood hammer Die Die cutting	Classroom with multimedia aid Post Press Training Room

	 job requirement Adjust the feeder according to the job Perform test run 			machine	
LU-4 Perform die cutting operation	 Get approval from the supervisor Carry out cutting operation as per instruction 	Describe die cutting operation	Total: 170 Hours Theory:	Computer & multimedia Presentations on related topic	Classroom with multimedia aid Post Press Training
	Check & maintain the quality of die cutting		10 Hours Practical: 160 Hours	Handout on related topic Die cutting machine Substrate	Room
LU-5 Perform post production activity	 Remove the die and cutting plate from the machine as per instruction Clean the cutting plate as per instruction Remove the pile form feeder and delivery. 	Describe the importance of maintaining/cleaning of work station	Total: 10 Hours Theory: 2 Hours	Computer & multimedia Presentations on related topic Handout on related topic	Classroom with multimedia aid Post Press Training Room
	Clean the machine & workplace		Practical:	Scraper	

			8 Hours		
LU-6 Maintain log	Record the final counter along- with the wastages	Importance of record keeping	Total: 8 Hours	Computer & multimedia	Classroom with multimedia aid
Book	Record downtime during die cutting operation		Theory: 2 Hours	Presentations on related topic Handout on related topic	Post Press Training Room
			Practical: 6 Hours	Log book	

Module 8: Perform Waste Management

Objective of the module: After successful completion of this module, the student will be competent to manage post press waste, handle toxic/nontoxic chemicals, and manage solid waste

Duration:

30 Hours

Theory:

10 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials Required	Learning Place
LU-1 Manage Post press waste	 Sort the waste generated at the workplace according to usability Tag the reusable components/item of the waste Maintain record of reusable components of the waste Reduce the waste generation in routine work by reuse the categorized waste as per requirement. Handle hazardous waste as per instruction. 	Understand the purpose of waste management.	Total: 8 Hours Theory: 2 Hours Practical: 6 Hours	Computer & multimedia Presentations on related topic Handout on related topic PPE Trolley Waste Bin (large)	Classroom with multimedia aid Post Press Training Room
LU-2 Handle toxic chemicals	 Tag containers of toxic chemical as per instruction. Store toxic waste at designated place. Manage Inflammable toxic 	 Identify the difference between toxic and nontoxic materials. Identify the difference between inflammable and noninflammable materials. 	Total: 10 Hours Theory: 04 Hours	Computer & multimedia Presentations on related topic	Classroom with multimedia aid Post Press Training

	•	chemical waste as per instruction. Manage non- inflammable toxic chemical waste as per instruction.			Practical: 06 hours	Handout on related topic PPE Trolley Waste Bin (large)	Room
LU-3	•	Tag containers of non-toxic	•	Describe the importance of	Total:	Computer &	Classroom with
Handle		chemical as per instruction.		tagging.	8 Hours	multimedia	multimedia aid
non-toxic	•	Store nontoxic waste at				Presentations on	
chemicals		designated place. Dispose-off inflammable non-			Theory:	related topic	Post Press Training
		toxic chemical waste as per instruction.			4 Hours	Handout on related topic	Room
	•	Dispose-off non- inflammable			Practical:	PPE	
		non-toxic chemical waste as			4 Hours	Trolley	
		per instruction.				Waste Bin (large)	
LU-4	•	Tag containers of printed & un-		N/A	Total:	Computer &	Classroom with
Manage solid		printed substrate waste as per			4 Hours	multimedia	multimedia aid
waste		instruction.				Presentations on	
	•	Sort substrate waste according to disposable categories			Theory:	related topic	Post Press Training
	•	Store printed substrate waste in			0 Hours	Handout on	Room

designated waste container.		related topic	
Store un-printed substrate	Practical:	PPE	
waste in designated waste	4 Hours		
container.	1110010	Trolley	
		Waste Bin (large)	
		, ,	

Module 9: Perform Embossing

Objective of the module: After successful completion of this module, the student will be competent to manage substrate handling, perform embossing, perform post production activities, and maintain log book

Duration:

140 Hours

Theory:

28 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1 Perform Substrate handling	 Verify side-lay & front-lay of the printed substrate Perform Substrate Stacking as per instruction. Verify the thickness and GSM value of the substrate. Verify the foil color, type and size as per docket. 	 Identify side lay and front lay. Describe the purpose of fanning 	Total: 12 Hours Theory: 4 Hours Practical: 8 Hours	Computer & multimedia Presentations on related topic Handout on related topic Micrometer Weighing scale with cutter	Classroom with multimedia aid Post Press Training Room
LU-2 Make ready workstation for Embossing	 Set the Embossing block on to the die Adjust the feeder according to the job Perform Substrate stacking in to the feeder 	 Describe the procedure of mounting of block on die. Describe the importance of block thickness and height. 	Total: 36 Hours Theory: 10 Hours Practical:	Computer & multimedia Presentations on related topic Handout on related topic	Classroom with multimedia aid Post Press Training Room

LU-3 Perform Embossing operation	 Adjust the front-lay & the sidelay Mount the die on to the machine Fix the counter block on the impression plate. Adjust the registration as per registration mark. Adjust block impression as per instruction Perform test run Get approval from the supervisor Carry out Embossing operation as per instruction Check & maintain the quality of Embossing 	Describe Embossing operation	Total: 74 Hours Theory: 10 Hours Practical: 64 Hours	Allen key set Spanner set Scissor Embossing block and counter block Die cutting machine Computer & multimedia Presentations on related topic Handout on related topic	Classroom with multimedia aid Post Press Training Room
LU-4 Perform post production	Remove the die and Impression plate from the machine as per instruction	Describe the importance of maintaining/cleaning of work station	Total: 10 Hours	Computer & multimedia Presentations on	Classroom with multimedia aid

activity	 Clean the cutting plate as per instruction Remove the pile form feeder and delivery. Clean the machine & workplace 		Theory: 2 Hours Practical: 8 Hours	related topic Handout on related topic Cleaning brush, cloth & scraper	Post Press Training Room
LU-5 Maintain log Book	 Record the final counter alongwith the wastages Record downtime during die cutting operation 	Importance of record keeping	Total: 8 Hours Theory: 2 Hours Practical: 6 Hours	Computer & multimedia Presentations on related topic Handout on related topic Log book	Classroom with multimedia aid Post Press Training Room

Module 10: Develop professionalism

Objective of the module: After successful completion of this module, the student will be competent to participate in in-house/outdoor training, attend trade workshops, utilize internet and prioritize job schedules

Duration:

30 Hours

Theory:

15 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1 Participate in in-house training	 Identify latest training needs according to recent printing industry demands. Get enrolled in advance press training course. Follow training institute's policies for professional development. Perform training task mentioned in TLM. 	 Describe the importance of being a good team player. Identify TLM/curriculum. Describe the benefits of latest machining techniques and developments, 	Total: 6 Hours Theory: 3 Hours Practical: 3 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid
LU-2	Promote Kaizen in printing	Describe importance of Industrial Kaizen.	Total:	Computer &	Classroom with
Participate in	industry.	Describe housekeeping through check	6 Hours	multimedia	multimedia aid
outdoor training	Implement 5S's at work	State importance and methods of time		Presentations on	

	place.	management.	Theory:	related topic	
	 Maintain schedule chart according to organizational policies. Provide logistic support for press room machinery during maintenance. 	Keep in touch with press training providers	3 Hours Practical: 3 Hours	Handout on related topic Flip Chart Pen Pencil Paper Note book	
LU-3 Attend trade shows workshop, seminars	 Adopt upcoming market trends in printing trade by attending workshop and seminar. Participate in skill test for professional development with concentration. Participate in skill upgradation courses with devotion. Participate in professional seminars with concentration to acquire first hand 	 Identify the need of skill sets by getting involved in seminars, Read books/magazines related with mechanical manufacturing trade. Describe short keys for MS office Define production plan Give advantages of preparation of production plan 	Total: 6 Hours Theory: 3 Hours Practical: 3 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid

	 industrial knowledge. Participate in industrial visits on schedule. Consult senior experts to get advice. Watch videos/documentaries related with printing and packaging industry. Perform internet browsing related to printing industry. 				
LU-4 Utilize internet	 Ensure format or structure of the correspondence is according to company's practice. Browse website as per desire. Download related software as per desire. Perform required communication via internet with in specified time limits. 	 Describe procedure of creating E-mail account Describe browsing techniques to find appropriate web site Describe procedure of sending E-mail Identify internet browsing/search engine 	Total: 6 Hours Theory: 3 Hours Practical: 3 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid

				internet	
LU-5 Prioritize job schedule	 Interpret production plan as per supervisor's instruction. Create daily schedule according to priority of production plan. Comprehend material priorities for hindrance less production, Develop list of required tools for hindrance less production, Calculate time required for production Determine sequence of activities. Report delays to superior in prescribed manners. 	 Apply press room mathematical skills during training. Apply technical English skills during training. Identify press room Key Performance Indicators (KPIs). 	Total: 6 Hours Theory: 3 Hours Practical: 3 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid

Module 11: Perform Cutting & Trimming (Level-4)

Objective of the module: After successful completion of this module, the student will be competent to manage substrate handling, Make ready workstation, perform cutting and trimming operation, maintain housekeeping and log book

Duration:

160 Hours

Theory:

22 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1 Perform Substrate handling	 Verify grain of the substrate Verify Gram per square meter (GSM) of the substrate Prepare paper stacking/jogging 	Describe types of substrate	Total: 10 Hours Theory: 2 Hours Practical: 8 Hours	Computer & multimedia Presentations on related topic Handout on related topic Weighing scale with Cutter	Classroom with multimedia aid Post Press Training Room
LU-2 Make ready workstation for cutting and trimming operation.	 Fix cutting knife as per instruction. Adjust knife impression as per instruction Verify cutting knife fixing. Fix cutting stick in machine as per OEM. Feed cutting program as per 	List the programing parameters Understand the use of measuring instrument (scale, calculator, weight machine)	Total: 42 Hours Theory: 8 Hours Practical: 44 Hours	Computer & multimedia Presentations on related topic Handout on related topic Spanner set	Classroom with multimedia aid Post Press Training Room

	docket.			Oil can Tommy bar Grease gun Guillotine machine- Programmable	
LU-3 Perform cutting and trimming operation	 Make a sample trim/cut for approval from supervisor. carryout cutting/trimming operation as per instruction 	Describe the standard paper sizes.	Total: 90 Hours Theory: 8 Hours Practical: 82 Hours	Computer & multimedia Presentations on related topic Handout on related topic Guillotine machine- Programmable	Classroom with multimedia aid Post Press Training Room
LU-4 Perform post production activity	 Stack the finished items on pallets as per instruction. Store the segregated trimmed waste at the designated bin. Clear the workstation. 	Describe the importance of maintaining/cleaning of work station	Total: 10 Hours Theory:	Computer & multimedia Presentations on related topic Handout on	Classroom with multimedia aid Post Press Training

			2 Hours	related topic Cleaning brush	Room
			Practical: 8 Hours		
LU-5 Maintain log book.	 Record the final count along with the wastages Record the down time. 	Importance of record keeping	Total: 8 Hours Theory: 2 Hours Practical: 6 Hours	Computer & multimedia Presentations on related topic Handout on related topic Log book	Classroom with multimedia aid Post Press Training Room

Module 12: Perform Hot foil stamping

Objective of the module: After successful completion of this module, the student will be competent to manage substrate handling, perform hot foil stamping, perform post production activities, and maintain log book

Duration:

160 Hours

Theory:

32 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1 Perform Substrate handling	 Verify side-lay & front-lay of the printed substrate Perform Substrate Stacking as per instruction. Verify the thickness and GSM value of the substrate. Verify the foil color, type and size as per docket. 	Identify side lay and front lay Describe the purpose of fanning	Total: 14 Hours Theory: 4 Hours Practical: 10 Hours	Computer & multimedia Presentations on related topic Handout on related topic Micrometer Weighing scale with cutter	Classroom with multimedia aid Post Press Training Room
LU-2 Make ready workstation for hot foiling	 Set the Hot foil Block on to the honeycomb chase. Adjust the feeder according to the job Perform Substrate Stacking in 	 Describe make ready of a Hot Foil job. Describe the procedure of mounting of block on honeycomb chase. 	Total: 30 Hours Theory: 10 Hours	Computer & multimedia Presentations on related topic Handout on	Classroom with multimedia aid Post Press Training

	to the feeder	Describe the importance of block	related topic Room	
	 Adjust the head-lay & the side-lay Mount the honeycomb chase on to the machine Fix the Counter hot foil block / Hot foil impression plate on the impression plate. Adjust the registration and impression as per job requirement Calculate hot foil pull and adjust the foiling unit. Perform test run 	thickness and height.	Allen key set Spanner set Scissor Grease Hot foil machinesemi auto Hot foil block Hot foil	
LU-3 Perform Hot Foil operation	 Get approval from the supervisor Carry out Hot Foil operation as per instruction Check & maintain the quality of Hot Foil 	Hot Foil machine Describe how to calculate the hot foil pull after each impression. The 14 I	Hours Computer & Classroom we multimedia a m	aid

LU-4 Perform post production activity	Remove the foil block and Impression plate from the machine as per instruction Remove the pile form feeder and delivery. Clean the machine & workplace	Describe the importance of maintaining/cleaning of work station.	Total: 10 Hours Theory: 2 Hours Practical: 8 Hours	Computer & multimedia Presentations on related topic Handout on related topic Scraper	Classroom with multimedia aid Post Press Training Room
LU-5 Maintain log Book	 Record the final counter alongwith the wastages Record downtime during die cutting operation 	Importance of record keeping	Total: 8 Hours Theory: 2 Hours Practical: 6 Hours	Computer & multimedia Presentations on related topic Handout on related topic Log book	Classroom with multimedia aid Post Press Training Room

Module 13: Carry out envelop making

Objective of the module: After successful completion of this module, the student will be competent to manage substrate handling, perform envelop making operation, maintain housekeeping and log book

Duration: 100 Hours **Theory**: 20 Hours **Practical**: 80 Hours

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1 Perform	Verify substrate as per docket.Perform stacking of envelop as	Define Importance of the substrate stacking.	Total: 10 Hours	Computer & multimedia	Classroom with multimedia aid
Substrate handling	per instruction.		Theory: 2 Hours Practical:	Presentations on related topic Handout on related topic Measuring scale	Post Press Training Room
			8 Hours		
LU-2 Make ready workstation for envelop making operation	 Prepare work station as per instruction. Prepare glue viscosity as per envelope substrate. Prepare glue viscosity as per window film. Perform crease folding as per 	Describe the types of envelop.	Total: 20 Hours Theory: 6 Hours	Computer & multimedia Presentations on related topic Handout on related topic	Classroom with multimedia aid Post Press Training Room

	 instruction. Paste window film before envelop pasting. Apply glue on pasting flap of substrate as per instruction Perform test run 		Practical: 14 Hours	Glue pot Viscosity cup Paint brush Sponge Gloves Bone folder (Folder stick)	
LU-3 Perform envelop making operation	 Get approval from the supervisor. Carry out envelop making operation as per instruction Check & maintain the quality of envelop making operation. 	Understand the importance of glue viscosity.	Total: 52 Hours Theory: 8 Hours Practical: 44 Hours	Computer & multimedia Presentations on related topic Handout on related topic Paint brush Bone folder (Folder stick)	Classroom with multimedia aid Post Press Training Room
LU-4 Perform post production activity	 Remove the waste material as per instruction Clean the work station as per instruction 	Describe the importance of maintaining/cleaning of work stations.	Total: 10 Hours	Computer & multimedia Presentations on	Classroom with multimedia aid

			Theory:	related topic	Post Press Training
			2 Hours	Handout on	Room
				related topic	
			Practical:	Cleaning brush	
			8 Hours		
LU-5	Record the final counter along-	Importance of record keeping	Total:	Computer &	Classroom with
Maintain log	with the wastages		8 Hours	multimedia	multimedia aid
Book	Record downtime during folding			Presentations on	
	machine operation		Theory:	related topic	Post Press Training
			2 Hours	Handout on	Room
				related topic	
			Practical:	Log book	
			6 Hours		

Module 14: Solve problems at work place

Objective of the module: After successful completion of this module, the student will be competent to apply the process of problem solving for problems beyond those associated directly with the process unit

Duration:

50 Hours

Theory:

25 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1. Analyze the problem	 Evaluate issues/concerns based on data gathered. Identify possible causes of problem within the area of responsibility as based on experience Use problem solving tools/analytical techniques. Develop possible cause statements based on findings. Use analogies to support reasoning. Identify cause and effects based on the criteria or information provided to support reasoning 	 Explain Analytical skills and broad knowledge of diagnostic tools Explain broad knowledge of the client business domain Elaborate broad understanding of organizational systems and functions 	Total: 10 Hours Theory: 5 Hours Practical: 5 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid

LU-2. Identify possible Solutions	 Consider all possible options for solution of the problem in accordance with safety and operating procedures. Determine strengths and weaknesses of possible options Take corrective action to solve the problem Determine its possible future causes. Analyze past experience Provide samples to support generalization. Implement simulations as needed 	 Outline communication skills according to the type of audience Describe the ways to develop critical thinking Theory 5 Hours Practice 5 Hours 	Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book
LU-3. Recommend solution to higher management	 Prepare report or documentation Present recommendations to appropriate personnel. Follow up recommendations 	 Explain methods and techniques for decision making within a limited range of options Describe general customer service skills Explain the methods of questioning Total: 10 Hours Theory 5 Hours	Presentations on related topic

		and active listening employed to clarify general information	Practical: 5 Hours	related topic Flip Chart Pen Pencil Paper Note book	
LU-4. Implement solution	Identify measurable objectives Identify resource needs Prepare timelines in accordance with plan	Elaborate problem solving tools:	Total: 10 Hours Theory: 5 Hours Practical: 5 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid
LU-5. Evaluate/monitor	Identify processes and improvements based on	Explain the ways to improve teamwork in reference to personal	Total:	Computer &	Classroom with

results and	evaluative assessment of	responsibility	10 Hours	multimedia	multimedia aid
outcome	 Prepare recommendations and submit to superiors 		Theory: 5 Hours Practical: 5 Hours	Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	

Module 15: Develop communication skills

Objective of the module: After successful completion of this module, the student will be competent to perform communication. Also deals with listening practice, adopting questioning technique to lead actual issues in the system, demonstrating telephonic ethics and moral techniques to deal with people related to the work

Duration:

30 Hours

Theory:

15 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials Required	Learning Place
LU-1 Make telephone calls	Determine communication styles Investigate issue /problem through relevant questions Demonstrate courteous behavior while listen to the people Perform phone conversation applying time Management concisely	Concentrate on commands/speeches Record information about enquiry or complaint as per company's practice Identify factors required to communicate effectively and precisely within same organization Enlist elements required to deal with vendors and the other organizations.	Total: 8 Hours Theory: 4 Hours Practical: 4 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Telephone set	Classroom with multimedia aid
LU-2 Instruct labors	Display body language while communicating to a customer to show attention	Describe methods to overcome the sentiment.Opt language which labor could	Total: 8 Hours	Computer & multimedia	Classroom with multimedia aid

	 Communicate within department as per SOPs. Opt language for commanding 	understand elegantly	Theory: 4 Hours Practical: 4 Hours	Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper	
LU-3 Communicate with supervisor	 Develop a strategy for using communication skills Convey ideas to the supervisor precisely Report safety hazards to supervisor urgently Maintain good working relation with supervisor 	 Adapt strategy to produce the quality of outcomes required Describe importance of accurate communication 	Total: 8 Hours Theory: 3 Hours Practical: 5 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper	Classroom with multimedia aid
LU-4	Communication with other	Write work reports	Total:	Computer &	Classroom with

with people • Communicate effectively with • Maintain work history Presenta	
colleagues, peers, the Community, other related personnel to exchange information. Interact with other professionals through effective teamwork. Enlist names and address of printing press related people and organization. Give advantages of maintaining good occupational relations with printing industry people Theory: 4 Hours Handout related to maintaining good occupational relations with printing industry people Flip Characteristics Pen Practical: 2 Hours Pen Paper Note book Note book	opic on opic rt

Module 16: Perform Quality inspection (Level-5)

Objective of the module: After successful completion of this module, the student will be competent to carryout physical inspection, environmental test and maintain test records

Duration: 250 Hours **Theory**: 55 Hours **Practical**: 195 Hours

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1 Carryout Printing Inspection	 Check first final printed sheet for approval. Verify printed sheet registration. Verify side-lay and front-lay. Verify folding marks. Verify Color variation. Verify content on printed sheet. Verify grain direction. Verify GSM (Gram per Square Meter) / thickness of the substrate. 	 Define knowledge of substrate. Understand the purpose of quality control Define importance of grain. 	Total: 60 Hours Theory: 20 Hours Practical: 40 Hours	Computer & multimedia Presentations on related topic Handout on related topic Micrometer Measuring scale Vernier caliper Weighing scale Spectrodensitometer	Classroom with multimedia aid Post Press Training Room
	Check form series.Check page sequence.	Understand the use of measuring instrument	Total: 80 Hours	Computer & multimedia	Classroom with multimedia aid

	Check folding as per mark.		Theory:	Presentations on	
	• .		15 Hours	related topic	
LU-2	Check gathering sequence.				Post Press Training
Carryout	Check saddle stitch / thread .		Practical:	Handout on	Room
Publishing	swing.		65 Hours	related topic	
Inspection	Verify Hot glue binding.		0011000		
	Verify title creasing				
	Verify Title lamination.				
	Verify Book trimming.				
LU-3	Verify die cutting pressure of	Describe types of glue.	Total:	Computer &	Classroom with
Carryout	substrate.	Define binding material.	80 Hours	multimedia	multimedia aid
Packaging	Verify cutting and embossing			Presentations on	
Inspection	registration / position.		Theory	related topic	Doot Droop Training
	Verify embossing impression.		Theory: 15 Hours	Handaut an	Post Press Training
	Verify Box alignment.		15 Hours	Handout on	Room
	Verify perforation and creasing			related topic	
	impression.		Practical:	Magnifying glass	
	Verify lock alignment.		65 Hours	Paper/board	
	Verify lamination / coating.			moisture meter	
	Verify Pasting strength.			Humidity meter	
	Verify folded crease quality.				
	Verify glue viscosity.			Creasing Matrix	
	Verify cutting test of skillet/unit			chart	
	box.			Din/viscosity cup	

LU-4	•	Verify grain direction as per approved sample. Verify perforation test (tear test/light passing method) as per instruction Verify foiling impression as per approved sample. Verify board moisture value. Record Physical Publishing	•	How to fill quality check list	Total:	Computer &	Classroom with
Maintain Test	•	Inspection test results		How to fill quality check list	30 Hours	multimedia	multimedia aid
record	•	Record Physical Packaging				Presentations on	
		Inspection test results			Theory:	related topic	Post Press Training
					5 Hours	Handout on	Room
						related topic	
					Practical:	Log book	
					25 Hours		

Module 17: Develop Entrepreneur skills

Objective of the module: After successful completion of this module, the student will be competent to develop business plan, collect information regarding funding sources, develop market plan and keep motivate team

Duration:

50 Hours

Theory:

20 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials Required	Learning Place
LU-1. Institute/Develop a business plan	 Conduct a market survey to collect following information Customer /demand Tools, equipment, machinery and furniture with rates Raw material Supplier Credit / funding sources Marketing strategy Market trends Overall expenses Profit margin Select the best option in terms of cost, service, quality, sales, profit margin, overall expenses Compile the information 	 Explain the 7ps of marketing including product, price, placement, promotion, people, packaging and positioning Describe 7Cs of business communication Define different modes of communication and their application in the industry. Enlist specific business terms used in the industry Introduction of basic accounting (income statement, balance sheet, profit margin calculation, costing) 	Total: 20 Hours Theory: 6 Hours Practical: 14 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid Post Press Training Room

LU-2. Collect	•	collected through the market survey, in the business plan format Identify the available funding sources based on their terms and conditions, maximum	•	Enlist the available funding sources Explain how to get loan to start a	Total: 10 Hours	Computer & multimedia	Classroom with multimedia aid
information regarding funding sources	•	loan limit, payback time, interest rate Choose the best available option according to investment requirement Prepare documents according to the loan agreement requirement Include the information of funding sources in the business plan		new business	Theory: 6 Hours Practical: 4 Hours	Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Post Press Training Room
LU-3. Develop a marketing plan	•	Make a marketing plan for the business including product, price, placement, promotion, people, packaging and positioning	•	Explain market survey and its tools e.g. questionnaire, interview, observation Describe the market trends for specific product offering.	Total: 10 Hours Theory:	Computer & multimedia Presentations on related topic Handout on	Classroom with multimedia aid Post Press Training

	Include the information of marketing plan in the business plan		4 Hours Practical: 6 Hours	related topic Flip Chart Pen Pencil Paper Note book	Room
LU-4. Motivate Team	 Develop positive and constructive relationships with and between team members Facilitate team communication processes Involve team members in the following processes, to ensure acceptance and support. Examining risks and options Making decisions Promote coordinated efforts Determine strengths and weaknesses of team members Recognize team members' queries and deal with it. 	 Elaborate motivation theory. Explain Ground rules for team work. Understand the importance of motivation. Describe the role of leadership. Importance of team meetings. 	Total: 10 Hours Theory: 4 Hours Practical: 6 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid Post Press Training Room

Module 18: Managing a team

Objective of the module: After successful completion of this module, the student will be competent to lead small teams including setting and maintaining team and individual performance standards

Duration:

50 Hours

Theory:

20 Hours

Practical:

LU-2. Motivate Team	 Develop positive and constructive relationships with and between team members Facilitate team communication processes Involve team members in the following processes, to ensure acceptance and support. examining risks and options making decisions Promote coordinated efforts Determine strengths and weaknesses of team members Recognize team members' queries and deal with it. 	Describe communication skills	Total: 15 Hours Theory: 5 Hours Practical: 10 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid
LU-3. Monitor team effectiveness	 Monitor the implementation of work plan according to workplace policies and procedures. Monitor performance against defined performance criteria 	 Outline strategies for dealing effectively with team member complaints or grievances and Explain team dynamics and facilitation processes Explain conflict resolution 	Total: 15 Hours Theory: 5 Hours	Computer & multimedia Presentations on related topic Handout on	Classroom with multimedia aid

Support team in identifying	techniques		related topic
resolving problems		Practical:	Flip Chart
Consult team members in a	anv	10 Hours	Pen
review and revision of team			Pencil
objectives and goals.			
Address performance issue	es l		Paper
which cannot be rectified w			Note book
the team to appropriate			
personnel according to emp	ployer		
policy.			
Address concerns of team			
members			
Keep team members inform	ned		
about			
 Changes in prioritized assignments 			
o Policies			
Monitor team operations			
Provide follow-up communi			
on all issues affecting the to	eam		
Conduct team meetings to	review		

work operations		
Support team in identification and resolution of problems		
Consult team members in objectives/ goals review		

Module 19: Plan business activities

Objective of the module: After successful completion of this module, the student will be competent to a small independent operation or to a section of a large organization

Duration:

50 Hours

Theory:

30 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1. Plan work activities	 Determine work objectives in line with organizational goals within set time frames. Establish work activity priorities and deadlines in consultation with others Identify team roles and responsibilities Assess resource implications of the work activities 	 Describe the following Organizing Planning Presentation skills Team work and consultation strategies 	Total: 10 Hours Theory: 6 Hours Practical: 4 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid
LU-2. Schedule work activities	Schedule work tasksCoordinate schedule of work activities with personnel	Outline the organization's strategic plan, policies rules and regulations, laws and objectives	Total: 10 Hours	Computer & multimedia Presentations on	Classroom with multimedia aid

	concerned	for work unit activities and priorities	Theory: 6 Hours Practical: 4 Hours	related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	
LU-3. Implement work activities	 Identify work methods and practices in consultation with personnel concerned. Implement work plans in accordance with set time frames, resources and standards. Conduct work within established workplace policies and the business goals of the workplace. 	 Explain Communication skills: sharing information, listening and understanding, negotiation, facilitation and team collaboration 	Total: 10 Hours Theory: 6 Hours Practical: 4 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid

LU-4. Monitor work activities	•	Monitor work activities and compare with set objectives. Monitor work performance Report and coordinate deviations from work activities with appropriate personnel and in accordance with set standards. Compile reporting requirements with in accordance with recommended format. Maintain files in accordance with standard operating procedures.	 Explain the ways of conducting team meetings Explain team dynamics and facilitation processes 	Total: 10 Hours Theory: 6 Hours Practical: 4 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid Post Press Training Room
LU-5. Review and evaluate work plans and activities	•	Review work plans, strategies and implementation based on accurate, relevant and current information. Base the review on comprehensive consultation with appropriate personnel on outcomes of work plans and reliable feedback.	 List down motivation skills Outline organizations policies, strategic plans, guidelines related to the role of the work unit 	Total: 10 Hours Theory: 6 Hours Practical: 4 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen	Classroom with multimedia aid

• (Get the feedback to identify and	Pencil	
	develop ways to improve	Paper	
	competence within available	Nata haali	
	opportunities.	Note book	
	Provide results of review to		
	concerned parties and formed as		
	the basis for		
	adjustments/simplifications to be		
	made to policies, processes and		
	activities.		
	activities.		
• (Conduct performance appraisal in		
a	accordance with organization		
r	rules and regulations.		
• F	Prepare performance appraisal		
r	report and document it regularly		
a	as per organization requirements.		
	Prepare recommendations and		
	present to appropriate		
	personnel/authorities.		
•	Implement feedback mechanisms		
i	in line with organization policies		

Module 20: Address Basic Customer needs

Objective of the module: After successful completion of this module, the student will be competent to apply organizational procedures and be aware of, and apply as appropriate, broader factors involving ethics, industry practice and relevant government policies and regulations

Duration:

50 Hours

Theory:

24 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1. Assist customer to articulate needs	 Ensure customer needs are fully explored, understood and agreed Explain and match available services and products to customer needs Identify and communicate rights and responsibilities of customers to the customer as appropriate 	Explain organizational procedures and standards for establishing and maintaining customer service relationships	Total: 12 Hours Theory: 6 Hours Practical: 6 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid
LU-2. Satisfy Customer	Explain possibilities for meeting customer needs	 Describe informed consent. Describe ways to establish effective regular communication 	Total: 12 Hours	Computer & multimedia Presentations on	Classroom with multimedia aid

needs	Assist customers to evaluate	with customers		related topic	
	service and/or product options		Theory:	Handout on	
	to satisfy their needs		6 Hours	related topic	
	 Determine and prioritize preferred actions Identify potential areas of difficulty in customer service delivery Take appropriate actions in a 		Practical: 6 Hours	Flip Chart Pen Pencil Paper Note book	
	positive manner				
LU-3. Manage networks to ensure customer needs are addressed	 Establish effective regular communication with customers Obtain customer feedback about the products/services rendered Ensure referrals are based on the matching of the assessment of customer needs and availability of products and services Maintain records of customer 	Explain consumer rights and responsibilities	Total: 12 Hours Theory: 6 Hours Practical: 6 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper	Classroom with multimedia aid

	interaction in accordance with		Note book	
	organizational procedures			
111-4		• outline details of products or T	Total: Computer &	Classroom with
LU-4. Convert customer enquiries into sales	 use information accessed from the customer relationship management (CRM) system to identify any needs identify suitable products/services to meet needs make convincing sales pitches to customers following standard scripts handle customer queries, objections and rebuttals following standard scripts adapt approach according to the 	services including with reference to: O Possible alternative products and services O Variations within a limited product and service range.	Total: 14 Hours Presentations on related topic Handout on related topic Flip Chart Pencil Paper Note book	Classroom with multimedia aid
	 customer preferences Report issues to concerned authorities Obtain customer's financial information as per organization 			

policy		
Complete post-sales procedures to complete sales		
Comply with relevant policies, when converting customer enquiries into sales		

Module 21: Manage Human Resources

Objective of the module: After successful completion of this module, the student will be competent to establishing human resource requirements, identifying the learning and development needs of people working on the project, facilitating these needs being met, and resolving conflict in the team. It applies to individuals who are project practitioners working in a project support role

Duration: 50 Hours **Theory**: 25 Hours **Practical**: 25 Hours

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1. Determine human resource requirements	Analyze work breakdown structure to determine human resource requirements Prepare a skills analysis of project personnel against project task requirements Assist in assigning responsibilities for achieving project deliverables	Identify alternative project personnel engagement options	Total: 12 Hours Theory: 6 Hours Practical: 6 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid
LU-2.	Actively seek views and	Explain job design principles and	Total:	Computer &	Classroom with
Establish	opinions of team members	work breakdown structures	12 Hours	multimedia	multimedia aid
	·	Describe learning and			

productive team	during task planning	and development approaches that	can	Presentations on	
relationships	implementation	be incorporated into project	life Theory:	related topic	
relationships	 Promote cooperation effective activities, governed to relationships within to communicate with one styles and methods at to organizational standard group expectations are outcomes Communicate informatide to others in a least to others. Regularly seek feed to relationships, and us as basis for own implement 	cycle cy	Theory: 6 Hours Practical: 6 Hours	related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	
LU-3. Monitor Human Resource	Monitor work of projection personnel as per ass		Total: 12 Hours	Computer & multimedia Presentations on	Classroom with multimedia aid

Management	Review skill levels against			related topic	
	allocated tasks	Th	heory:	Handout on	
	anocateu tasks		Hours		
	• : Recommend solutions, where	0 1	HOUIS	related topic	
	required			Flip Chart	
	Advise others within delegated	Pr	ractical:	Pen	
	authority when assigned	61	Hours	Deneil	
	responsibilities are not met by			Pencil	
	project personnel			Paper	
	Undertake work in a multi-			Note book	
	disciplinary environment				
	according to established human				
	resource management practices				
	resource management practices				
	Resolve conflict within				
	delegated authority according to				
	agreed dispute-resolution				
	processes				
	Assist in offering human				
	resource development				
	opportunities to individuals with				
	skill gaps				

•	Contribute to assessing	•	Identify and describe proje	ect roles,	Total:	Computer &	Classroom with
	•		responsibilities and	reporting	14 Hours	multimedia	multimedia aid
	• •		requirements for human re	esources.		Presentations on	
•	·				Theory:	related topic	
	support continuous				7 Hours	Handout on	
	improvement processes					related topic	
					Practical:	Flip Chart	
					7 Hours	Pen	
						Pencil	
						Paper	
						Note book	
	•		resources management • Document lessons learned to support continuous	resources management requirements for human resources management Document lessons learned to support continuous	resources management requirements for human resources. • Document lessons learned to support continuous	effectiveness of project human resources management Document lessons learned to support continuous improvement processes requirements for human resources. Theory: 7 Hours Practical:	effectiveness of project human resources management • Document lessons learned to support continuous improvement processes • Presentations on related topic Theory: 7 Hours Practical: 7 Hours Pen Pencil Paper

Module 22: Manage Personal Finance

Objective of the module: After successful completion of this module, the student will be competent to develop, implement and monitor a personal budget in order to plan regular savings and manage debt effectively

Duration:

50 Hours

Theory:

24 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1. Develop a personal budget	 Calculate current living expenses using available information to prepare a personal budget. Keep a record of all income and expenses for a short period of time to help estimate ongoing expenses. Subtract total expenses from total income to determine a surplus or deficit budget for the specified period. Find reasons for a deficit budget and ways to reduce expenditure identified. Identify ways to increase income 	 Explain the abilities to plan and organize to keep records and monitor a personal budget Describe abilities to set and review goals 	Total: 16 Hours Theory: 8 Hours Practical: 8 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid

LU-2. Develop long term personal budget	 Analyze income and expenditure and set long term personal financial goals. Develop a long-term budget based on the outcomes of short-term budgeting. Identify obstacles that might affect the business Formulate a regular savings plan based on budget 	to enable development and management of a personal budget • Describe benefits of financial goal setting and personal budgeting to enable effective management of personal finances • Pra	'	Classroom with multimedia aid
LU-3. Identify ways to maximize future finances	 Determine sources to maximize personal income, Get further education or training to maintain or improve future income. Identify the need for debt to finance living and other expenses, Determine the appropriate levels 	The 8 H	' '	Classroom with multimedia aid

of debt and repayment.		Pencil	
Consolidate existing debt, where		Paper	
possible, to minimize interest		Note book	
costs and fees.		Note book	
Seek professional money			
management services.			

Module 23: Solve Problems pertaining to health and safety

Objective of the module: After successful completion of this module, the student will be competent to concerned with complex negotiation in critical incidents and the development of strategic responses designed to resolve threatening incidents

Duration:

50 Hours

Theory:

25 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1. Identify a problem	 Probe the problem to find the root cause. Follow logic steps in understanding root cause Analyze potential solutions. Take initiative which help to solve problems 	Explain organization's policies, guidelines and procedures related to control and surveillance, safety and preventing and responding to incidents and breaches of orders covered in the range of variables	Total: 10 Hours Theory: 5 Hours Practical: 5 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid Post Press Training Room
LU-2. Determine strategies for a required solution	 Analyze all aspects of the incident for degree of Hazard, 	Describe teamwork principles and strategies	Total: 10 Hours	Computer & multimedia Presentations on	Classroom with multimedia aid

	o Priorities,			Theory:	related topic	Post Press Training
	 Optional outcomes 			5 Hours	Handout on	Room
	 Appropriate strategies 					
	 Find strategies for the needed solution of the incident Identify priorities on the incident sought from a range of sources Asses objectives with available resources Assess priorities with available resources Apply a range of communication techniques to maintain contact with the key people Assess the interests of key people with the help of factual 			Practical: 5 Hours	related topic Flip Chart Pen Pencil Paper Note book	
	information					
	Resolve the conflict					
LU3. Coordinate	Assess the need for support	Explain	organization's	Total:	Computer &	Classroom with
support services	services in terms of the	management and systems	d accountability	10 Hours	multimedia	multimedia aid

	determined strategies and priorities Negotiate the resources of support services according to established procedures Assign responsibilities according to expertise		Theory: 5 Hours Practical: 5 Hours	Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	
LU-4. Restore order	 Observe that the situation after the incident solution is normalized Take proactive action to avoid the incident to the possible extent Communicate accurate reports of the incident and its correction to the authorities Review the incident 	Outline the principles of effective communication	Total: 10 Hours Theory: 5 Hours Practical: 5 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper	Classroom with multimedia aid

	 evaluate the incident Evaluate the organizational response Report it accurately on time. 			Note book	
Provide leadership. direction to the work group	 Link group functions with organizational goals Participate in decision making routinely to: Develop the work of the group Allocate responsibilities where appropriate Review the work as needed Give opportunities to the work group for encouragement Give opportunities to ensure innovative practices in the work group Identify conflict Resolve with minimum disruption to work group function 	 Outline the guidelines for use of equipment and technology Explain code of conduct 	Total: 10 Hours Theory: 5 Hours Practical: 5 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid

Empower the work group where necessary	
 Supervise appropriately to know: The changing priorities Individual need Requirement of the tasks 	

Module 24: Develop Business Plan

Objective of the module: After successful completion of this module, the student will be competent to develop a plan for a post press project, including assessing project requirements and planning for all stages to completion and final documentation. It applies to individuals who are likely to have responsibility for the provision of installations, maintenance, upgrades and new services

Duration: 50 Hours **Theory**: 24 Hours **Practical**: 26 Hours

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1. Prepare project management plan	 Evaluate project brief and related documents Produce document on project tasks and associated timelines, including Installation processes Test requirements Assess resource requirements Produce document on resource requirements to assist allocation of appropriate resources Produce training plan assessing training needs and associated timelines for efficient project 	 Explain the key attributes of common telecommunications applications and related equipment Identify and evaluate the connections to carrier infrastructure or equipment Identify current legislation relating to the design of installation of telecommunications equipment and connection to carrier services 	Total: 12 Hours Theory: 6 Hours Practical: 6 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid

	 implementation Determine budgetary requirements Discuss roles of all identified parties associated with project to ensure their involvement Produce project verification document, including Monitoring Control processes Review processes such as quality audits Consult with all relevant parties prior to finalizing draft Plan Make changes as appropriate 				
LU-2. Develop and evaluate management plan	 Produce preliminary plan for consultation Identify factors that may impact on project as per standards Consult with client to clarify any amendments 	 Outline work health and safety (whs) issues that need to be built into a plan, with consideration of: Electrical safety Materials handling Physical hazards Confined spaces 	Total: 12 Hours Theory: 6 Hours	Computer & multimedia Presentations on related topic Handout on related topic	Classroom with multimedia aid

LU-3.	Develop final plan with recommendations	O Heights O Lifting Fireheats the adventages of	Practical: 6 Hours	Flip Chart Pen Pencil Paper Note book	Classroom with
Communicate project information	 Produce and document final plan to include implementation details and training needs Present plan to client and obtain sign off 	 Evaluate the advantages of leasing and purchase options to assist in delivering cost effective solutions Identify and evaluate network and transmission equipment Outline network topologies, and interface and interconnect solutions Describe and evaluate the power requirements and electrical safety aspects of the installation plan 	Total: 12 Hours Theory: 6 Hours Practical: 6 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid
LU-4. Contribute to assessing effectiveness of	Assist in ongoing review of project outcomes to determine	Describe typical performance parameters and typical faults that may be encountered in client	Total: 14 Hours	Computer & multimedia Presentations on	Classroom with multimedia aid

communication	effectiveness of communications-	equipment and related	related topic	
	management activities	connection and transmission media	Theory: Handout on	
	Report communications-	Identify various test equipment	6 Hours related topic	
	management issues and responses to higher project	types suitable for tests to be	Flin Chart	
	authorities	made	Practical: Pen	
		 Identify warranty information for equipment supplies and 	Pencil	
		contractor work guarantees.	Paper	
			Note book	

Module 25: Apply Information and Communication Skills

Objective of the module: After successful completion of this module, the student will be competent to provide a critical link between people, ideas and information at all stages in the project life cycle. It involves assisting the project team to plan communications, communicating information related to the project, and reviewing communications. It applies to individuals who are project practitioners working in a project support role.

Duration:

50 Hours

Theory:

24 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1. Contribute to communications planning	 Contribute in gathering relevant information requirements to start project documentation Contribute to developing and implementing the project Communications plan Communications networks 	Summarize models and methods of communications management in context of project life cycle and other project management functions	Total: 12 Hours 6 Theory: Hours Practical: 6 Hours	Computer & multimedia Presentations on related topic Handout on related topic Flip Chart Pen Pencil Paper Note book	Classroom with multimedia aid
LU-2.	Act on project information	Explain importance of managing	Total:	Computer &	Classroom with
Conduct	according to agreed procedures	risk by treating information	12 Hours	multimedia	multimedia aid
		securely			

information-		as directed, to aid decision-				Presentations on	
management		making processes throughout				related topic	
activities		project life cycle			6 Theory:		
donvinos		project ine cycle			Hours	Handout on	
	•	Maintain information to ensure				related topic	
		data is secure and auditable				Flip Chart	
					Practical:	l iip Griait	
					6 Hours	Pen	
						Pencil	
						Paper	
						Note book	
LU-3.		Communicate with clients and	•	Identify organizational policies and	Total:	Computer &	Classroom with
Communicate		other stakeholders during		procedures relevant to this role in	12 Hours	multimedia	multimedia aid
project		•		a specific context.		Presentations on	
information		project using agreed networks,		·			
		to ensure flow of necessary information			6 Theory:	related topic	
		mormation			Hours	Handout on	
	•	Ensure reports are prepared				related topic	
		and released according to				Flip Chart	
		authorization			Practical:	I lip Chart	
	•	Seek information and advice			6 Hours	Pen	
		from appropriate project				Pencil	
		authorities as required				Donor	
		·				Paper	

			Note book	
to assessing effectiveness of communication	 Assist in ongoing review of project outcomes to determine effectiveness of communications-management activities Report communications-management issues and responses to higher project authorities 	Outline methods of reviewing outcomes	Total: Computer & multimedia Presentation related topic Hours Handout on related topic Practical: Flip Chart Pen Pencil Paper Note book	multimedia aid

Module 26: Perform Color Management

Objective of the module: After successful completion of this module, the student will be competent to perform color management by controlling LAB values & their matching procedure, controlling ink density in printing machine and controlling drying parameter of printed jobs. Color processing, LAB Value maintenance during printing process inks management, process of ink filling CPC Processing.

Duration:

100 Hours

Theory:

20 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1 Check L*a*b* and density values	 Match color L*a*b* values with given reference as per docket/job card. Verify Delta E(ΔE) of colors with in the specified range during production. Verify color density 	 Define colour management. Enlist process colours. Describe ΔΕ. Define L*a*b* Values. State procedure of LAB matching. 	Total: 70 Hours Theory: 16 Hours Practical: 54 Hours	Computer & multimedia Presentations on related topic Handout on related topic Spectro photo meter	Classroom with multimedia aid Post Press Training Room
LU-2 Verify drying parameters	 Verify wet ink on sheets. Check low stacks from the machine as per job. 	Define ink density.	Total: 30 Hours Theory: 4 Hours Practical: 26 Hours	Computer & multimedia Presentations on related topic Handout on related topic Magnifying glass	Classroom with multimedia aid Post Press Training Room

Module 27: Develop Layout & Dummy

Objective of the module: After successful completion of this module, the student will be competent in Post press operations to development of layout and dummy of new job with the minimum wastage

Duration:

100 Hours

Theory:

20 Hours

Practical:

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials	Learning Place
				Required	
LU-1 Perform manual	Verify side-lay & front-lay of the substrate.	State Standard sizes of substrate.	Total: 30 Hours	Computer & multimedia	Classroom with multimedia aid
sizing and layout	 Verify the color, type and size as per sample. Make sketch of unit box on the large sheet. Verify the thickness and GSM value of the substrate. 	Identify side lay and front lay.	Theory: 5 Hours Practical: 25 Hours	Presentations on related topic Handout on related topic Scissor Measuring tape	Post Press Training Room
LU-2 Instruct Graphic designer for Art Work	 Create master art board sheet size. Adjust Ups according to art board. Check the margin of side-lay & 	 Describe the purpose of layout. Describe the importance of CMYK colour bar. Describe the importance of bleeding area. 	Total: 40 Hours Theory: 10 Hours	Computer & multimedia Presentations on related topic Handout on	Classroom with multimedia aid Post Press Training Room

	 front-lay of the substrate. Check the folding / perforation margin of the substrate. Add bleeding / over lapping for flash cutting. Verify CMYK color bar on layout. Check side-lay, cutting and registration marks. Verify job card and form number on layout. 	 Describe the importance of job card number. Describe the importance registration marks 	Practical: 30 Hours	related topic Set square Paper cut knife Flip Chart Pen Pencil Paper Note book	
LU-3 Develop a Dummy	 Make a print out of actual size. Create a Dummy. Verify Dummy as per job. Get approval from client. 	Describe the development process of Dummy.	Total: 30 Hours Theory: 5 Hours Practical: 25 Hours	Computer & multimedia Presentations on related topic Handout on related topic A3- Laser Printer (color)	Classroom with multimedia aid Post Press Training Room

General assessment guidance for Post Press Operations

Good practice in Pakistan makes use of sessional and final assessments, the basis of which is described below. Good practice by vocational training providers in Pakistan is to use a combination of these sessional and final assessments, combined to produce the final qualification result.

Sessional assessment is going on all the time. Its purpose is to provide feedback on what students are learning:

- To the student: to identify achievement and areas for further work
- To the teacher: to evaluate the effectiveness of teaching to date, and to focus future plans.

Assessors need to devise sessional assessments for both theoretical and practical work. Guidance is provided in the assessment strategy

Final assessment is the assessment, usually on completion of a course or module, which says whether or not the student has "competent" or "not yet competent". It is – or should be – undertaken with reference to all the objectives or outcomes of the course, and is usually fairly formal. Considerations of security – ensuring that the student who gets the credit is the person who did the work – assume considerable importance in final assessment.

Methods of assessment

For lessons with a high quantity of theory, written or oral tests related to learning outcomes and/ or learning content can be conducted. For workplace lessons, assessment can focus on the quality of planning the related process, the quality of executing the process, the quality of the product and/or evaluation of the process.

Methods include direct assessment, which is the most desirable form of assessment. For this method, evidence is obtained by direct observation of the student's performance.

Examples for direct assessment of a Post press operations include:

- Work performances, for example carry out envelop making.
- **Demonstrations**, for example demonstrating Post Press operations, such as health and safety at work place.
- **Direct questioning,** where the assessor would ask the student what could be the precautions should be taken during die cutting operation.
- Paper-based tests, such as multiple choice or short answer questions on Post Press Operations – Packaging.

Indirect assessment is the method used where the performance could not be watched and evidence is gained indirectly.

Examples for indirect assessment of Post Press Operations – Packaging include:

- Work products, bounded hard covers, prepared dummy etc.
- Workplace documents, such as a register/log book for recoding hard cover binding operations.

Indirect assessment should only be a second choice. (In some cases, it may not even be guaranteed that the work products were produced by the person being assessed.)

Principles of assessment

All assessments should be valid, reliable, fair and flexible:

Fairness means that there should be no advantages or disadvantages for any assessed person. For example, it should not happen that one student gets prior information about the type of work performance that will be assessed, while another candidate does not get any prior information.

Validity means that a valid assessment assesses what it claims to assess. For example, if trimming skills are to be assessed and certificated, the assessment should involve performance criteria that are directly related to that trimming activity. An interview about the effect of the trimming processes on different type of raw material would not meet the performance criteria.

Reliability means that the assessment is consistent and reproducible. For example, if the work performance of carryout binding has been assessed, another assessor (eg. the future employer) should be able to see the same work performance and witness the same level of achievement.

Flexibility means that the assessor has to be flexible concerning the assessment approach. For example, if there is a power failure during the assessment, the assessor should modify the arrangements to accommodate the students' needs.

Sessional assessment

The sessional assessment for all modules shall be in two parts: theoretical assessment and practical assessment. The sessional marks shall contribute to the final qualification.

Theoretical assessment for all learning modules must consist of a written paper lasting at least 15-20 minutes per module. This can be a combination of multiple choice and short answer questions.

For practical assessment, all procedures and methods for the modules must be assessed on a sessional basis. Guidance is provided below under Planning for assessment.

Final assessment

Final assessment shall be in two parts: theoretical assessment and practical assessment. The final assessment marks shall contribute to the final qualification.

The final theoretical assessment shall consist of 15-20 minutes paper.

For the final practical assessment, each student shall be assessed over a period of one day, with 6-hour sessions a day. This represents a total of 6 hours of practical assessment for each student. During this period, each student must be assessed on his/her ability to perform as per post press operations tasks.

There is no final practical assessment for generic and functional modules. Practical work for these modules shall be assessed on a sessional basis only.

The assessment team

The number of assessors must meet the needs of the students and the training provider. For example, where two assessors are conducting the assessment, there must be a maximum of five students per assessor. In this example, a group of 20 students shall therefore require assessments to be carried out over a four-day period. For a group of only 10 students, assessments would be carried out over a two-day period only.

Planning for assessment

Sessional assessment: assessors need to plan in advance how they will conduct sessional assessments for each module. The tables on the following pages are for assessors to use to insert how many hours of theoretical and practical assessment will be conducted and what the scheduled dates are.

Final assessment: Training providers need to decide ways to combine modules into a cohesive One-day final assessment program for each group of five students. Training providers must agree for practical assessments in advance

COMPLETE LIST OF TOOLS AND EQUIPMENT FOR PACKAGING

List of Tool & equipment (Packaging)

Sr. #	Description	Quantity
1	Spanner set	02
2	Allen key set	02
3	Torque wrench	02
4	Screw driver set	02
5	Plier set	02
6	Lock plier	02
7	Nose plier	02
8	Grip plier	02
9	Punch set	02
10	Tommy bar set	02
11	Grease gun	02
12	Oil can	02
13	Hammer 250 gram	02
14	Hammer 500 gram	02
15	Wooden Hammer	04
16	Puller set (hit puller)	02
17	Adjustable wrench	02
18	Vernier caliper	04
19	Micrometer	06
20	Humidity meter	02
21	Paint brush 4"	10
22	Cleaning bush	10
23	Calibrated beaker	06
24	Docket cover	25
25	Magnifying glass	06
26	PPE,s	25
27	Heavy duty scissor	10
28	Medium size scissor	06
29	Steel rule	10
30	Hot gun	02
31	Air blower	02
32	Silicon tube gun	02
33	Fire extinguisher	02
34	Separating knife	10
35	Nicking tool	04
36	Wire gauge	04
37	Wire brush	10
38	Steel shelves	04

39	Heavy duty stapler (manual)	04
40	Spectro photo meter (required for Level 5)	01
41	Cutter plier	10
42	Substrate weight scale with cutter	01

List of Machinery (Packaging)

Sr. no.	Description	Quantity
1	Lamination machine with 02 stands & 4 drums.	02
2	Guillotine (programmable) 92/115	01
3	Die cutting machine (cylinder) with 4 chases	01
4	Hot foil machine (semi auto)	01
5	Pasting machine straight (semi auto)	01
6	A3- Laser Printer (color)	01

List of Consumables (Packaging)

Sr. no.	Description	Quantity
1	Lamination Glue	80KG
2	Lamination film gloss	4 Roll
3	Lamination film matte	4 Roll
4	Conveyer blanket for lamination	10 pcs
5	Thinner	10 liter
6	Cotton waste	25 Kg
7	Kerosene oil	5 Liter
8	Offset Paper (23x36)	60 Rim
9	Art paper (coated paper - 23x36)	15 Rim
10	Art card (coated card – 25x36)	50 Rim
11	Duplex board (box board – 25x36) 250 gsm	50 pkt
12	Craft paper (29x47)	10 Rim
13	Die 12.5"x18"	4 pcs
14	Die Block male-female counter block	12 pcs
15	Die cutting Matrix 0.3 x 1.0 mm	50 pcs
16	Foil Block	12 pcs
17	White Glue	5 kg
18	Plaster of paris 1kg	4 boxes
19	Foil Roll Golden 3"	30 pcs
20	Window envelop film 2"	100 mtr
21	Window envelop die 9"x4"	2 pcs
22	White Glue for Envelop pasting	10 kg
23	Paint Brush 2"	30 pcs
24	Pasting Machine glue	50 kg

List of Personal Protective Equipment (Packaging)

Sr. #	Description	Specifications	Quantity
1	First AID Box	Standard	2
2	Fire Extinguisher Cylinder	Co2- 5 Kg	5
3	Fire Blanket	Standard	2
4	Fire Bucket	Standard	2
5	Safety Gloves	Standard	2-boxes
6	Safety Goggles	White	10
7	Safety Shoes	Standard	25
8	Safety Belt	Standard	5
9	Uniform/Dhangri	Standard	25

List of Stationary (Packaging)

Sr. #	Description
1	Handbooks / Registers
2	Pencils/ pens
3	Rubbers/Erasers
4	Sharpeners
5	Paper Cutter
6	Colors
7	White charts
8	Brown sheets
9	White board markers
10	Permanent markers
11	File cover and files
12	Tag cards

Credit values

The credit value of the National Certificate Level 2 - 5 in Post Press operations is defined by estimating the amount of time/ instruction hours required to complete each competency unit and competency standard. The NVQF uses a standard credit value of 1 credit = 10 hours of learning (Following Higher Education Commission (HEC) guidelines.

The credit values are as follows:

Code	Competency Standards	Estimated Hours	Credit Hours
1.	Perform Pre run operation	30	3
2.	Interpret instructions on Docket for packaging	20	2
3.	Perform Lamination	180	18
4.	Perform Pasting Operation	180	18
5.	Perform health and safety at work place	30	3
6.	Develop computer application skills	60	6
	Sub Total I (Level-2)	500	50
7.	Perform Die Cutting Operation	300	30
8.	Perform Waste Management	30	3
9.	Perform Embossing	140	14
10.	Develop Professionalism	30	3
	Sub Total II (Level-3)	500	50
11.	Perform Cutting & Trimming	160	16
12.	Perform Hot Foil Stamping	160	16
13.	Carry out envelop making	100	10
14.	Solve problems at workplace	50	5
15.	Develop Communication Skill	30	3
	Sub Total III (Level-4)	500	50
16.	Perform quality inspection	250	25
17.	Develop entrepreneur skills	50	5
18.	Manage a team	50	5
19.	Plan business activities	50	5
20.	Address Basic Customer needs	50	5
21.	Manage Human Resources	50	5

	Grand Total (Level 2,3,4 & 5)	2400	240
	Sub Total IV (Level-5)	900	90
27.	Develop layout and dummy	100	10
26.	Perform Color Management	100	10
25.	Apply Information and Communication Skills	50	5
24.	Develop Business Plan	50	5
23.	Solve Problems pertaining to health and safety	50	5
22.	Manage Personal Finance	50	5

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