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# CITRUS PRODUCTION

**CBT Curriculum** 

National Vocational Certificate Level 2

Version 1 - January 2014

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# 1. Introduction

Pakistan's economy has undergone considerable diversification over the years, yet agriculture is the largest sector of the economy. This sector contributes 23 per cent to GDP and employs 42 per cent of total labour force. Fruits are a vital part of Pakistani agriculture exports. Ecologically large area of the country is blessed with conducive environment contributing nearly 30 different types of fruits of which citrus, mango; apple, dates, grapes, banana, melons and guava are very remarkable and commercial. Among all the fruits, citrus area, production and exports are at the top. About 95 per cent of the citrus area is located in the Punjab. Under citrus fruits, Kinnow area, production and exports are at the top; more than 90 per cent of citrus exports are those of Kinnow. Pakistan is among the top ten citrus producing and exporting countries. However specifically in Kinnow Mandarin it is on top in production and exportation. Other major citrus producing and exporting countries are Brazil, USA, China, Spain, Turkey, Italy, Morocco etc (FAO, 2010)

Pakistan annually producing more than 2.5 million tons although having lowest average per hectare production of 9.5 tons comparing world developed countries of more than 25-30 tons. Average export of citrus of Pakistan is about 0.325 Million tons per year which is less than 10% of total production. Pakistan is getting it export share 120 Million USD annually which is a minor share of world citrus business only 1.5 percent. In Pakistan there are more than 300 citrus processing units working seasonally having more than 5 tones per hour production capacity based on regular farm supply. More than 180 units are registered with Pakistan Horticulture Development & Export Company (PHDEC) very much contributing advance technology transfer and capacity building in supply chain aspects to all stakeholders. Pakistan citrus processing industry has achieved all international standards and meeting all SPS protocols and guidelines. Currently more than 42 citrus processing units are registered and qualified in HACCP, ISO 22000:2005, BRC, IFS and about 20,000 acres of production area is certified in Global GAP.

Pakistan citrus processing industry is also significantly contributing in employment generation through various activities from production to processing and domestic and international marketing. Assuming that during citrus processing each unit engages more than 500 employees directly or indirectly all the Kinnow produced in the Punjab is domestically marketed, the employment generated from Kinnow production and marketing is estimated at about 23.48 million labour days or full time jobs for more than 75 thousand people (about 57 million labour days in

production and remaining in marketing sectors). Accordingly to a survey conducted by PHDEC more than 50,000 employees are hired on short time contract paying minimum PKR 6000 per month and engaging more than 12,000 permanent employees engaged throughout the year in citrus production at farm level it's harvesting and marketing (PHDEC, 2012)

Only PHDEC is single organization involve in the technology transferring capacity building of citrus stakeholders but it has own limitations and budgetary constraints to carry out the campaigns for meeting international standards. There is big need to improve the professionalism and expertise of people attached with this industry. Unawareness of modern citrus production technology, big loss of fruit at farm level, poor quality and lack of marketing information are the key causes of Pakistan's static export (less than 10%) and per unit lowest earning. This course of "Citrus Quality Processing and Export" will definitely furnish the expertise of participant will cause to slow down the post harvest losses and better marketing opportunities.

### **Specific characteristics and Potential Objectives of Training Program**

This modular curricular program is designed to strengthen the expertise of citrus field workers engaged in establishment of citrus groves, citrus quality production, processing and marketing in the country. This short course will cause to generate professional, skilled and technically well-equipped group of labor which is always very much demanded in citrus industry both at farm and post-harvest processing levels. It will cause enhancement of farm production, minimizing the fruit losses and will largely contribute in marketability of citrus which will ultimately cause the prosperity of community and the country. Other salient characteristics and potential objectives of this training are as under:

• Training on citrus quality processing will cause to improve the quality by involving citrus expert involved at factory level attached with either single processor, with group of processors, association and cooperative society etc

- This training will furnish the expertise of citrus expert in designing and applying citrus inputs technically suggested and research based recommended. Research divulge that technical recommendation have great contribution in quality processing and product management.
- It will equipped the trainee to plan the needed techniques and application timing of all input involved in citrus processing which will quarantee the fruit/products production having good export quality.
- Will guide both the trainee and stakeholder in planning the costs, timely operations.
- It will cause to lower down the input cost, lower down the product waste and automatically will add the profitability of growers.
- This modulus course will cause to improve the work proficiency of involved human and other resources. Opportunities of employment will be generated which will cause the prosperity in local community.
- Through getting this training export quality of citrus will be improved and complaints from customer will be reduced.
- Strengthening the expertise of citrus processing workers engaged in citrus receiving from farm, its storage, tagging, quality inspection, processing, grading, packing, labeling cold storage and loading for shipment.
- To generate professional, skilled and technically well equipped group of labor which is always very much demanded in citrus industry both at supervisory level as well post harvest handling levels.
- Enhance quality production at pack house, minimizing the fruit losses and will largely contribute in export marketing citrus which will ultimately cause the prosperity of community and the country.

### **Medium of Instructions**

The medium of instructions for this course will be bilingual that is Urdu and Local language for good performing of the trainee

**Trainee Entry Level and Traits** 

Education: Matriculation will be preferred

**Age:** 18-35 Years

Trainee or worker should be self-confident, self-motivated, physically strong and very much willing to carry work with manually. He should be

regular and punctual, honest, social and team player. He should be innovative, smooth and enthusiastic for analytical skills.

**Minimum Qualification of Trainer** 

Masters / Honor Degree in Horticultural Sciences will be preferred along with work experience in citrus processing and export.

Class Size

Ideally the group size of this training program will be up to 20 trainees, provided all necessary resources to practice the tasks/ competencies as

specified in this curriculum.

Timeframe

**Duration of course:** 

3 months

**Total Training Hours:** 

400 hours

Theory: (20%)

Practical: (80%)

Training day per week:

5 Days

5

### **Definition of the Trade**

The aim of this curriculum is to generate a skilled manpower for citrus processing at factory level which would contribute a key role in the promotion of citrus trade and to earn foreign exchange. Inspite of sufficient processing facility only 10% of total citrus production is processed for export from Pakistan. This training will facilitiate the citrus processing stakeholders Such trainings We are contributing about 20-40% post harvest losses which could be cut through such training and capacity building program to the labour involved in this sector at different levels. Minimizing the post harvest losses means improving quality, increasing the export and adding in revenue.

### **Key Objectives of the Course**

This training program is designed to strengthen the expertise of citrus processing workers engaged in citrus receiving from farm, its storage, tagging, quality inspection, processing, grading, packing, labeling cold storage and loading for shipment. The objectives of this course are:

- a. To develop technically well-equipped trained man power to meet the demands of citrus industry for supervisory at post harvest handling levels.
- b. To enhance quality production at pack house, minimizing the fruit losses and improving citrus export.

### **Trainee Competencies Level after Completion of Course**

After completion of this course the trainee would have all competencies to implement the basic principles of post harvest handling of citrus. He will be furnished with following skills and expertise of citrus handling:

- Management of product at farm for temporary storage and in pack house for processing
- Arranging and feeding in processing line
- Washing for decontamination of fruit
- Washing for decontamination of pathogens

- Sorting for grade and quality assurance
- Waxing for retarding the respiration, ethylene production and dehydration
- o Drying for removal of surface water and improving the wax application
- o Fruit grading ensuring quality and market demand
- Material and market based packing of the product
- Weighing and boxstripping
- o Cold treatment for retarding the mould germination/ multiplication and dealing fruit fly maggots
- o Fruit loading for export shipment.
- Monitoring of different critical stages of citrus processing enlisted in food safety standards including washing, waxing, grading and cold treatment.
- o Trainee will be equally proficient in record keeping and stock keeping of citrus proeducts
- Checklist formation and data maintenance
- Will be able to respond during auditing and food safety inspection.

### **Trainee Job Opportunities**

Government Projects and Matching Grants: Pakistan is focusing on supply chain improvement of horticultural products especially potential fruits and vegetable in which citrus is always highlighted because of expanding production, processing, marketability in international markets. Many projects are working in Pakistan like Supply Chain Improvement Project (SCIP), ASF-USAID and Value Chain Development etc. Citrus processing expert can play a very vital role in winning and implementation of matching grants for citrus beneficiaries. Currently there is none of the qualified expert in citrus processing industry is working so all concerning bodies are aspiring for candidate carrying expertise of citrus processing and export. So it is great opportunity for trainee of this course

- o Global GAP, Pak GAP and Organic Certification: Pakistan Horticulture Development & Export Company has introduced wonderful competitive trends of cooperative citrus farming, corporative citrus farming, Global GAP, Pak GAP and organic certification in Pakistan. For the application of these concepts stakeholders are ready to hire an export that can deliver and address these tasks.
- Citrus Consultant and Certification Bodies: Along with government agencies there are many private consultant agencies and certification bodies are also working in the industry which are always needed such citrus processing and export experts for system preparation and auditing of different systems like IFS. BRC. HACCP and ISO 22000:2005 etc.
- Citrus Processing Industry: In Pakistan more than 300 citrus processing and pack houses working having capacity of more than 10,000 tons / day for export. All units are well equipped and meeting all SPS standards but don't have any local citrus processing export expert who can be trusted part of their business.
- Commercial Citrus Exporters: there are more than 300 commercial exporters doing regular business in citrus getting citrus from processing units but there are always dispute between processor and commercial exporter on quality and other matter because commercial exporter has strong weakness of lack of expertise of citrus processing and quality inspection. He has involve private firms but none of the firm has expert who can tackle processing and export issue so for trainee of this course would have great opportunity of with this group also.

### **Course Structure**

This curriculum comprises 3 modules and 11 learning units with various learning elements. The course will be full time (5 days a week) and duration of the course will be 3 months. The trainers will be liberal to adopt different modes of teaching and training and to reschedule training time table. The full structure of the course is as follow:

Module Title and Aim	Theory	Practical / Workplace	Total hours
Module 1: Citrus Receiving and Record Keeping at Factory	21 hours	87 hours	108 hours
Module Aim: The target objectives of this module is to make necessary			
arrangements of citrus receiving at processing unit, storing temporary in reception			
hall, tagging of certified and non certified fruit, quantity confirmation and quality verification, maintain farm or supplier based stock register including quality status of			
the product and the other objective of this module is to maintain supplies of empty			
cartoons in the field for new harvesting, disinfection of plastic baskets of to ensure			
the quality both at farm as well in processing level			
Module 2: Citrus Processing	26 hours	104 hours	130 hours
Module Aim: The ultimate objective of this module is to carry out the quality			
processing of citrus fruit for export market to save it shelf life and quality,			
identification of important processing steps involve in citrus quality maintenance and			
shelf life, Performing quality characteristics of inputs involved in citrus processing,			
preparing citrus processing checklists to ensure the quality also needed during			
auditing and quality inspection internally or externally, identification of critical control			
points and fixing their critical limits, implementation of quality chart making quality,			
Performing quality parameters of citrus targeting export markets			

Module Title and Aim	Theory	Practical / Workplace	Total hours
Module 3: Packing and Storage	27 hours	105 hours	132 hours
<b>Module Aim:</b> The aim of quality packing material and implementation of standard procedures involved in packaging, Performing characteristics of packing materials contributing maintaining shelf life of the product, introducing legislation made regarding packing for guidance of consumer, using separation sheets and capacity filling of the fruit, introducing standard labeling of the crates mentioning all guidelines facilitating consumer of stakeholder, storing of in cold store maintaining low temperature to retard the respiration and avoiding deterioration of fruit.			

# **Sequence of Modules and Learning Units**

# 1. Citrus Receiving and Record Keeping at Factory

- a. Unloading of citrus
- b. Perform counting of the baskets
- c. Ensure quality and labeling
- d. Maintain record

# 2. Citrus Processing

- a. Assure quality during process
- b. Control quality at critical control points

# 3. Packing and Storage

- a. Monitor filling and labeling of boxes
- b. Weight and quality check
- c. Stock keeping
- d. Final fruit loading for markets
- e. House keeping

# 2. Overview about the curriculum "Citrus Processing"

Module	Learning Units	Duration
Module 1:	LU 1:	20 hours
Citrus Receiving and Record	Unloading of citrus	
Keeping at Factory	LU 2:	18 hours
	Perform counting of citrus baskets	
	LU 3:	40 hours
	Ensure quality and labeling	
	LU 4:	30 hours
	Maintain record	T
		Total time = 108 hours
Module 2:	LU 1:	70 hours
Citrus Processing	Assure quality during processing	00 h
	LU 2:	60 hours
	Control fruit quality at critical control point	
		Total time = 130 hours
Module 3:	LU 1:	42 hours
Packing and Storage	Monitoring filling and labeling of boxes	
	LU 2:	24 hours
	Weight and quality Check	
	LU 3:	18 hours
	Stock keeping	
	LU 4:	18 hours
	Final fruit loading for market	
	LU 5:	30 hours
	House keeping	
		Total times 420 hours
		Total time = 132 hours

	3 Modules	=	370 hours
Module Assessment time		=	30 hours
Module 1 assessment and revision	on time	=	06 hours
Module 2 assessment and revision	on time	=	08 hours
Module 3 assessment and revision	on time	=	10 hours
Flexible hours for final course ass & all leaning units selected by the		=	06 hours
Total time of complete course		=	<u>400 hours</u>

# 3. Teaching and Learning Guide "Citrus Processing"

There is no specific methodology of teaching this curriculum. Preferable independent and responsible work action as the aim of the training are imparted in such fields of education, where it is part of the overall methodological concept. Thus every methodology can contribute to achieving the targeted objectives. Methods that directly enhance the capacity level are particularly suitable and therefore should include appropriately in the teaching. But in trade education major focus is given to demonstration and activity based methods.

### 3.1 Module Title: Citrus Receiving and Record Keeping at Factory

### **Objective of the Module**

The character objective of this module to develop the basic knowledge, skills and Performance of citrus handling after farm loading in processing unit for washing, waxing, grading and storage for indoor worker of citrus industry

### **Duration of the Module**

Total 108 hours Theory 21 hours Practice 87 hours

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials Required	Learning Place
Unloading of Citrus	The trainee will be able to:  1. Perform post harvest handling of fruit at unloading bay of factory	<ol> <li>Performance of post harvest handling of fruit at factory level</li> <li>Making arrangements for</li> </ol>	Total: 24 hours Theory	Lifter (rental) 1     Pallet wooden     or plastic 1 for     each group 5	For the theoretical learning: Class room
	premises 2. Ensure safe unloading at factory door step 3. Arrange safe parking of loaded vehicles	well designed and clean platform for safe parking of fruit loaded vehicles 3. Arranging ramp for easy unloading operations and	05 hours Practical 19 hours	trainee 3. Drafting pad and pencil 1 for each group 5 trainee	either in field station or separate with facilities of white boards,

4. Prepare rodent control	lifter working	charts etc
program and scheme	Sanitation of unloading	For practical
5. Perform the temporary	premises to avoid insect,	learning:
storage at factory level	pests and birds infestation	Citrus
	5. Mark the unloading	processing
	premises for guidance of	facility (Demo
	drivers and other	Processing
	operational labor	Unit)
	6. Have changing rooms and	O'III()
	uniform along with	
	entrance room or	
	receiving area.	
	7. Arranging hand washing	
	and sanitation facility	
	before start operation of	
	citrus unloading and	
	storing	
	Introducing and installing	
	well defined rodent control	
	program in unloading	
	premises	
	Arranging screening and	
	partitioning between	
	receiving and feeding	
	areas.	
	10. Performing safe parking	
	premises e.g. very close	
	to unloading plate forms,	
	close to charging area,	
	near temporary storage	
	and processing line etc	
	11. Performing the	
	importance of storage for	
	smooth processing and	
	quality maintenance	

		<ul> <li>12. Maintain the sanitation and Performance of food safety guidelines</li> <li>13. Preparing checklists of different procedures inside the temporarily storage</li> <li>14. Schematic storing of different grades and quality product harvested on export market based</li> <li>15. Arranging space and labour for handling empty baskets after feeding in the feeder to avoid any</li> </ul>			
2. Perform Counting of Citrus Baskets	The trainee will be able to:  1. Perform the staking and temporary storage of fruit baskets based on grades  2. Verify the document collected from farm supervisor or supplier  3. Observe food safety guidelines at this step.	mixing or data violation  1. Selection of premises for staking and temporary storage of fruit baskets e.g. under shade, leveled and plan surface, clean and properly covered decks, screened premises from other processing line, near to feeder for easy operations of fruit processing etc  2. Performing the storage of baskets filled with different grades e.g. A, B C and D grades  3. Staking or storage of baskets considering their further shifting and processing e.g. A grade	Total:  18 hours Theory 03 hour Practical 15 hours	1. Calculator 1 for each 5 trainee 2. Drafting pad with pencil 1 for each 5 trainee 3. Stock register 1 for 5 trainee	For the theoretical learning: Class room either in field station or separate with facilities of white boards, charts etc For practical learning: Citrus processing facility (Demo Processing Unit)

baskets are stored near	
feeder of processing line,	
B grade is store near	
loading decks for local	
markets transportation	
and C and D grade	
baskets are hold in a side	
to load in open trucks for	
transportation to value	
addition factories	
4. Confirmation of	
documents provided from	
supplier or farm	
···	
supervisors e.g. quality	
inspection report at farm	
level, number of baskets	
based on grades and	
sizes, any specific	
instruction or observation	
from field staff to update	
or implement	
5. Performing the difference	
of certified fruit and	
uncertified e.g. fruit	
coming from Global GAP,	
IFS registered orchards	
and organic certified	
orchards etc	
6. Counting of baskets and	
storing separately both	
certified or non certified	
fruit stuff	
7. Stacking of fruit baskets	
on pallets to handle easily	,
by lifter for further	

processing 8. Labeling of each grade mentioning name of orchard, name of owner,	
mentioning name of orchard, name of owner,	
orchard, name of owner,	
total quantity of fruit,	
quality of the fruit, date of	
harvesting, time of	
harvesting, fruit grade,	
fruit tentative size, number	
of baskets, carriage	
vehicle number and total	
weight in each basket etc.	
9. Checking of the	
supporting documents of	
fruit picked and collected	
from the specified farm	
e.g. vehicle number,	
labour number and code,	
total empty baskets, filled	
baskets, weight in each	
baskets, it farm detail and	
any specific instruction	
from supervisor or	
chairman of farm	
responsible person etc.	
10. Performing the guidelines	
of food safety managing	
systems at receiving of	
citrus fruit.	
11. Preparing different	
checklists of food safety	
managements systems	
implemented in	
processing premises	
3. Ensure The trainee will be able to: 1. Determine citrus fresh fruit Total: 1. Refractometer 1 For the	ne

Quality and	1. Check the quality	quality required for export		for 5 trainee	theoretical
Labeling	standards / characteristics	markets	40 hours	2. Calculator 1 for	learning:
	of citrus fruit	2. Developing the quality	Theory	each 5 trainee	Class room
	2. Develop quality inspection	inspection checklist	08 hour	3. Thermometer 1	either in field
	sheet	including quality	Practical	for 5 trainee	station or
	3. Perform the labeling	parameters:	32 hours	4. Sizer ring 1 for	separate with
	procedures	- Blemish citrus fruit	0_1104110	5 trainee	facilities of
	4. Grade and store the fruit	- Fruit rottenness		5. Drafting pad	white boards,
	based on quality	- Fruit puncture		with pencil 1 for	charts etc
	,,,,,,	- Rind pitting		each 5 trainee	For practical
		- Long stem			learning:
		- Button loss			Citrus
		- Soft skin			processing
		- Skin loss			facility (Demo
		- Skin bruising			Processing
		<ul> <li>Fruit puffiness</li> </ul>			Unit)
		<ul> <li>Mechanical damage</li> </ul>			
		<ul> <li>Aesthetic value</li> </ul>			
		- Sensory			
		characteristics			
		<ul> <li>Physiochemical</li> </ul>			
		characteristics			
		<ul> <li>Marketable grade/size</li> </ul>			
		Performing of physical			
		characteristics needed for			
		processing and packing			
		for export markets e.g.			
		button should be present			
		on fruit, complete and			
		strong without pulpiness			
		and pressed, dryness			
		without moisture water of			
		rain or fog, disease insect			
		pest infestation free, juicy			
		and aromatic, without any			

,
injury either of thorn,
pedicle, nails or any
picking knife cut during
harvesting etc
4. Performing the grades
categories preferred for
different export markets
e.g. small size of citrus
fruit is preferred for central
Asian states, middle size
for Iran, Iraq and Far East
markets and big one for
Arab States
5. Performing the size and
weight base quality of
citrus e.g. 5-6 piece of
fruit per kg deal as big
fruit, 6-7 pieces as mid
size and more than 7 in
small size fruit.
6. Performing the rind
development based on
color and thickness e.g.
complete orange color of
whole fruit, without de-
greening systems, thin
and shiny rind, strong and
completely developed rind
etc
7. Useing of different quality
parameters determination
tools e.g. refracto meter,
thermometer, magnifying
lens and ring sizer etc.
8. Ensuring the traceability

<u></u>	
	of fruit for coding and SPS
	compliance
	implementation
	9. Carrying out quality
	inspection of picking
	baskets and their
	sanitation
	10. Fumigation of picking
	baskets and other
	packaging material
	11. Installing of insect pest
	traps and catcher inside
	the fruit receiving areas
	12. Calibration of weighing
	machines used in
	receiving areas for
	verification of the baskets
	weights and total quantity
	13. Verifying sizes of fruit
	using ring sizer or any
	other mechanized.
	14. Hanging instructions of
	labour working and stock
	handling inside fruit
	receiving areas
	15. Labeling of different lots
	coming from field e.g.
	Global GAP certified or
	non certified, organic or
	inorganic, variety based
	like Kinnow Mandarin,
	Feutrel's Early, Orange
	and grape etc
	16. Stacking of harvested fruit
	in different location

		facilitating the inspector and other staff for further operation  17. Labeling the specified quantity and quality of specified variety collected from different farms for the			
		facilitation of record keeping and developing stock sheet			
4. Maintain Record	<ol> <li>The trainee will be able to:</li> <li>Maintain data collection sheets</li> <li>Keep and update data/record of citrus fruit</li> <li>Tag different varieties with grades</li> <li>Maintain baskets and harvesting tools records</li> <li>Understand comments and instructions of harvesting supervisor</li> <li>Maintain stock register in fruit reception hall</li> <li>Handle emergency / accident</li> </ol>	<ol> <li>Introduction of data collection methods and formats</li> <li>Preparation of data sheet based on data collection including:         <ul> <li>Produce name</li> <li>Baskets size weight</li> <li>Rotten percentage</li> <li>Rind pitting percentage</li> <li>Disease insect attack</li> <li>Birds injuries</li> <li>Citrus greening and improper shape</li> <li>Size based grades and percentage</li> <li>Random per fruit weight</li> <li>Mites and other any</li> </ul> </li> <li>Performing presenting the data sheet and documents</li> <li>Maintenance of record for audit purposes and</li> </ol>	Total:  30 hours Theory 06 hours Practical 24 hours	<ol> <li>Drafting pad 1 for each trainee</li> <li>Pencil 1 for each trainee</li> <li>Stock register 1</li> <li>Different tagging cards 5 for each group</li> </ol>	For the theoretical learning: Class room either in field station or separate with facilities of white boards, charts etc For practical learning: Citrus processing facility (Demo Processing Unit)

other system updates
5. Introduction of tags on
fruit stock e.g. tagging of
certificated and non
certified fruit, tagging of
different sizes and grade
fruit, tagging of organic
and inorganic fruit,
tagging of different
varieties Kinnow, Orange
varieties, Feutrell's Early
and Grape Fruit etc
6. Update the picking
baskets records either
empty or filled sent in the
field for picking.
7. Verifying baskets
received and loaded
during start of harvesting
of fruit.
8. Recording of fuel
consumption
transportation vehicles
used for carrying of fruit
from farm to pack house
9. Record the time of
picking and receiving of
fruit from farm to pack
house
10. Recording the comments
coded by the harvesting
supervisor and field staff
11. Conveying of the
comments to production
manager and other

incharge responsible for
production, processing
and exportation
12. Maintaining the record
register variety and farm
based also having
weight, grade, time,
quality and weight loss
13. Maintain stock register of
all equipments tools and
accessories used in
receiving hall e.g. filled
and empty baskets, lifters
and pallets etc.
14. Develop the maintenance
checklist of machinery
used in receiving hall
15. Introduction of first aid kit
and dealing of
emergency
16. Introduction of different
work instructions inside
the fruit receiving hall for
training of labour working
in the hall.

# 3.2 Module Title: Citrus Processing

### **Objective of the Module**

The potential aim of this module is to develop the basic knowledge, expertise, skills and performance of citrus processing for export and high end local markets for a citrus expert in side processing unit conditions.

**Duration:** 130 hours Theory: 26 hours Practice 104 hours

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials Required	Learning Place
1. Assure Quality during Processing	<ol> <li>The trainee will be able to:</li> <li>Identify and select certified citrus processing facilities with international standards</li> <li>Recognize the citrus quality parameters and standards</li> <li>Identify important processing steps critical for quality assurance</li> <li>Identify quality characteristics of inputs</li> <li>Investigate the time frame of each processing step</li> <li>Examine physicochemical sensory characteristics of citrus</li> <li>Develop the quality parameters checklist of fruit for export.</li> <li>Carry out the standard procedures of processing steps</li> </ol>	<ol> <li>Selection of advance citrus processing facility well equipped with separate reception area, screening of feeder from unloading area</li> <li>Selection of citrus processing units of maximum capacity of 52 fingers fitted with two drying burners, blowers for natural drying after each washer and wax chamber</li> <li>Selection of processing unit preferable fitted with conveyor belts arranged in both feeder chamber and after packaging for sticking. stripping and weighing</li> <li>Identify the different</li> </ol>	Total: 70 hours Theory 14 hours Practical 56 hours	<ol> <li>Class will be arranged in processing hall of demo pack house during the season machinery will be available for introduction and trial operation.</li> <li>Following machinery would be needed</li> <li>Lifter one for whole class</li> <li>Weighing machines 1 for 10 trainee</li> <li>Molding machine 1 for whole class</li> </ol>	For the theoretical learning: Class room either in field station or separate with facilities of white boards, charts etc For practical learning: Field, demo citrus processing line

9. Maintain stock register of	·	6. Stripping	
inputs in processing hall	citrus processing and	machines 1 for	
10. Use of first aid kit in	execute important	5 trainee	
emergency	informations at each step	7. Sticking taps 1	
	regarding operation and	for 5 trainee	
	critical limits.		
	5. Introduction of feeder		
	operation having smooth		
	speed conveyor belt for		
	transferring of fruit into		
	washer. It is best if		
	dipping tank is fitted and		
	fruit is dropped into tank		
	for washing and removal		
	of dust and insect pest		
	attach effects		
	6. Identification of washer		
	and introduction of CCP		
	(Critical Control Point) on		
	this chamber because of		
	using different types of		
	fungicide and chlorine for		
	disinfection and cleaning		
	of the fruit		
	7. Introduction of (CL)		
	critical limits of each CCP		
	to avoid any deterioration		
	of fruit quality and		
	following the standards of		
	using any chemical		
	8. Demonstrate the quality		
	benefits of natural drying		
	of fruit. Introduction of		
	blowers after washing		
	chamber to carry out the		

natural drying inspite of
raising temperature of
drying burner.
Maintaining low
temperature of fruit
during whole chain of
processing gives
guarantee of fruit quality
and shelf life.
9. Introduction of dryer and
burner temperature e.g.
45-65C. It varies with the
surrounding temperature
during foggy and cold
nights it is raised up to
65C but during normal
days after December
mostly it ranges 45-50C
10. Introduction of second
step sorting after
washing chamber to
ensure quality of fruit if
over locked in early
sorting steps either on
farm or after feeding
11. Introduction of wax
application on citrus fruit
mixed with standard doze
of fungicide e.g. Benomil,
TBZ etc
12. Fixing of CCPs and CLs
at this processing step to
avoid over or under
dosage of fungicide and
wax directly affecting the

quality of fruit and shelf
life especially for long
destinations.
13. Introduction of sorting
grading or sizing of citrus
fruit based on size. Fixing
the CCPs and CLs. In
advance processing lines
more than 9 citrus grades
are collected in different
basins ranging different
sizes. Arranging
partitioning between
each basin to avoid
mixing of the different
grades and sizes.
14. Selection of packaging
material e.g. wooden
crates, corrugated boxes,
EPS packaging, plastic
bags, polythene bags etc
15. Selection of packaging material based on size
and export material e.g.
for local markets mostly
wooden crates having
size of 10, 12, 14, 16 kg
are used while
corrugated boxes of 6, 8,
10, 14 are used for
different countries. Most
of the investor used big
packing for storage
purposes at the end of
season.

16. Collection of rejected
citrus grade and quality
and filling into plastic
baskets or for local
markets into wooden
crates.
17. Arrangements of open
loading vehicles for juice
factories and value
addition industry
18. Updating of stock register
of incoming fruit and
processing quantity
based on size and variety
19. Introduction of packaging
molding and providing
upper bottom at packing
points. In international
markets gum sticking of
packing parts is preferred
in spite of stapler molding
etc
20. To operate molding
machine either automatic
or mechanized
21. Maintenance of stock
register of all inputs used
in processing hall after
feeding of the citrus fruit
into processing line e.g.
packaging cartoons, wax
drums, fungicides either
liquid or powder, sticking
taps, thumb stickers,
decoration papers and

2 Enguro		processing labour items etc  22. Monitoring of inputs including packaging material, separation sheets, stickers, stripping roles and sticking tap etc  23. Developing of checklists of machinery used in processing hall e.g. lifters, weighing machines, stripping and sticking machines  24. Calibration of different operating tools e.g. weighing machines, temperature recording devices installed on burners, light intensity in working space and nozzles of washer and wax  25. Utilization of first aid kit using of different first aid kit medicines and dealing emergency occurring in processing hall	Total:	1 Proctical	For the
2. Ensure Fruit Quality at Critical Control Point	<ol> <li>The trainee will be able to:</li> <li>Identify the critical points involved in citrus quality</li> <li>Identify critical control points(CCP) in whole citrus processing line</li> <li>Illustrate control limits (CLs)</li> </ol>	Identification of critical control points and their importance e.g. selection of important steps where inputs are involved and violation of any case cause product	Total:  60 hours Theory 12 hours Practical 48 hours	1. Practical session will be conducted in model citrus processing unit where line will be spared for	theoretical learning: Class room either in field station or separate with

of each CCP		deterioration and			trainee	facilities of
4. Follow quality fruit char	4	shorten its shelf life.		2	Temperature or	white boards,
				۷.	sensor 1 for 5	·
displayed in the proces	sing 2.	9				charts etc
hall		control point in whole		_	trainee	For practical
5. Execute the quality		citrus processing line		3.	Needle like	learning:
parameters for export	3.				thermometer for	Field, demo
markets		limits on each critical			citrus pulp	citrus
6. Prepare the checklists	of all	control points involved in			temperature	processing line
CCPs and CLs		citrus processing line.		4.	Ring sizer 1 for	
7. Monitor the CCPs and		Fixing of critical limits of			each trainee	
during processing of c	itrus	each critical control		5.	pH meter 1 for 5	
fruit		point based on			trainee	
8. Take corrective action	of any	characteristics of input		6.	Complete	
violation of CCPs		operation involved in			processing and	
		processing line			packing uniform	
	5.	Performing the factors			1 for each	
		deteriorating the fruit			trainee	
		quality during citrus		7.	Stop watch 1 for	
		processing and packing			5 trainee	
		in processing hall.		8.	Calculator 1 for	
	6.	Learning of different			5 trainee	
		steps involved in citrus		9.	Fruit cutter 1 for	
		processing line			10 trainee	
		contributing different				
		role for maintaining				
		citrus quality required for				
		export markets e.g.				
		feeding, washing,				
		drying, waxing, sizing,				
		weighing, sticking and				
		stripping etc.				
	7.					
	' '	based on aesthetic and				
		physiological				
		characteristics needed				
		orial actoristics riceaca	ı			

for marketing e.g. sound
and compact fruit,
blemish free, having
marketable size and
shape etc
8. Performing quality
maintenance during fruit
washing after feeding in
processing line e.g.
fresh tap water is used
having microbial load at
minimum levels and
heavy metal free. In
advance processing
technology 100-200ppm
chlorination is carried
out in water to avoid any
biological infestation.
Fresh water washing
also removes external
durst present on the fruit
and residues of insect
pest attacks e.g. citrus
psylla, mealy bug etc.
fruit, washing removes
dust form bark pores
and improves
application of wax to
slow down respiration of
fruit, washing improves
skin shining helps to sort
due blemish and other
defects
9. Performing quality
maintenance during

drying, post drying and
after waxing e.g. high
temperature causes
high rate of respiration
and chemical
conversion into fruit
conversion of sugar etc.
high rate of respiration
causes quality
deteriorate , poor
presentation and
shorten shelf life
10. Maintaining the quality
maintenance of citrus
fruit at critical control
point of both burner e.g.
first burner after
washing used for drying
temperature ranges 35-
45C depending upon
indoor and outdoor
environment and
temperature, during the
start of Kinnow
processing season
temperature is
maintained on lower
ranges while mid
season end December
and start January it
ranges up to 65C
similarly at the end of
season it again drops
down on up to 35C.
11. Ensuring fruit quality

		1
maintenance in wax		
chamber e.g. wax slows		
down respiration and		
stop gas exchange from		
rind of the fruit, wax		
improves shining of the		
fruit bark, past on minor		
blemish incidence,		
improves colour of the		
rind and clean it etc.		
12. Determining critical		
control point and fixing		
the critical limits e.g.		
food grade wax is used		
having mixed with		
fungicide recommended		
against different fungus		
stains causing to		
deteriorate fruit for long		
storage, fungicide		
concentration		
recommended is 2000-		
5000ppm, wax		
application is third		
critical control point in		
citrus processing line in		
most of existing		
technology involved in		
citrus processing and		
sorting.		
13. Maintaining citrus fruit		
quality at grading level		
e.g. fix the fingers or		
sizer on recommended		
instructions to grade		
mondonono lo grade		

	us fruit in prescribed
rar	ge of sizes required
in e	export markets e.g. in
52	figures 9-10 grades
are	collected in separate
cat	ch basins which are
pac	cked in separate
	cking crates specified
	different markets e.g.
	t pieces in 10 kg
	ges 36-110 having
	erent marketing
	ces, 10 kg cartoon
	ving citrus fruit 36-56
	pest marketed in
	ddle East,
	phanistan, Iran and
	q, For East, Europe,
	Lanka, Bangladesh,
	lippine and
	rdacious while
	ces 60-110 mostly
	rketed in Central
	an States mostly
	ed for value addition
	ng with fresh serving.
	suring the stock of
i i	uts needed during
	cessing of fruit e.g.
	x, fungicide, fuel in
	ners, empty baskets
	sorted and rejected
	t, chlorine if needed,
	tes and cartoons at
pac	cking desks, sufficient

light in side processing
hall and continuous
water supply of fresh
water
15. Recording and
maintaining stock
register of incoming fruit
and packed fruit
cartoons
16. Preparing the checklists
of each critical control
point and critical limits
e.g. monitoring of mixing
of fungicide in washing
water, burner
temperature, wax
concentration and
mixing of fungicide in
wax, grader
maintenance, etc
needed during
inspection and auditing
of SPS compliances
17. Performing of corrective
actions if any step in
fruit processing perform
improper e.g. flow of
water nozzles, spray
nozzles of wax
applicator, conveyor
belts speed and
direction, burner
temperature and grader
speed and direction etc.
Speca and an edition etc.

## 3.3 Module Title: Packing and Storage

## **Objective of the Module**

The potential aim of this module is to develop the basic knowledge, expertise, skills and performance of citrus packing and storage for high end local markets and export in side citrus processing unit conditions.

**Duration:** 132 hours Theory: 27 hours Practice 105 hours

Learning Unit	Learning Outcomes	Learning Elements	Duration	Materials Required	Learning Place
1. Monitoring filling and labeling of boxes	<ol> <li>The trainee will be able to:</li> <li>Classify different types of citrus packing</li> <li>Use different methods of packing</li> <li>Distinguish different characteristics of packing material</li> <li>Label the product/ boxes</li> </ol>	<ol> <li>Performing different methods of packing e.g. crates packing, open top packing, loose packing bulk packing etc.</li> <li>Identification of different packaging materials e.g.         <ul> <li>wooden crates</li> <li>corrugated boxes</li> <li>EPS packaging</li> <li>plastic baskets and</li> <li>plastic poly bags etc</li> </ul> </li> <li>Determining the criteria of selecting packing martial based on different parameters e.g. availability of packing material, marketing destination, customer requirements, legally documented either by buyer or suppliers etc</li> </ol>	Total:  42 hours Theory 08 hours Practical 34 hours	Practical session will be conducted in model citrus processing unit where line will be spared for trainee and all process of filling and labeling will be monitor and instructed	For the theoretical learning: Class room either in field station or separate with facilities of white boards, charts etc For practical learning: Field, demo citrus processing line

	4. Evaluating the
	characteristics of
	packaging material
	based on performance
!	e.g.
	- water resistance
	- shock absorbent
!	- light weight
	- recyclable
	- vitamin c retention
	- printable
	- moldable
	- aeration
	- easy to handle
	- stock able
	- fumigation etc
	5. Introduction of
	international standards
	and legislation designed
	for packaging materials
	and packaging methods
	e.g. selection of non
	hazardous packaging
	material, packaging
	material carrying
	product specification
	packed in it, printed
	information in native
	language of consumer
	market
	6. Performing filling
	methodology e.g.
	- Citrus is packed either
	horizontally or collar
	side button should not

<del>,</del>
puncture the rind of
next fruit
- Packing each layer
having equal number
of fruits
- Using separation
sheets to avoid weight
and packing pressure
on rest of fruit
- Avoid over filling and
weight of fruit
- Open the aeration
ducts of cartoons
- Standard filling of
recommended number
of fruit and size of
each fruit
7. Filling of citrus fruit
following instructions
printed on packaging
e.g. category I, citatory II
or class I and Class II,
8. Filling and packing of
citrus fruit pieces with
exact number of counts
e.g. 36, 42, 48, 54, 60,
66, 72, 80, 100 and 110
etc with relaxation of
about5%, also within
relaxation of weight of ±
100 grams if relaxation
granted.
9. Following labeling
procedures and labeling
components of citrus

			fruits e.g. total number			
			of counts in each box,			
			category of product			
			packed e.g.			
		_	Labeling the exact			
			name of the product			
			packed			
		_	Labeling category and			
			counts packed			
		_	Data of harvesting and			
			processing			
		_	Organic or inorganic			
		_	Country of origin			
		_	Necessary instruction			
			of utilization and			
			dietary level			
		-	Global certification			
			status			
		-	Food Safety			
			Management			
			Standard certification			
			status			
		-	Traceability code			
		-	Net weight when			
			packed etc			
2. Weight	The trainee will be able to:		Following the procedure	Total:	Practical	For the
and Quality	Identify standard packaging		of fruit weighing		session will be	theoretical
Check	weights.	2.	Selecting mechanized	24 hours	conducted in	learning:
	2. Select weighing machine and		weighing machine fitted	Theory	model citrus	Class room
	calibrate it.		with digital data screen	05 hours	processing unit	either in field
	3. Ensure the maintenance of		and having capacity of	Practical	where line will	station or
	weighing machine		required weight	19 hours	be spared for	separate with
	4. Maintain data collection		Performing the		trainee.	facilities of
	sheet of citrus fruit		calibration process of		2. Electric	white boards,
	5. Observe quality monitoring	,	weighing machine and		weighing	charts etc

sheet for verification of fruit	its importance	machine 1 for	For practical
quality	4. Adjusting weighing	whole class	learning:
	machine subtracting	3. Computer	Field, demo
	standard cartoon or	system 1	citrus
	packaging weight to	4. Printer 1	processing line
	maintain the net weight		]
	of packed fruit		
	5. Performing of		
	mechanical operation of		
	weighing machines		
	6. Ensuring quantity		
	confirmation by		
	weighing random		
	samples picked from		
	processing line or from		
	store both untreated and		
	treated or stored		
	7. Developing data sheet		
	of citrus fruit confirm the		
	actual status of weight		
	of packed cartoons		
	required for both auditor		
	of FSMS and some time		
	buyer		
	8. Developing quality		
	check data sheet		
	enlisting all		
	physicochemical and		
	sensory parameters e.g.		
	- Freshness and		
	shining		
	- Puffiness %		
	- Rottenness %		
	- Rottenness %		
	- Blemish %		

3. Stock	The trainee will be able to:	<ul> <li>Skin injury</li> <li>Skin splitting</li> <li>Rind colour %</li> <li>Bruising %</li> <li>pH of juice/pulp</li> <li>Brix %</li> <li>Taste and aroma etc</li> <li>Preparing check list of citrus fruit inspection will be needed during auditing and buyer complaints</li> <li>Preparing checklist of weighing machine maintenance needed during audits FSMS and quality inspections</li> <li>Learning different</li> </ul>	Total:	1. Practical	For the
Keeping	Use different methods of stock keeping     Maintain stock register and prepare the report	method and systems of stock keeping and their importance e.g.  - Online computerized system  - Paper based systems  - Custom built stock solution etc  2. Performing the detailed status of product quality, Guiding in identification of marketing trends, solution and control over finances and product quality  3. Ensuring and avoidance of theft	18 hours Theory 04 hours Practical 14 hours	session will be conducted in model citrus processing unit where line will be spared for trainee.  2. Stock register 1 for 5 trainee  3. Computer software and computer 1  4. Drafting pad 1 for each trainee	theoretical learning: Class room either in field station or separate with facilities of white boards, charts etc For practical learning: Field, demo citrus processing line

		4. Stock keeping of fruit processed and un processed, helps in managing the loading and supply orders for different destinations,			
		5. Developing balance sheet of stocked fruit which helps in waste manage and control			
		6. Preparing stock report of different grades store in the stock help to manage the marketing and export of citrus fruit, guiding in maturing orders with buyers, report guides fruit grade status e.g. A, B, C size status and quality picture 7. Calculating the wages of labour and other			
		contractor per unit based on stock keeping			
4. Final Fruit Loading for Market	<ol> <li>The trainee will be able to:</li> <li>Maintain the stocked fruit for export</li> <li>Manage stock for loading</li> <li>Carryout final quality inspection</li> <li>Find out different modes of transportation</li> <li>Observe standard loading procedures</li> </ol>	1. Finalizing fruit stock ready for exportation e.g. having completed cold treatment time needed for exportation, pallets stocking, collecting data logger record for documents and phytosanitary certificates issuance and	Total:  18 hours Theory 04 hours Practical 14 hours	Practical     session will be     conducted in     model citrus     processing unit     where line will     be spared for     trainee.      Class will be     arranged for	For the theoretical learning: Class room either in field station or separate with facilities of white boards, charts etc

6. Assess the loading capacity		standardize pulp	practical	For practical
of each container		temperature etc	learning when	learning:
or each container	2	Cleaning of decking	container	Field, demo
	۷.	area and arranging	loading will be	citrus
			started	
		inspected fruit pallets		processing line
		near decking area for	3. For open truck	
		loading for exportation	and loose	
	٥.	Maintaining cooling	loading all	
		chain from cold room to	system will be	
		loading in container	available in	
	4.	Carrying out final quality	demo unit in	
		inspection against	loading areas.	
		standard checklist which		
		will be part of exporting		
	l _	documents.		
	5.	Arranging open truck		
		loading and big loader		
		for land transportation		
		without cold treatment		
		preferably fresh		
		processed fruit		
	6.	Monitoring of store		
		temperature, fruit pulp		
		temperature, moisture		
		percentage and physical		
		condition of citrus fruit		
	7.	Examining different		
		transportation facilities		
		and their capacities e.g.		
		refer containers 20 feet		
		and 40 feet, refer		
		container fitted with data		
		logger device,		
		containers with auto join		
		set and recharging		

facility, refrigerated
vans, open truck of
different loading
capacities, big capacity
loaders suited for road
transportation and open
carts, trolleys for C
grade supply etc
8. Practicing different
methods of loading into
fruit transportation
vehicles e.g. palletized
and non palletized
loading, channel fixing
along the column and
without channels,
stocking of pallets to use
maximum space and
good cooling effect etc.
9. Stocking pallets into
refer container leaving
at least 1 feet along with
the container wall for
better air circulation and
cooling
10. Leaving some space
between pallets lines
facilitating cool air
circulation and
maintaining the shelf lif
of the fruit
11. Loading of fruit under
capacity to ensure the
fruit supply and
transportation
Hansportation

		12. Fixing of container on loader with good strengths that road shocks do not affect the fruit 13. Updating the stock citrus fruit and planning for next loading and shipment	
5. House Keeping	<ol> <li>The trainee will be able to:</li> <li>Ensure housekeeping of citrus storage and loading premises</li> <li>Ensure the sanitary and phyto-sanitary practices directed in FSMS and other food legislations</li> <li>Implement Integrated Pest Management System in the processing and storage</li> </ol>	1. Performing the concept of housekeeping e.g. cleaning of loading premises, removal of used items from loading and decking areas, preparing the deck for next loading and transportation, refreshing and restoring the loading labour etc  2. Implementation of sanitary and phytosanitary guidelines in citrus loading and decking areas.  3. Ensuring blocking of rodent entry into the cold treatment areas of processing unit  4. Developing checklist of SPS guidelines needed in audit and quality inspection  5. Cleaning of area to avoid insect pest	session will be theoretical learning: y model citrus Class room either in field station or

infestation and fungal
multiplication
6. Cleaning of hidden and
ignored points mostly
insect can use for
hibernation and their
multiplication
7. Arranging fly catcher or
light traps to control flies
and other flying insects
8. Installation of air cutter
to stop the entry of any
foreign participle and
dust
9. Arranging fumigation of
loading processing
facility for sanitation to
avoid any biological
rearing and
multiplication

Trainee and participants can be assessed preferably during the theoretical session as well as during practical working otherwise at the end of each module must separately sessional assessment can be conducted for each particular module.

## 4. General Assessment Guidance for the Curriculum of Citrus Processing

The word assess comes from the Latin term "assidere" which means to sit beside. Santopietro (1991) describes the assessment process as educators "sitting beside" learners to get information about trainee proficiencies, backgrounds and goals and in doing so to immerse themselves in the lives and views of their students.

Assessment or modulus evaluation may be defined as "any method used to better perform the current knowledge that a student possesses." This implies that course assessment can be as simple as a teacher's subjective judgment based on a single observation of student performance or as complex as a five-hour standardized test. The idea of current knowledge implies that what a student knows is always changing and that we can make judgments about student achievement through comparisons over a period of time. Assessment may affect decisions about grades, advancement, placement, instructional needs, and curriculum. Generally teachers and policymakers, administrators and schools, parents and guardians carryout the assessment having salient purposes set standards, focus on goals, monitor the quality of training and education, formulate policies and rewards, identify training strengths and weaknesses and allot the grades to the students.

Good assessment information provides accurate estimates of student performance and enables teachers or other decision makers to make appropriate decisions or a lot the grades. Assessment actually measures what it is intended to measure, and permits appropriate generalizations about trainee skills and abilities. The result of an assessment practice represents something beyond how students perform during the training session either in class room or during the practical in the field. Consistency and reliability of trainee performance is a focused and salient character which is assessed through comprehensive module of assessment that trainee should perform equally good gathered in different circumstances and with different raters.

Assessment of student learning is a participatory, iterative process that provides data/information you need on your students' learning, engages you and others in analyzing and using this data/information to confirm and improve teaching and learning, produces evidence

that students are learning the outcomes you intended, Guides in making educational and institutional improvements, evaluates whether changes made improve/impact student learning and documents the learning and your efforts.

Types of General Assessment

- 1. Formative Assessment/ Sessional Assessment
- 2. Summative Assessment / Final Assessment

In Pakistan formative and summative assessments techniques are used to evaluate learning achievements of the trainees. It also facilitates the trainers to assess the training techniques short falls of textual material and equipments.

#### 1. Formative Assessment/ Sessional Assessment

Formative assessment is some sort of sessional assessment done during the training program. Classroom assessment is one of the most common formative assessment techniques in all sort of training either formal or informal system of education or trainings. The purpose of this technique is to improve quality of training and should not be evaluative or involve grading students. This can also lead to curricular modifications when specific courses have not met the student learning outcomes. Classroom assessment can also provide important training information when multiple sections of a course are taught because it enables programs to examine if the learning goals and objectives are met in all sections of the course. Formative assessment directs trainers to update the course components understanding and trainee perception regarding specific module or component of the module. Citrus Processing Module comprises of many leaning units and learning outcome can be test in sessional assessment for effective training program. It always makes vigilant to the trainee keeping him attentive and involved in class activity.

#### 2. Summative Assessment / Final Assessment

Summative assessment is comprehensive in nature, provides accountability and is used to check the level of learning at the end of the program. For example, if upon completion of training trainee will have the knowledge to pass an accreditation test, taking the test would be summative in nature since it is based on the cumulative learning experience. Program goals and objectives often reflect—the cumulative nature of the learning that takes place in a program. Thus the program would conduct summative assessment at the end of the program to ensure students have met the training course goals and objectives. Attention should be given to using various methods and measures in order to have a comprehensive plan. Ultimately, the foundation for an assessment plan is to collect summative assessment data and this type of data can stand-alone.

It is clear that different kinds of information must be gathered about trainee by using different types of assessments. The types of assessments that are used will measure a variety of aspects of student learning, conceptual development and skill acquisition and application. In Pakistan if we pick the examples of different national teaching and trainings institutes including vocational training providers both methods of assessments used very commonly to produce final qualification result. For this specific modulus training assessor needs to devise formative or sessional assessments for both theoretical and practical work. Guidance is provided in the assessment strategy.

#### **Methods of Assessment**

Methods include direct assessment, which is the most desirable form of assessment. For this method, evidence is obtained by direct observation of the student's performance.

Examples for direct assessment of a Citrus Processing include:

- Work performances, for example unloading of citrus and staking of citrus baskets inside the processing area, counting of filled and unfilled baskets, labelling and pelletization of processing stock etc
- Demonstrations, for example demonstrating the quality inspection following citrus export quality standards, demonstration of sizes having marketing demand, blemished fruit, rind colour developed and injury free fruit, nutritionally and aesthetically acceptable fruit, sound and compact fruit etc.
- Direct questioning, where the assessor would ask the student how washing of fruit is carried out inside the processing hall, what are the criteria of inside quality sorting of citrus fruit, how wax is applied and what are the tentative benefits of wax coating, what is the role of drying before and after waxing.
- Paper-based tests such as multiple choice or short answer questions of sorting, grading, sticking, stripping, packaging and storage.

#### **Direct and Indirect Assessment**

In direct assessment actual sample of work is observed produced during the training program while in indirect assessment different information collected through other means rather than looking for the actual sample of work produced during training program or unit. Advantages and Disadvantages of Indirect Assessment are as under:

## **Advantages**

- · Indirect method are easy to administer
- Indirect methods may be designed to facilitate statistical analysis only
- Indirect methods many provide clues about what could b assessed directly

- Indirect methods are particularly useful for ascertaining values and beliefs
- Surveys can be given to many respondents at a same time
- Surveys are useful for gathering information alumni, employers and graduate program representatives
- Exit interviews and focus groups allow faculty to question students fact to face
- External receivers can bring a degree of objectivity to the assessment
- External reviewers can bring a degree of objectivity to the assessment;
- External reviewers can be guided either by questions that the Department wants answered or by discipline-based national standards.

## **Disadvantages**

- Indirect methods provide only impressions and opinions, not hard evidence
- Impressions and opinions may change over time and with additional experience;
- Respondents may tell you what they think you want to hear;
- The number of surveys returned are usually low, with 33 percent considered a good number;
- You cannot assume those who do not respond would have responded in the same way as those who did respond;
- Exit interviews take time to carry out;
- Focus groups usually involve a limited number of respondents;
- Unless the faculty agrees upon the questions that are asked in exit interviews and focus groups, there may not be consistency in the responses.

Examples for indirect assessment of a citrus processing worker:

- a. Sorting of citrus fruit inside processing and packing unit: sorted fruit collected in B-grade basin observations will disclose the actual knowledge and learning levels of trainee worker e.g. mechanical injury will cause fungus multiplication during storage and shipment.

  Required size sorting will ensure the quality packing of fruit for targeted markets
- b. Sorting in standard size will facilitate the packing in well designed cartoon supposed to be filled for specified market. e.g. for Central Asian States always small size citrus fruit is accepted so during packing machine is adjusted on very accurate size levels to sort the standard fruit sizes to facilitate the market.
- c. Similarly setting of thermostat of burner directly depends of the micro and macro environment of processing unit during much foggy day high temperature is required to dry the fruit while during high temperature especially end of the season low temperature is required for dying the waxed fruit.

Indirect assessment should only be a second choice. (In some cases, it may not even be guaranteed that the work products were produced by the person being assessed.)

## **Assessing Qualities of Trainee**

When choosing assessment items, it is useful to have one eye on the immediate task of assessing student learning in a particular unit of study, and another eye on the broader aims of the program and the qualities of the graduating student. When considering assessment methods it is particularly useful to think first about what qualities or abilities you are seeking to engender in the learners. There are eight broad categories of learning outcomes which are listed below.

- · Thinking critically and making judgments
- Solving problems and developing plans

- Performing procedures and demonstrating techniques
- · Managing and developing oneself
- Accessing and managing information
- Designing, creating, performing
- Demonstrating knowledge and Performing
- Communicating

## **Principles of assessment**

All assessments should be valid, reliable, fair and flexible:

- **a. Reliability** means that the assessment is consistent and reproducible. For example if the work performance of preparing a compost for filling whole during transplanting a citrus nursery plant method adapted and assessed another assessor (e.g. the future employer) should be able to see the same work performance and witness the same level of achievement.
- **b.** Validity means that a valid assessment assesses what it claims to assess. For example, if the ability to harvest citrus fruit from fruit tree in the orchard is to be assessed and certified, the assessment should involve selection and performance criteria that are directly related to citrus fruit and orchard. An interview about harvesting and picking of different crops would not meet the performance criteria.
- **c. Fairness** means that there should be no advantages or disadvantages for any assessed person. For example, it should not happen that one student gets prior information about the type of work performance that will be assessed, while another candidate does not get any prior information.

**d. Flexibility** means that the assessor has to be flexible concerning the assessment approach. For example, if there is a power failure during the assessment the assessor should modify the arrangements to accommodate the trainee needs.

## **Assessment Strategy for the Citrus Processing Curriculum**

This curriculum consists of 3 modules and 12 learning units:

- Module 1: Citrus Receiving and Record Keeping at Factory
  - LU 1: Unloading of the citrus
  - LU 2: Perform counting of citrus baskets
  - LU 3: Ensure quality and labeling
  - LU 4: Maintain record
- Module 2: Citrus Processing
  - LU 1: Assure citrus quality during processing
  - LU 2: Control quality at critical control point
- Module 3: Citrus Packing and Storage
  - LU 1: Monitoring, filling and labeling of citrus fruit
  - LU 2: Weight and quality check

LU 3: Stock keeping

LU 4: Final fruit loading for market

LU 5: House keeping

#### Sessional Assessment

The sessional assessment for all modules shall be conducted in two parts: theoretical and practical assessment. The sessional marks shall contribute to the final certificate qualification. Theoretical assessment for all learning modules must consist of a written paper must have the timing of 30 mints per module. This can be a combination of multiple choices and short answer questions. For practical assessment, all procedures and methods for the modules must be assessed formulating a comprehensive assessment sheet based on practical performance and quality of output. Guidance is provided below in planning of the assessment.

#### **Final Assessment**

Final assessment shall be in two parts, theoretical assessment and practical assessment. The final assessment marks shall contribute to the final qualification and certificate allocation. The final theoretical assessment shall consist of a 3 hour paper, consisting of multiple choice and short question answer (MCQs) types. For final practical assessment trainee class will be distributed into 5 groups comprising of 5 trainees in each group and each group will be allotted different tasks and assignments to perform. During performance involvement of each trainee, his confidence, performance expertise can be visualized for graded and marking. However individual trainee can also be assessed by allotting a separate task in a module and performance can be graded and marked. It depends upon the choice of the trainee how he suits to conduct the assessment considering the situation.

### **Assessment Team**

The number of assessors must meet the needs of the students and the training provider. For example, where two assessors are conducting the assessment, there must be a maximum of five trainees per assessor. In this example, a group of 25 students shall therefore require assessments to be carried out over a five days period.

## **Planning for Assessment**

**Sessional Assessment:** Assessors need to plan in advance how they will conduct sessional assessments for each module. The tables on the following pages are for assessors to use to insert how many hours of theoretical and practical assessment will be conducted and what the scheduled dates are.

**Final Assessment:** Training providers need to decide ways to combine modules into a cohesive five days final assessment program for each group of five students 25 in total. Training providers must agree the settings for practical assessments in advance.

## **Planning aid for Sessional Assessment**

**Duration:** 6 hours **Theory:** 2 hours **Practical:** 4 hours

Module: 1 Citrus Receiving and Record Keeping at Factory				
Learning Units	Theory Days Hours	Practical Days Hours	Recommended Sessional Assessment	Schedule Dates
LU 1: Unloading of citrus	30 Minutes	60 Minutes	A trainee will go through a theory assessment and will perform unloading of citrus transported from field, stocking and temporary	

			storage based on citrus quality, certification, grade, farm and harvesting date etc. He will be ensuring the microenvironment of storage required for quality maintenance and will confirm no entry of rodents in the hall.	
LU 2: Perform counting of baskets	30 Minutes	60 Minutes	After theory assessment trainee will go through practical assessment and perform counting of the baskets collected from field in temporary storage.	
LU 3: Ensure quality and labeling	30 Minutes	60 Minutes	Each trainee will be assessed theoretically by developing quality checklists ensuring citrus physical characteristics and quality like species, variety and brand, pieces per baskets, average grass weight of basket, average size in mm and quality parameters. Checklist will also include the percentages of blemishes, mechanical injuries, under sizing, rind colour development percentage, olliosis, puffiness and greening etc	
LU 4: Maintain record	30 Minutes	60 Minutes	Trainee will be assessed theatrically asking short questions regarding benefits of record keeping, method of record keeping e.g. FIFO (first in first out) and FILO (first in last out). Developing stock register practically having different details like purchasing price per unit weight, farm based quantity and quality et.	

**Duration:** 8 hours **Theory:** 3 hours **Practical:** 5 hours

Learning Units	Theory Days Hours	Practical Days Hours	Recommended Sessional Assessment	Schedule Dates
LU 1: Assurance quality during processing	60 Minutes	60 Minutes	Each trainee will go through a theoretical assessment by answering short questions regarding citrus quality and its maintenance. After wards will be assessed theoretically by assuring citrus quality during processing line inspecting each step including feeding, sorting, washing, drying, waxing and grading chambers. He will ensure the quality by developing checklists and ensuring the standard procedures of processing line. Trainee will be assessed in knowing the export quality parameters proving implementation of food safety managements systems and standards	
LU 2: Control quality at critical control points	120 Minutes	240 Minutes	<ul> <li>Trainee will be assessed theoretically in following parameters: <ul> <li>What are critical control points (CCPs)?</li> </ul> </li> <li>What is the criteria of determining the critical control points (CCPs) are determined?</li> <li>What are critical limits (CLs)?</li> <li>What are the parameters of fixing critical limits (CLs) are determined?</li> </ul>	

- What are standard procedures following critical control points?
- What is the importance of fixing CCPs and CLs in ensuring the
food safety and quality control etc?
- Understanding the effects of violating the CCPs CLs with citrus
quality reference
- Understanding the corrective actions of each CCP and CLs
After theoretical assessment each trainee will undergo the practical
exercise in
- Specifying the critical control points (CCPs) in citrus
processing line covering all steps and units
- Fixing and following the standards food safety to ensure the
quality during ensuring the quality.
- Determining and fixing the critical limits (CLs) following the
food safety management standards and SPS guidelines etc
- Developing checklists of different CCPs and CLs facilitating in
inspection and system implementations.
- Carrying out the corrective action in violation of any CCPs and
CLs standards parameters

**Duration:** 10 hours **Theory:** 2 hours **Practical:** 8 hours

00.14			Dates
30 Minutes	120 Minutes	Trainee will go through sessional assessment of monitoring filling	
		and labeling of citrus fruit boxes. He will be evacuated through	
		asking different short questions regarding monitoring filling and	
		labeling of boxes e.g. why monitoring is important in making quality	
		of citrus? What are different sizes of boxes required in international	
		markets? What are filling methods and procedures of the citrus fruit	
		boxes? What is the role separation sheet in filling of citrus boxes?	
		What are criteria of box labeling? What are recommended	
		informations should be present on citrus boxes etc.	
		After theoretical assessment trainee will go in practical section and	
		will perform the activity directed by the trainer or assessor. He should	
		how cartoon is filled and how number of fruits be packed in different	
		sizes like in 10Kg box 36- 90 number of fruits are packed trainee	
		should know the sizes of the citrus fruit and their filling number in the	
		boxes. He should know what type of labeling is done on the cartoon	
		e.g. if cartoon is packed for European countries category II will be	
		label and Global GAP certified fruit is packed. For rest of the world	
		normal routine packing with labeling is used.	
			asking different short questions regarding monitoring filling and labeling of boxes e.g. why monitoring is important in making quality of citrus? What are different sizes of boxes required in international markets? What are filling methods and procedures of the citrus fruit boxes? What is the role separation sheet in filling of citrus boxes? What are criteria of box labeling? What are recommended informations should be present on citrus boxes etc.  After theoretical assessment trainee will go in practical section and will perform the activity directed by the trainer or assessor. He should how cartoon is filled and how number of fruits be packed in different sizes like in 10Kg box 36- 90 number of fruits are packed trainee should know the sizes of the citrus fruit and their filling number in the boxes. He should know what type of labeling is done on the cartoon e.g. if cartoon is packed for European countries category II will be label and Global GAP certified fruit is packed. For rest of the world

LU 2:	30 Minutes	120 Minutes	For all trainees a short questionnaire will be designed to assess the	
Weight and quality	JO MINITULES	120 Milliates	·	
check			trainee understanding in weight and quality check of citrus e.g. what	
			is the procedure of weighing of citrus cartoons filled with different	
			grade fruit? What is calibration and what is its importance how it is	
			carried out before starting the weighing of citrus boxes.	
			Trainee should know about the quality parameters of citrus and how	
			quality checking is carried out before storage of the boxes. How net	
			weight is calculated after packing of citrus fruit? What are the	
			benefits of palettization of citrus boxes? What is standard method	
			and weight of a pallet? How pallets are labeled, stocked and marked	
			in processing hall?	
LU 3:	20 Minutes	90 Minutes	Theoretical session for assessment of trainee will be conducted	
Stock keeping			covering different aspects of citrus stock keeping its importance and	
			how it is maintained after processing weighing, sticking. stripping and	
			palettization. In practical session a stock register will be designed	
			and trial entries should be entered for better understanding and	
			expertise learned during training program. Trainee should	
			understand the balance sheet of stock received in feeder and packed	
			in cartoons should be balance adding sorted quantity of citrus.	
			Trainee should know all systems of stock keeping and store facilities	
			for quality maintenance. He should understand the physiochemical	
			and quality deterioration of citrus fruit during late storage and cold	

			treatment. Trainee should know the reading of different thermometers and deta logger device and record	
LU 4: Final fruit loading for markets	20 Minutes	60 Minutes	Trainee will be assessed through short questions like what is role of empty decking room in maintaining fruit quality. How rodent entry is controlled in storage areas especially during loading of the fruit?  What is role of air cutter how it works and how it can be maintained?  For practical assessment trail loading of citrus boxes either palletized or non palletized should be carried out. Usage of fork lifter for pallets shifting and loading should be assessed during this stage.	
LU 5: House keeping	20 Minutes	60 Minutes		

## **Suggestions for Final Assessment**

Final assessment shall be in two parts, theoretical assessment and practical assessment. The final assessment marks shall contribute to the final qualification and certificate allocation. The final theoretical assessment shall consist of a 3 hour paper, consisting of multiple choice and short question answer (MCQs) types.

For final practical assessment trainee class will be distributed into 5 groups comprising of 5 trainees in each group and each group will be allotted to perform different tasks and assignments. During performance involvement of each trainee, his confidence, performance expertise can be visualized for marking and grads. However individual trainee can also be assessed by allotting a separate task in a module and performance can be graded and marked. It depends upon the choice of the trainee how he suits to conduct the assessment considering the situation.

#### **Assessment Team**

The number of assessors must meet the needs of the students and the training provider. For example, where two assessors are conducting the assessment, there must be a maximum of five trainees per assessor in a day. In this example, a group of 25 students shall therefore require assessments to be carried out over a five days period. Few examples that examiner may use for the assessment are given below:

MODULES	PRACTICAL	THEORY			
Module 1	Citrus Receiving and Record Keeping at Factory				
LU-1: Unloading of	Trainee should be able to:	Trainee will be asked for:			
the citrus	Perform post harvest handling of fruit at	Performance of post harvest handling of citrus fruit			
	unloading deck / area of factory premises  2. Ensure safe unloading measures at factory door step	Making arrangements of well designed and clean platform for unloading of fruit and safe parking of fruit loaded vehicles			
	Arrange / monitoring safe parking of loaded vehicles	Safe parking premises e.g. very close to unloading plate forms, close to charging area, near temporary storage and processing line etc			
	<ul><li>4. Install rodent control program and scheme</li><li>5. Perform the temporary storage at factory level</li></ul>	Scheme and control program for rodent control both in unloading and processing premises			

		Changing rooms, hand washing and sanitation facility before start operation of citrus unloading and storing
		Arranging screening and partitioning between receiving and feeding areas.
		7. Importance of storage for smooth processing and quality maintenance. Maintain the sanitation and Performance of food safety guidelines
		Checklists of different procedures inside the temporarily storage and their importance
		Schematic storing of different grades and quality product harvested on export market based
		<ol> <li>Arranging space and labour for handling empty baskets after feeding in the feeder to avoid any mixing or data violation</li> </ol>
<b>LU-2:</b> Perform counting of citrus baskets	Perform the staking and temporary storage of fruit baskets based on grades	Selection of premises for staking and temporary storage of fruit baskets in receiving areas.
	Verify the document collected from farm supervisor or supplier	Data maintenance and storage of baskets carrying different grades e.g. A, B C and D grades
	Implement and observe food safety guidelines at this step.	Size, grade based staking or storage of baskets inside the processing premises
	Using of different handling machinery and equipments like lifter, conveyer etc	4. Checking and confirmation of documents provided from supplier or farm supervisors e.g. quality inspection report at farm level, number of baskets based on grades and sizes, any specific instruction or observation from field staff to update or implement
		5. Stacking, storage and data maintenance of certified and non certified fruit lots e.g. fruit coming from Global GAP, IFS registered orchards and organic certified orchards etc
		6. Labeling of each grade mentioning name of orchard,

		name of owner, total quantity of fruit, quality of the fruit, date of harvesting, time of harvesting, fruit grade, fruit tentative size, number of baskets, carriage vehicle number and total weight in each basket etc.  7. Performing the guidelines of food safety managing systems at receiving of citrus fruit.
		Preparing different checklists of food safety     managements systems implemented in processing     premises
<b>LU-3:</b> Ensure quality and labeling	Develop quality inspection sheet and checklists	Developing the quality inspection checklist including quality parameters:
	Confirm the quality standards / characteristics of citrus fruit e.g.	- Blemish citrus fruit - Fruit rottenness
	- Rind colour	- Fruit puncture
	- TSS	- Rind pitting
	- Blemish level	- Long stem
	- Citrus required grade etc	- Button loss
	3. Perform the labeling and traceability codes etc	- Soft skin
	4. Grade and store the fruit based on quality	- Skin loss
		- Skin bruising
		- Fruit puffiness
		- Mechanical damage
		- Aesthetic value
		- Sensory characteristics
		- Physiochemical characteristics
		- Marketable grade/size

Physical characteristics needed for processing and packing for export markets e.g.
- Button should be present on fruit
<ul> <li>Complete and strong without pulpiness and pressed, dryness</li> </ul>
<ul> <li>Without moisture water of rain or fog</li> </ul>
<ul> <li>Disease insect pest infestation free, juicy and aromatic</li> </ul>
<ul> <li>Without any injury either of thorn, pedicle, nails or any picking knife cut during harvesting etc</li> </ul>
3. Performing the grades categories preferred for different export markets e.g.
<ul> <li>Small size of citrus fruit is preferred for central Asian states</li> </ul>
<ul> <li>Middle size for Iran, Iraq and Far East markets and</li> </ul>
- Big one for Arab States
4. Performance of size, weight, rind colour, disease free and injury packing
<ol> <li>Usage of different quality parameters determination tools e.g. refracto meter, thermometer, magnifying lens and ring sizer etc.</li> </ol>
6. Traceability coding of citrus fruit and SPS compliance implementation
7. Fumigation of picking baskets and other packaging material
8. Installing of insect pest traps and catcher inside the fruit

<b>LU-4:</b> Maintain the records	<ol> <li>Maintenance of data collection sheets</li> <li>Keep and update data/record of citrus fruit</li> <li>Tag different varieties with grades</li> <li>Maintain baskets and harvesting tools records</li> <li>Understand comments and instructions of harvesting supervisor</li> <li>Maintain stock register in fruit reception hall</li> <li>Handle emergency / accident</li> </ol>	receiving areas  9. Calibration of weighing machines used in receiving areas for verification of the baskets weights and total quantity  10. Labeling of different lots coming from field e.g. Global GAP certified or non certified, organic or inorganic, variety based like Kinnow Mandarin, Feutrel's Early, Orange and grape etc  11. Labeling the specified quantity and quality of specified variety collected from different farms for the facilitation of record keeping and developing stock sheet  1. Introduction of data collection methods and formats  2. Preparation of data sheet based on data collection including:  - Produce name  - Baskets size weight  - Rotten percentage  - Rind pitting percentage  - Disease insect attack
	harvesting supervisor	<ul><li>Rotten percentage</li><li>Rind pitting percentage</li></ul>

	T	<u> </u>
		5. Introduction of tags on fruit stock e.g. tagging of certificated and non certified fruit, tagging of different sizes and grade fruit, tagging of organic and inorganic fruit, tagging of different varieties Kinnow, Orange varieties, Feutrell's Early and Grape Fruit etc
		<ol><li>Update the picking baskets records either empty or filled sent in the field for picking.</li></ol>
		<ol><li>Verifying baskets received and loaded during start of harvesting of fruit.</li></ol>
		Recording of fuel consumption transportation vehicles used for carrying of fruit from farm to pack house
		<ol> <li>Introduction use of first aid kit, dealing of emergency and introduction of different work instructions inside the fruit receiving hall for training of labour working in the hall.</li> </ol>
		<ol> <li>Maintain stock register of all equipments tools and accessories used in receiving hall e.g. filled and empty baskets, lifters and pallets etc.</li> </ol>
MODULE 2	Citrus processing	
LU-1: Assurance of quality during processing	Identification and selection certified citrus processing facilities with international standards	Selection of citrus processing units of maximum capacity of 52 fingers fitted with two drying burners, blowers for natural drying after each washer and wax chamber
	Recognize the citrus quality parameters and standards	2. Identification of washer and introduction of CCP (Critical Control Point) on this chamber because of using different
	Identify important processing steps critical for quality assurance	types of fungicide and chlorine for disinfection and cleaning of the fruit
	Identify quality characteristics of inputs	3. Introduction of dryer and burner temperature e.g. 45-65C. It varies with the surrounding temperature during foggy
	Investigate the time frame of each processing step	and cold nights it is raised up to 65C but during normal days after December mostly it ranges 45-50C

	<ol> <li>Examine physicochemical sensory characteristics of citrus</li> <li>Develop the quality parameters checklist of fruit for export.</li> <li>Carry out the standard procedures of processing steps</li> <li>Maintain stock register of inputs in processing hall</li> <li>Use of first aid kit in emergency</li> </ol>	<ol> <li>Introduction of second step sorting after washing chamber to ensure quality of fruit if over locked in early sorting steps either on farm or after feeding</li> <li>Introduction of wax application on citrus fruit mixed with standard doze of fungicide e.g. Benomil, TBZ etc</li> <li>Fixing of CCPs and CLs at this processing step to avoid over or under dosage of fungicide and wax directly affecting the quality of fruit and shelf life especially for long destinations.</li> <li>Maintenance of stock register of all inputs used in processing hall after feeding of the citrus fruit into processing line e.g. packaging cartoons, wax drums, fungicides either liquid or powder, sticking taps, thumb stickers, decoration papers and processing labour items etc</li> <li>Developing of checklists of machinery used in processing hall e.g. lifters, weighing machines, stripping and sticking machines</li> <li>Calibration of different operating tools e.g. weighing machines, temperature recording devices installed on burners, light intensity in working space and nozzles of</li> </ol>
LU-2: Ensure fruit	Enlistment of Critical Control Points	washer and wax      Determination and fixation of critical limits on each critical
quality at critical control point	Identify critical control points(CCP) in whole citrus processing line	control points involved in citrus processing line.  2. Performing the factors deteriorating the fruit quality during
	3. Illustrate control limits (CLs) of each CCP	citrus processing and packing in processing hall.
	Follow quality fruit chart displayed in the processing hall	Learning of different steps involved in citrus processing line contributing different role for maintaining citrus quality required for export markets e.g. feeding,
	Execute the quality parameters for export markets	washing, drying, waxing, sizing, weighing, sticking and stripping etc.

- 7. Monitor the CCPs and CLs during processing of citrus fruit
- 8. Take corrective action of any violation of CCPs
- 4. Sorting of fruit on quality based on aesthetic and physiological characteristics needed for marketing e.g. sound and compact fruit, blemish free, having marketable size and shape etc
- 5. Performing quality maintenance during drying, post drying and after waxing.
- 6. Maintaining the quality maintenance of citrus fruit at critical control point of both burner e.g. first burners after washing used for drying temperature.
- 7. Ensuring fruit quality maintenance in wax chamber e.g. wax slows down respiration and stop gas exchange from rind of the fruit, wax improves shining of the fruit bark, past on minor blemish incidence, improves colour of the rind and clean it etc.
- 8. Determining critical control point and fixing the critical limits.
- Maintaining citrus fruit quality at grading level e.g. fix the fingers or sizer on recommended instructions to grade citrus fruit in prescribed range of sizes required in export markets.
- 10. Recording and maintaining stock register of incoming fruit and packed fruit cartoons
- 11. Preparing the checklists of each critical control point and critical limits.
- 12. Performing of corrective actions if any step in fruit processing perform improper e.g. flow of water nozzles, spray nozzles of wax applicator, conveyor belts speed and direction, burner temperature and grader speed and direction etc.

MODULE 3	Citrus Packing and Storage		
LU-1: Monitoring filling and labeling of boxes	<ol> <li>Classification of different types of citrus packing</li> <li>Use different methods of packing</li> <li>Distinguish different characteristics of packing material</li> <li>Label the product/ boxes</li> <li>EPS packaging</li> <li>plastic baskets and</li> <li>plastic poly bags etc</li> <li>Introduction of different characteristics of packaging material based on performance e.g.</li> <li>water resistance</li> <li>shock absorbent</li> <li>light weight</li> <li>recyclable</li> <li>vitamin c retention</li> <li>printable</li> <li>moldable</li> <li>aeration</li> <li>easy to handle</li> <li>stock able</li> <li>fumigation etc</li> <li>Filling methodology of citrus in different packaging e.g.</li> <li>Citrus is packed either horizontally or collar side button should not puncture the rind of next fruit</li> <li>Packing each layer having equal number of fruits</li> </ol>		

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		<ul> <li>Using separation sheets to avoid weight and packing pressure on rest of fruit</li> </ul>
		<ul> <li>Avoid over filling and weight of fruit</li> </ul>
		- Open the aeration ducts of cartoons
		<ul> <li>Standard filling of recommended number of fruit and size of each fruit</li> </ul>
		Filling of citrus fruit following instructions printed on packaging e.g. category I, citatory II or class I and Class II,
		<ol> <li>Labeling procedures and components of citrus fruits e.g. total number of counts in each box, category of product packed e.g.</li> </ol>
		<ul> <li>Labeling the exact name of the product packed</li> </ul>
		- Labeling category and counts packed
		- Data of harvesting and processing
		- Organic or inorganic
		- Country of origin
		- Necessary instruction of utilization and dietary level
		- Global certification status
		- Food Safety Management Standard certification status
		- Traceability code
		- Net weight when packed etc
<b>LU-2</b> : Weight and Quality Check	<ol> <li>Identification of standard packaging weights.</li> <li>Selection of weighing machine and its calibration</li> </ol>	Selection and adjusting of mechanized weighing machine fitted with digital data screen and having capacity of required weight
	Maintenance of weighing machine	2. Ensuring quantity confirmation by weighing random

	<ul> <li>4. Preparation of machinery maintenance checklist</li> <li>5. Data collection on prescribed data sheet</li> <li>6. Observe quality monitoring sheet for verification of fruit quality</li> </ul>	samples picked from processing line or from store both untreated and treated or stored  3. Developing data sheet of citrus fruit confirm the actual status of weight of packed cartoons required for both auditor of FSMS and some time buyer  4. Developing quality check data sheet enlisting all physicochemical and sensory parameters e.g.  - Freshness and shining  - Puffiness %  - Rottenness %  - Rottenness %  - Blemish %  - Skin injury  - Skin splitting  - Rind colour %  - Bruising %  - pH of juice/pulp  - Brix %  - Taste and aroma etc  5. Preparing check list of citrus fruit inspection will be needed during auditing and buyer complaints  6. Preparing checklist of weighing machine maintenance
LIL 2. Charle Kennika	Preparation of stock register	needed during audits FSMS and quality inspections  1. Learning different method and systems of stockkeeping
LU-3: Stock Keeping	<ol> <li>Maintenance of stock register</li> <li>Preparation of stock reports</li> </ol>	and their importance e.g.  - Online computerized system

		<ul> <li>Paper based systems</li> <li>Custom built stock solution etc</li> <li>Stock keeping of fruit processed and un processed, helps in managing the loading and supply orders for different destinations,</li> <li>Developing balance sheet of stocked fruit which helps in waste manage and control</li> <li>Preparing stock report of different grades store in the stock help to manage the marketing and export of citrus</li> </ul>
		fruit, guiding in maturing orders with buyers, report guides fruit grade status e.g. A, B, C size status and quality picture  5. Calculating the wages of labour and other contractor per unit based on stock keeping
LU-4: Final Fruit Loading for Market	<ol> <li>Preparation and managing of stocked fruit for loading and export</li> <li>Carryout final quality inspection</li> <li>Select ideal transport facility</li> <li>Observe standard loading procedures</li> <li>Assess the loading capacity of each container</li> </ol>	<ol> <li>Finalization fruit stock ready for exportation</li> <li>Cleaning of decking area and arranging inspected fruit pallets near decking area for loading for exportation</li> <li>Maintenance of cool chain from cold room to loading in container</li> <li>Carrying out citrus fruit quality inspection</li> <li>Monitoring of store temperature, fruit pulp temperature, moisture percentage and physical condition of citrus fruit</li> <li>Examining different transportation facilities and their capacities.</li> <li>Different methods of loading into fruit transportation vehicles e.g. palletized and non palletized loading, channel fixing along the column and without channels, stocking of pallets to use maximum space and good cooling effect etc.</li> </ol>

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		Stocking pallets into refer container leaving at least 1 feet along with the container wall for better air circulation and cooling
		Leaving some space between pallets lines facilitating cool air circulation and maintaining the shelf lif of the fruit
LU-5: House Keeping	Housekeeping of citrus storage and loading premises	Citrus processing facility housekeeping e.g. cleaning of loading premises, removal of used items from loading
	Ensure the sanitary and phyto-sanitary practices directed in FSMS and other food legislations	and decking areas, preparing the deck for next loading and transportation, refreshing and restoring the loading labour etc
	Implement Integrated Pest Management     System in the processing and storage	Implementation of sanitary and phytosanitary guidelines in citrus loading and decking areas.
		paring the deck for next loading and transportation, refreshing and restoring the loading labour etc
		Ensuring blocking of rodent entry into the cold treatment areas of processing unit
		<ol><li>Developing checklist of SPS guidelines needed in audit and quality inspection</li></ol>
		Arranging fly catcher or light traps to control flies and other flying insects
		Installation of air cutter to stop the entry of any foreign participle and dust
		Arranging fumigation of loading processing facility for sanitation to avoid any biological rearing and multiplication

# **5. Tools and Equipments**

Sr. #	Items	Quantity
01	Processing line 52 Fingers (Demo Processing Unit)	01
02	Fork Lifter (Demo Processing Unit)	01
03	Computer	01
04	Stapler	05
05	Thermometer for both pulp and open air temperature measuring	20-25
06	Refractometer	02
07	Ring Sizer (complete set)	20-25
08	Spray Machine (12-16 liters)	01
09	Weighing Machine (Demo Processing Unit)	02
10	Molding Machine (Demo Processing Unit)	02
11	Stripping Machine (Demo Processing Unit)	02
12	pH meter	01
13	Stop Watch	05
14	Calculator	05
15	Fruit Cutter Knives	20-25
16	Spray Machine	01
17	Magnifying lens	01
18	Microscope	01
19	White board	01
20	Multimedia	01

# 6. List of Consumable Items

Sr. #	Items	Quantity
01	Drafting pads	25-30
02	Pencils	25-30
03	Wooden pallets	02
04	Stock Register	05
05	Tagging cards	100
06	Uniform	25-30
07	Fungicide	As required
08	Food Wax (mixed with fungicide)	1 Liter
09	Filter paper	50
10	Gloves	50
11	Head Covers	50

## National Vocational and Technical Training Commission (NAVTTC)

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